

Mad Cow Performance in Point Arena Jazz At 215 Main • January 20

Contrary to news stories from the 1990s, the subject of Mad Cow this month should not elicit some human fight or flight response.

Quite the contrary, it's a moment to make plans

to observe Mad Cow in its most dynamic form: The Mendocino Coast's formidable quintet of stellar performers known as the Mad Cow Jazz Quintet.

The Mad Cow Jazz Quintet is fronted by

the smooth and sultry vocals of master crooner, Charlie Vally, and is backed by local saxophonist Harrison Goldberg, along with Dorian May on

keyboard, Dorothea May on upright bass, and Gabe Yanez, drums. When Mad Cow shows up, it is to play!

This month Mad Cow will be performing

at 215 Main in Point Arena Saturday, January 20, with music beginning at 8:00pm. 215 is one of the Mendonoma Coast's perfect venues for the group. It's in nearby Point Arena, and it offers an envi-

ronment that is sought after by people wanting to have a more intimate experience with live music. Cont'd on page 16.



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January Brings Two Blue Moons And One Tour At Point Arena Lighthouse January 31

January 2018 will see the first of two Blue Moons that will occur in the year. Double Blue Moons in a single year only occur 4% of the time, so this is a very rare occurrence. The first full moon of January will be a Full

Wolf moon on Monday, January 1. Because of the date, the Point Arena Lighthouse will not offer its customary Full Moon Night Tour that night. However, they will offer a Full Blue Moon Night Tour on Wednesday, January 31 when the sec-

ond full moon of the month will rise over the Lighthouse. The Lighthouse gates will open at 6:00pm and the tours will begin around 6:30 p.m.

The evening will feature a special presentation about the Light Station, its history and technology, sweet and savory snacks accompanied by champagne or sparkling juice, capped off by a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast under the rising full moon – if the weather cooperates, of course!. An etched Point Arena Lighthouse souvenir

champagne flute is included in the price of admission for each participant, which is \$30 per person or \$50 for two. Reservations must be made at least three days in advance of the tour. While the tour is scheduled to

coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event

the tour is cancelled, guests will receive a full refund. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

"These Night Tours have been extremely popular, selling out well in advance many times in the last several months," says Mark Hancock, Point Arena Lighthouse Executive Director. "We do limit the number of guests to 20 so make your reservations early!" For more information or to make a reservation, call the Lighthouse at (707) 882-2809, ext. 1 at least three days prior to date of the tour.

"Follies" From National Theatre Live Saturday January 13 At Arena Theater in Pt. Arena

National Theatre Live will once again light up the screen at Arena Theater with a brilliant performance of **Follies**, Stephen Sond-

heim's legendary musical. It's set for Saturday, January 13, 1:00pm (doors open at 12:30pm.)

**Please note that the performance of Follies includes strobe lighting.

Sondheim's legendary musical is

staged by The National Theater for the first time and will be broadcast live to cinemas.

Setting the scene, it's New York, 1971. There's a party on the stage of the Weismann Theatre. Tomorrow the iconic building will be demolished. Thirty years after their final



performance, the Follies girls gather to have a few drinks, sing a few songs and lie about themselves.

Tracie Bennett, Janie Dee and Imelda Staunton play the magnificent Follies in this dazzling new production. Featuring a cast of 37 and a 21-piece orchestra, it's directed by Dominic Cooke (The Comedy of Errors). Winner of Academy, Tony, Grammy and Olivier awards, Sondheim's previous work

includes A Little Night Music, Sweeney Todd and Sunday in the Park with George. The reviews have been universally stellar. Tickets are \$18, \$5 youth (18 and under), and are avail-

able online at www.arenatheater.org. Arena Theater is at 214 Main Street, Point Arena. Information is available at the theater's website and at (707) 882-3272.

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Reading Is A Passion For Max

Special To The Peddler by Karen Dotson

Max Linhares DeCristoforo is an 11-yearold boy who could read at a very young age and for whom books have been a comfort throughout his childhood. A passionate reader, he rarely leaves the house without a book. So when his parents, Cindy and Lora, were trying to think of a Christmas present for Max who doesn't long for much, aside from the typical interest in video games and who loves to visit the bookstore in their home town of Sacramento, Cindy thought

about one of Max's favorite bookstores, Four-Eyed Frog Books.

The family has vacationed at The Sea Ranch for many years and the trips always included many visits to The Frog. Their visit last year was for Max's birthday. He'd overcome some challenges during the year and his moms asked him what he wanted to do

for his birthday. Disneyland? Six Flags? His wish was their command. And what Max wanted to do more than anything—more than Disneyland, even!—was to go back to Sea Ranch and go to the Four Eyed Frog bookstore. It was on this visit last year that the family learned that The Frog had become a community owned bookstore.

Rachel Turner, General Manager at the Frog, vividly remembers Max's birthday visit to the bookstore. She shares, "Max immediately made an impression on me; this was a kid with a mission, and his mission was BOOKS! He made a beeline right for our kids section seconds after the store opened, and sat right down to peruse every book we

had on the shelves. He knew exactly what kind of book he was looking for, asked great questions, and immediately struck me as this fun, shiny-bright lightbulb of a person who truly loved to read with all his heart."

It was on Thanksgiving morning that Cindy had the idea of finding a way for Max to become one of the community shareholders at The Frog. Max and his moms have always felt an instant comfort and grounding at The Frog. So, the idea of having a piece of

ownership in the community bookstore would fuel his passion for books, give him a sense of belonging, and make the best Christmas present ever.

Well, some would say there are no coincidences. Several hours later, while at a Thanksgiving gathering at a friend's house in Sacramento, Cindy shared her idea about The Frog with

the hostess, who replied, "We just happen to have two of the Frog's community owners here." She then introduced Max and his moms to Ed Connolly and Karen Dotson who had just arrived from the Sea Ranch. In this serendipitous encounter, Max's moms shared with Ed and Karen how much Max loves The Frog and how important books are to him. Touched by Max's story and his moms' Christmas gift idea, Ed and Karen offered to transfer some of their shares to the young avid book lover.

On December 19th at Four-Eyed Frog Books this magical holiday story comes true as Max become the Frog's newest and youngest community shareholder!





FEATURING EVENING JAZZ

HARRISON GOLDBERG SAXOPHONIST AND
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HARRISON GOLDBERG SAXOPHONIST AND
TIM MUELLER GUITARIST
FRIDAY, JANUARY 19, 7:00PM-9:30PM
CHRIS DOERING GUITARIST
AND STEVE WEBER UPRIGHT BASS
FRIDAY, JANUARY 26, 7:30PM-9:30PM

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THURSDAY, JANUARY 25, 6:30PM

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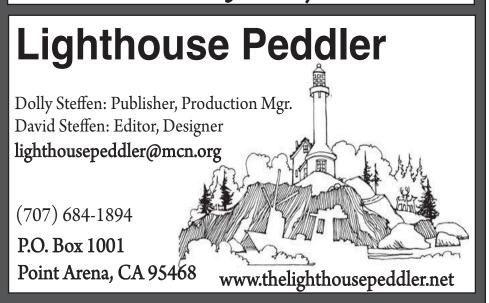
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Our thanks to January contributors Karen Dostson, Rozann Grunig, Mitch McFarland, Blake More, Paula Ray Power, Cathy Riehm, Mary Jane Schramm, David Steffen, Karin Uphoff, Jennifer Bort Yacovissi, and DJ Sister Yasmin.

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Issue #195 January 2018



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CSA • Weddings • Retreats •

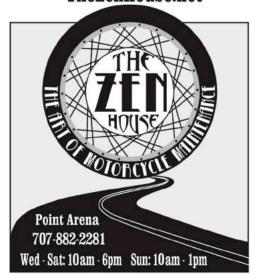


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The Bolshoi Ballet • Romeo & Juliet A New Production On Screen At Arena Theater January 21

Putting images or ideas together in our head can work wonders. Children can drool in anticipation of ice cream with chocolate

sauce. I might do the same thinking about southern fried chicken and gravy. And then there's the classic connection of roses and romance. Talk about anticipation... Now, put together a new production of the Bolshoi Bal-

let and Romeo & Juliet and you've found a quintessential pairing. So come to Arena

Theater on January 21 at 2:00pm for a new live production (time delayed) and be immersed in this classic. (And when you leave the theater you can it off your bucket

In Verona, Romeo and

Juliet fall madly in love while their respective families, the Montagues and the Capulets, are caught in a bitter rivalry ending in heart-wrenching tragedy.

Alexei Ratmansky, former artistic director of the Bolshoi Ballet, stages the company's

> premiere of his production with dramatic urgency and a fresh retelling of Shakespeare's beloved classic. His brilliant and detailed adaptation set to Prokofiev's romantic and cinematic score, reignites the story of literature's

most celebrated star-crossed lovers like no other classical ballet choreographer today.

> The music is by Sergei Prokofiev with choreography by Alexei Ratmansky after Marius Petipa. Cast: The Bolshoi Principals, Soloists and Corps de Ballet. Tickets are \$18, \$5 youth (under 18), and are available online at www.

arenatheater.org or at the door. The running time is 150 minutes.



January Will Be A Busy Month At 215 Main In Point Arena Wednesdays, Fridays, Saturdays Offer Plenty of Entertainment

Point Arena's 215 Main will be busy in January with more than a dozen evenings of entertainment scheduled. And the musical performers are guaranteed to be a variety of local and touring singers and players.

Tango returns to the coast in January for a cozy, welcoming milonga (a term for a place or an event where tango is danced.) The next milonga will be Friday, January 5, beginning at 8:00pm. Ely Gilliam provides the mostly traditional music. A \$5 entry fee is requested.

Saturday January 6 Buck-Thrifty performs their infectiously eccentric Americana starting at 8:00pm. Buck-Thrifty (below) kicks up a cocktail of the uniquely infused flavors of Folky-Punky-Bluesy-Swing. They prom-



ise to supply saucy sounds that set your boots to stompin' and your booty to shakin'. On the 12th, 215 will host Sarah Earheart from 5:00pm to 7:00pm, followed at 8:00pm

Third Thursday poetry takes center stage on the 18th. (See story on page 8.)



book. (Read the cover story for more info.)

Anthum plays on Saturday the 27th.

215 has five Open Mic nights in January, and this month that includes January 3, 10, 17, 24, and 31 (all Wednesdays).

Information is at (707) 882-3215. 215 Main is at 215 Main Street, Highway One in Point Arena, right across the road from Arena

Notables We Lost in 2017

'Live your life, do your work, then take your hat." (Henry David Thoreau). Here are some of those we lost in 2017:

Jan: William Peter Blatty, Writer (89)

Jan: Eugene Cernan, Astronaut (82)

Jan: Roberta Peters, Musician (86)

Jan: John Hurt, Actor (77)

Jan: Mary Tyler Moore, (80)

Jan: Mike Connors, Actor (91)

Jan: Barbara Hale, Actor (94)

Feb: Irwing Corey, Comedian (102)

Feb: Al Jarreau, Musician (76)

Feb: Norma McCorvey, Activist (69)

Feb: Larry Coryell, Musician (73)

Feb: Bill Paxton, Actor, (61)

Mar: Robert Osborne, Writer (84)

Mar: Chuck Berry, Musician (90)

Mar: Jimmy Breslin, Writer (88)

Apr: Chuck Barris, Television (87)

Apr: Don Rickles, Comedian (90)

Apr: Jonathan Demme, Director (73)

May: Dina Merrill, Actor (93)

May: Roger Moore, Actor (89)

May: Zbigniew Brzezinski, Politician (89)

May: Gregg Allman, Musician (69)

May: Frank DeFord, Writer (78)

Jun: Adam West, Actor (88)

Jun: Rosalie Sorrels, Musician (83)

Jun: Bill Dana, Comedian (84)

Jul: George Romero, Director (77)

Jul: Martin Landau, Actor (89)

Jul: John Heard , Actor (71)

Jul: Sam Shepard, Writer (73)

Aug: Ara Pasrghian, Coach (94) Aug: Glen Campbell, Musician (81)

Aug: Joseph Bologna, Actor (82)

Aug: Dick Gregory, Comedian (84)

Aug: Jerry Lewis, Actor (91)

Aug: Jay Thomas, Actor (69)

Sep: Shelley Berman, Comedian (91)

Sep: Walter Becker, Musician (67)

Sep: Kate Millett, Writer (82)

Sep: Troy Gentry, Musician (50)

Sep: Harry Dean Stanton, Actor (91)

Sep: Jake LaMotta, Athlete (95)

Sep: Hugh Hefner, Publisher (91)

Sep: Monty Hall, Television (96)

Oct: Tom Petty, Singer (66)

Oct: Grady Tate, Musician (85)

Oct: Antoine 'Fats' Domino, Musician (89)

Oct: Dennis Banks, Activist (80)

Nov: John Hillerman, Actor (84)

Nov: Liz Smith, Writer (94)

Nov: Mel Tillis, Musician (85)

Nov: Della Reese, Musician (86)

Nov: David Cassidy, Actor (67)

Nov: Wayne Cochran, Musician (78)

Nov: Jon Hendricks, Musician (96)

Nov: Jim Nabors, Actor (87)

Dec: John Anderson, Politician (95)

Dec: Bruce Brown, Director (80)

Dec: Ed Lee, Politician (65)

Dec: Rose Marie, Actor (94)

by an evening of Karaoke. Saturday (13th) Ellipsis performs beginning at 8:00pm.

Saturday the 20th, features the Mad Cow

For those who want to strut their own stuff,

Theater.

Isaac Rios, Javier Silva, Patricia Mikelson, Adrian Whitaker Lighthouse Lecture "Through Native Eyes" Set For January 20

On Saturday, January 20 at 4:00pm Point Arena Lighthouse Keepers, Inc. Lead Tour Guide Isaac Rios will present "Through Na-

tive Eyes," joined by guest speakers Javier Silva, Sherwood Valley tribal EPA Director, and Patricia Mikkelsen and Adrian Whitaker, Far Western Archaeologists. This fascinating, informative and important talk will highlight the on-

going efforts of many Native American tribes to protect their culture, history and sacred lands in the

face of global warming and climate change.

Rios is a member of the local Manchester Band of Pomo Indians and has been involved with a climate change research

project over the past year. He has collaborated with tribal representatives from three neighboring tribes and two archaeologists on the project. Rios is passionate about his people being recognized as Stewards

> of the Land, here on the Northern California coast and inland, and will share the work he has been doing with other concerned tribal members and organizations. He will give an indigenous perspective of climate change and the ef-

fects on the Mendocino coast, and have a

western perspective with two archaeologists of the Far Western anthropological research

The presentation takes place in the Fog Signal Building Museum. The Pt. Arena Lighthouse is at 45500 Lighthouse

Road, Point Arena (95468). More information is at (877) 725-4448



"THROUGH NATIVE EYES"

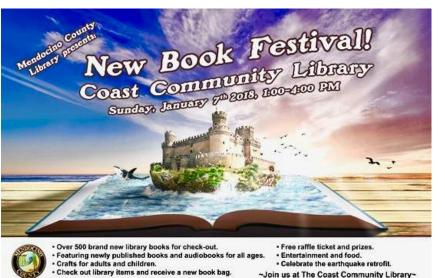
Coast Community Library in Point Arena Reopening Celebration Set For January 7

In late 2016 we learned that the Coast Community Library in Point Arena reached its fundraising goal to cover the costs of an earthquake retrofit. That was the good news. The bad news followed some 5 months later when we learned the library would have to be closed during the retrofit. Happily all of that work has now been completed and the library is once again open. This month we can make it official with, well, a party.

Celebrate the earthquake retrofit with books, music and food! On Sunday, January 7, from 1:00pm to 4:00pm, Coast Community Library will host a New Book Festival. Have you been waiting in line forever for that hot, new book? The wait is over! Over 500 new and popular books will be available. Bring your library card or get one that day to check out the latest adult fiction and non-fiction books, along with popular young adult and children's books, DVDs, music CDs and audiobooks.

Along with the latest titles at the New Book Festival, there will be music by Leslie and Eric Dahlhoff, a children's craft, delicious snacks, and a chance to join a free raffle for fabulous gift baskets. A free book bag will be available for every library patron who checks out material with their card.

Mark it on your calendar and come by the library on January 7th for a super Sunday at Coast Community Library. In other library news: The library will have a table of books and mobile checkout available at the Martin Luther King Day celebration, Monday, January 15, at the Gualala Community Center.



Coast Library Adult Classes Beginning January and February

As described (see article on page 6) many of these are college-level DVD courses from The Great Courses Series and are viewed on the Library's 70 inch video screen. All begin in January or February, and all classes

- "Beethoven's Piano Sonatas": This course explores all 32 sonatas via hundreds of excerpts and instructor (PhD) Professor Robert Greenberg's engaging analyses and historical anecdotes. Facilitated by music lover, Bob Schwein. Classes meet Thursdays from 10:00am to 11:00am, January 11 through June 21.
- "Foundations of Western Civilization Two": This course surveys 600 years from the Renaissance to the present. Professor Robert Bucholz, D. Phil shows how we got to where we are in the 21st century. Facilitator, lifelong learner and local community member, Carol Eastwood. Classes meet Thursdays from 11:00am to 12:30pm, January 11 through May 24.
- "Lost Worlds of South America": This course brings to light the remains of majestic civilizations, many completely unknown until recent decades. Taught by Professor Edwin Barnhart, PhD and facilitated by Nik Epanchin and Virgil Knoche, both of whom have traveled and/ or lived in Peru and Bolivia. Classes meet Thursdays from 1:00pm to 2:30pm, January 11 through March 29.
- "The Inexplicable Universe: Unsolved Mysteries": This course is taught by wellknown astrophysicist Neil deGrasse Tyson, PhD of the Hayden Planetarium. Explore everything from quantum mechanics to cosmology to string theory in this award winning course. Gary Klein, with a background in basic sciences facilitates this course. Classes meet from 2:45pm to 4:15pm, January 11 through 25.
- · "Quilting Essentials: From Design to Color and Beyond": This course will be taught by Heather Thomas, quilting expert with facilitator Judy Riddle. Classes meet Thursdays from 2:45pm to 4:15pm, February 1 through May 10.
- "The American West: History, Myth and Legacy": This course will be taught by Professor Patrick N. Allitt, PhD., Emory University. Facilitator will be Tobias Green. Classes meet Wednesdays 10:00am to 11:30am, January 31 through April 18.
- "The Aging Brain": This course will be taught by Professor Thad Polk PhD., University of Michigan, and will be facilitated by Pearl Watts. Classes meet Wednesdays 12:30pm to 2:00pm, January 31 through March 7.



Sat 1/6

Exhibits

Dolphin Gallery Opening Reception

Celebrating the Figure

Gualala Arts Figure Drawing Group Dolphin Winter Hours: Wed-Mon 10 am-4 pm

Gualala Arts Opening Reception 5-7 pm

One Universe of Light, Four Worlds of Color

Landscape Abstractions Mike Connor, Elaine Jacob Foyer

Sun 1/21 Oliver Herbert, cello 4 pm William Langlie-Miletich, bass

Chamber Music Series Concert Chamber Music Series Contoc. \$25 in advance, plus \$5 day of, Youth 7-17 free

Fri 2/2 Mystery Dinner Theater 7 pm

Sat 2/3

and Matinee "Abalone Diving",

a Steven Oakwood Mystery \$50 in advance, make reservations by January 26. Plus \$10 after 1/26 Matinee \$20 in advance, plus \$5 day of

2 pm



Gualala Arts Center will be undergoing renovations thru January 14

Purchase advance tickets at BrownPaperTickets.com, 1.800.838.3006 or at Gualala Arts Center or Dolphin Gallery VISIT GUALALAARTS.ORG FOR DETAILS

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Solution to Crossword:





TOSCA: The MET Opera Live In HD • January 27 Arena Theater Presents The New Production Pucinni's Classic Opera

Rivaling the splendor of Franco Zeffirelli's set and costumes of the Napoleonic era, Sir David McVicar's ravishing new pro-

The Met

Opera HD LIVE

2017-2018 SEASON

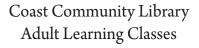
TOSCA

January 27

duction of Tosca offers a splendid backdrop for Giacomo Puccini's dramatic tragedy, directed by Sir David McVicar. Sonya Yoncheva and Vittorio Grigolo star as the heroine Tosca and her lover Cavaradossi, with Zeljko Lucic as the villainous Scarpia. At Arena Theater,

ni's Tosca, replacing James Levine. Maestro Villaume, who recently conducted Massenet's Thaïs at the Met, is Music Director

> of the Dallas Opera and Music Director and Chief Conductor of the Prague Philharmonia. He made his Met debut in 2004 conducting Puccini's Madama Butterfly, and his subsequent performances with the company have included Saint-Saëns's Samson et Dalila, Bizet's Car-



Any of us who've gone to school later in life—picking up a GED, or an associate or bachelor's degree, or who've done graduate work can testify: Learning is an ongoing experience, and it shouldn't stop with or without any of the aforementioned accomplishments. That's why the offerings from the Coast Community Library, beginning this month, are worth your consideration. And you get to do the learning in our newly reopened building in Point Arena.

On page 5 you'll find a quick rundown of the classes, all of which are part of the "Adult Education @ The Library" program. Most





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Chamber Music Concert Oliver Herbert, cello, with William Langlie-Miletich, bass Gualala Arts, January 21

For the January Chamber Music Series Concert, Gualala Arts welcomes two young performers from the Curtis Institute of Music in Philadelphia, Sunday, January 21, 4:00pm. Tickets to the concert are \$25 in advance, plus \$5 the day of the concert. Youth 7 to 17 are free with an adult. Tickets can be purchased online at BrownPaper-Tickets.com or by calling 1-800-838-3006 or in person at Gualala Arts Center and the Dolphin Gallery.

Eighteen-year-old cellist Oliver Herbert is originally from San Francisco, where he played with the San Francisco Youth Symphony while participating and placing in numerous prize competitions across the coun-



try. His most recent competition awards include the first prize and Pablo Casals prize in the 2015. He currently plays on a 1769 Guadagnini cello that belonged to famous Italian cellist Antonio Janigro, on generous loan from the Janigro family. With a great interest in cello repertoire, Herbert strives to create innovative programs and to reach diverse audiences.

A dynamic performer of multiple genres, bassist William Langlie-Miletich, 19, got his start in music at the age of eight playing the riffs of Jimi Hendrix and Led Zeppelin on the guitar. Since picking up the double bass at the age of 11, Langlie-Miletich has had an extensive performance career in classical, jazz, and many popular genres of music. He has soloed with the Seattle Symphony and has been a fellow at the Aspen Music Festival and School. He attended Boston University's Tanglewood Institute, was principal double bass of the Seattle Youth Symphony, and was associate principal of the inaugural National Youth Orchestra of the United States of America.

As a jazz bassist, Langlie-Miletich was recognized in 2014 at Jazz at Lincoln Center's Essentially Ellington contest as an outstanding bassist. He has performed in the Montreux, Lyon, and Umbria jazz festivals. Admitted to the Curtis Institute of Music in Philadelphia at age 16, Langlie-Miletich is the Milton Levy Fellow, and is in his second year of instruction with Harold Robinson and Edgar Meyer.

"Celebrating the Figure": New Exhibit At The Dolphin Gallery Gualala Arts Life Drawing Group, Opening Reception January 6

Dolphin Gallery's first show of 2018 opens Saturday, January 6 with a reception from 5:00pm to 7:00pm. "Celebrating the Figure" features the Gualala Arts Life Drawing Group. The collection of pieces organized by curator CC Case represents the

talents of many familiar names and favorite local artists. The reception free to the public and appetizers and wine will be served as visitors meet the artists.

In this exhibit, which runs through Sunday, January 28, Case says view-

ers will see how artists choose to depict the human body in a variety of techniques and using a variety of tools. Some draw with graphite or charcoal, some paint with pastels, acrylics, watercolors, or oils and some are inspired to create sculp-

"The unclothed figure presents complexities and challenges that can be applied to any art form—conveyance of texture, proportion, movement, and emotion, the interplay of light and shadow. The artist must quickly make decisions about composition, size, and what can be drawn in a limited time frame. It requires concentration and hand-eye coordination," Case said.

Participating artists include Dorise Ford, Lisa Scola-Prosek, Jack O'Rourke, Bruce Jones, Tim McKusick, Joan Rhine, Lamar VanGunten, Jane Raymond, Elizabeth Lane, Anne Vernon, DeDe Plaisted, Larain Matheson, Becky Thompson, Leslie Moody-Cresswell, Eric

Wilder, and CC Case. Examples of their work can be found on-line by Googling "Gualala Arts Figure Drawing."

For over thirty-five years, five to twelve artists have gathered weekly at the art center on Wednesday afternoons to work with

> a single model. No formal instruction is provided. After a series of two-minute warm up poses the model provides two five-minute poses and some longer ones lasting up to an hour. Artists attending share the \$80 modeling and venue fees.

> Typically, group members have always had a talent for artistic expression, but career paths and "life" have prevented them from devoting time consistently to their interest until retirement. Case, for example, dropped by one Wednesday after moving to the area in 2011 and has been an active participant ever since. The blend of scen-

ery, small town environment, and an active art community make the area irresistible for her, she said.

> All artists, regardless of ability or level, are invited to participate in this open studio exercise. It is a discipline that especially helps beginning artists to improve. Models rotate and new ones are always needed. All ages and body shapes

are welcome. The only requirement is that the models be over the age of 18. Those interested in learning more can email Case at





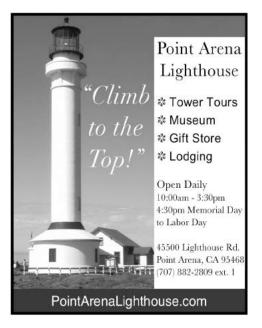




Jan. 29 19th Animation Show

214 Main Street Point Arena

of Shows



South Coast Community Throws A New Years Eve Party A Benefit For Community Radio Station KGUA

NEW YEAR PARTY

I'm not certain how many people actually walk out their front door these days and ven- home of our friend Marghi (the evening's ture into the darkness—rural, suburban, metropolitan—on New Years Eve. For quite a few years we've made a point of not going out on December 31st. Even when we lived on the east coast, we never found a compelling reason to stand in Times Square and freeze just to say we were there. Nor was there a sound rationale for paying a top-gouge price for a hotel room, or an equally top-gouge price for a special New Years Eve dinner. That pattern has not changed in the eleven years we've lived on the south coast. Until this week.

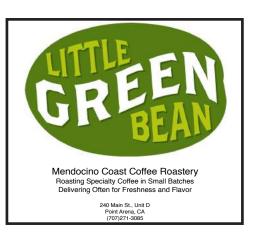
Last night we ventured out of our home, drove carefully down Old State Highway and

Highway One to a home in Sea Ranch. This was not a bit of last minute craziness, but rather a wellplanned evening with friends and strangers. Let me explain.

About a month ago we received an email telling us that a special evening was planned and we were invited. Yes, it was a New Years Eve party with all the trimmings. Great

food, live music, roaring fire, a selection of libations. You can already see how desperate we presumed the hosts were to invite us. The invitation read "Ring in 2018 with food, drink, music, merriment and cheer, friends old and new and a very special royal visit." What made the evening even viable for many of us was the schedule: Start at 6:00pm and end at 9:00pm. Get it? Exactly. With the time difference, at the end of our party we could watch the freezing people pressed into Times Square and be happy we're on the Mendonoma Coast.

Then I got to the fine print. Each guest was to be charged \$100 per person for the fun. At first blush it seemed a little pricey for my blood. After all, how much could I really eat and drink? \$20 worth? \$30? Stuff myself to \$40? Turns out, that wasn't the fine print. The fine print was simple. This New Years Eve party was a benefit for local radio station KGUA. As Saul experienced (Acts 9:18) the scales fell from my eyes and I grasped the wisdom of this event. So we dug deep and ponied up the \$100 per person. And we're so glad we did.



First, turning on to Spur Close and the host), we saw dozens and dozens of cars lining the road. It was obvious. The community decided that having this local radio station was a good idea, and a worthy cause. And stepping inside Marghi's home I had the distinct impression no one really gave a . . . well, you know, they didn't really care about celebrating in Times Square, or watching the ball drop, or counting down the seconds. The community was there for KGUA and really, for each other.

I admit it. I'm biased. As most people know I work for a public radio station and we know that it's sometimes uncomfortable talking

> about money, but there is one simple reality with local public radio: If it is allowed to go away, it won't be coming back. Period.

> So we sampled delicious food prepared and served by dozens of talented people, enjoyed wonderful music from Chris Doering and Tim Mueller, heard Mark Gross's delightful introduction of KGUA's

GM Peggy Berryhill, listened to an impromptu speech by a lovely woman claiming she was the Queen of England ... hell, maybe she was. And we talked with friends. And we became reacquainted with friends we haven't seen in awhile. And we made new friends. And the bottom line was the bottom line.

Hooray for public radio, and hooray for Peggy Berryhill and Susan Ruschmeyer, hooray to Marghi and hooray to all the volunteers who worked so hard to make the partygoers feel right at home. And hooray to this community. Let's not wait a year to celebrate our friendships, or our local public radio station. Let's all find ways to continue the friendships. We are a better community for each and every one who calls the Mendonoma Coast home.

> David & Dolly Steffen The Lighthouse Peddler

P.S. You can donate to KGUA anytime. Go on their website or better yet, stop by the offices in Cypress Village and introduce yourself. After all, it's your radio station too.



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Marin Poet Erin Rodoni January 18 Third Thursday Poetry at 215 Main

On Thursday, January 18, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Marin poet Erin Rodoni. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Erin Rodoni is the author of Body, in

Good Light (Sixteen Rivers Press, 2017) and A Landscape for Loss (NFSPS Press, 2017), which was selected by Tony Barnstone as the winner of the 2016 Stevens Award sponsored by the National Federation of State Poetry Societies. Her poems have been published in Best New Poets 2014,

Colorado Review, Cimarron Review, The Adroit Journal, and Verse Daily, among others. She has also been honored with awards from AWP, Ninth Letter, and The Montreal International Poetry Prize.

Her most recent book has received much praise, including these words from Poetry International: Body, in Good Light embraces the body as a traveler. We move along with the speaker aboard trains "over ruptured cobblestones" to the edge of the world yet remain firmly rooted by the pervasive tethers of the body. The voice Rodoni creates empowers these passionately charged poems. Whether whispering wis-

doms, "Sometimes the weight/ of a toothbrush seems too much when I remember/1 must lift it twice a day until I no longer can' or "demanding blood/ in exchange for miracles" Rodoni's poignant voice lifts readers toward the unreachable space between reverie and reality. The successful blending of form and voice make Body, in Good Light

> a powerful personal debut collection—a tender tribute holding its subjects "full of the future, like a letter/ carried through war". (read the full review here: https://tinyurl.com/ erin-rodoni)

Erin was born and raised in Point Reyes, CA, and holds a BA from UC Berkeley and an MFA from San Diego

State. She loves travel, but not airplanes, though she still managed to jump out of one in New Zealand and willingly board a tiny one to cartwheel above the Nazca Lines in Peru. She currently lives in San Rafael, California, with her husband and two young daughters.

Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.

Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be careful lest you let other people spend it for you.

Carl Sandburg (1878 - 1967)



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Words on Wellness by Karin Uphoff

January is a month that embodies the true starkness of winter on the coast. While it may be sunny, much native foliage, has tucked its juiciness under the soil. This natural inclination towards vegetative slumber

when the sun draws a low arc across the sky, is an adaptation to rest and repair. It may look like nothing much is going on for the red alder whose skeleton decorates our river valleys, but this tree uses winter dormancy to keep its house

in order. For grasses and leafy trees, there is not enough light to make chlorophyll so nutrients like nitrogen, magnesium and phosphate are carried back from the leaves into the branches where they're deposited in bark. Proteins are broken down and remade and cell membranes are repaired. Excess sugar is salvaged and shuttled to roots for storage in anticipation of the energy needed to burst into life, come spring.

For thousands of years humans living well above the equator have also saved energy and stored surplus to get through the lean, less productive months. Now modern humans can acquire whatever is needed and stay warm and well-fed through the winter, but physiologically our bodies are still in tune with the natural cycle of light. While your schedule might be full, it is of great benefit to take more time for rest and repair

and nourish your roots at this time. During dark cycles our organs organize their own house keeping by detoxing and rebuilding damaged tissues. This is especially true of the kidneys, adrenal glands and liver where

> vitamins and hormones are synthesized. Since there little vitamin D3 synthesis in winter, bones need to be maintained with mineral-rich root vegetables, mushrooms, broths and essential fatty acids - the same elements that build hormones.

Plant hormones in early-budding trees like cherries are genetically programmed to go through chilling temperatures before buds burst to life, a guaranteed rejuvenation period. These plants keep a temperature memory by measuring time and temperature, working out how cold it's been and for how long. They keep track of the interactions between certain proteins, waiting for a sign that it's time to activate a key gene to break dormancy. For humans, we must tune into our own energy levels, general health and feelings readiness to begin new projects and larger endeavors. For now, just savor

Karin Uphoff is a Master Herbalist and Iridologist, Massage Therapist, energy healer, Reiki practitioner and Yoga Instructor, and co-founder of Mind Body Medicine for Health, Education & Wellness in Mendocino, California. Karin's website is http://rainbowconnection.net.

Surfer, Scooter, Diver. Surf Scoter

One of my first embarrassing moments as a birder was on a field trip, shouting to my professor, "Puffins", which turned out to be Surf Scoters. Both are black ocean birds

with orange bills, but there is a big difference in size of bird and bill. These black dots can be seen in large numbers off the coast in winter. They are easily identified by the male's striking white spot on the back of the neck and the forehead, and a white eye. The bill is large

and bright orange, black and white. While other ducks go into eclipse coloration for winter, male Surf Scoters keep their bright colors year round.

The females are brown with white spots on the back of the neck and on the cheeks and the same white eyes as adult males. Juveniles have brown eyes. Surf Scoters are aptly named since they feed in the surf zone, diving or scooting through the waves. They dive six to thirty feet using the inner part of their wings and their feet for swim-

> ming. They stay down nineteen to thirty-two seconds. Sometimes, an entire flock has been seen diving under water all at once. Their main food is mollusks, such as mussels, clams and periwinkles.

Watching these and other scoters head north in spring is a breath-taking

experience. I have watched flock after flock racing northward, low over the water, hour after hour by the thousands, leaving me in awe of the abundance in nature.

First published MCAS The Whistling Swan November 2012. Surf Scoter. Photo by Ron LeValley • www.LeValleyphoto.com

Our thanks to the Mendocino Coast Audubon Society for contributing this article. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast. More information is at www.mendocinocoastaudubon.org.

Animal Care & Welfare By Cathy Riehm

(3)

When living has become a struggle for your pet, how do you decide it's time to euthanize?

I recently made a trip home to visit family for Christmas and was asked, by my Mother,

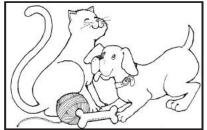
if I thought her little kitty was ready to be put down. After being diagnosed about 6 months ago with lymphoma, Millicent was now despondent, unable to get up or even eat and occasionally would start paddling while letting out a small howl. It was

time. I made the appointment with our Vet (the very first Vet clinic I ever worked at over 25, yes 25, years ago), and when we arrived, there was a candle lit next to a sign that explained 'someone is saying good-bye to their beloved pet', and asked for quiet and respect.

This meant everything to me- as a veterinary technician, I've had to ask cackling and laughing co-workers to simmer down because a pet was being euthanized on the other side of the door. During these times, compassion is what you need to receive.

And compassion is what you should have for your pet. We've all heard the term 'quality of life'- try to truly put yourself in your pet's position.... Is this a life you would want to be living?

On top of that, are you able to be an effective nurse to your pet? When my horse was dying of skin cancer, I had to give him IV pain injections every day. Are you able



to lift or carry your handicapped pet outside several times a day? Are you able to give your kidney-diseased cat sub-cutaneous fluids twice a week?

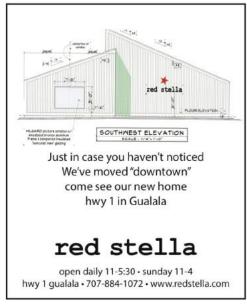
Basically, are you able to provide the medi-

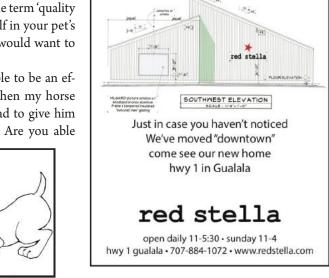
cations and lifestyle necessary to maintain a decent 'quality of life'?

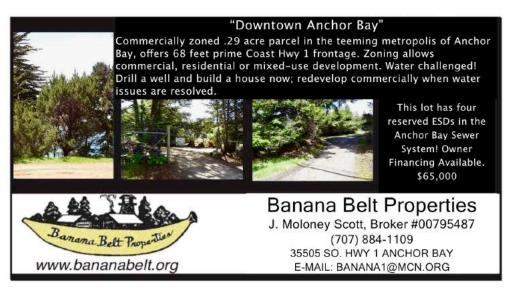
Animals, as well as people, will give us the signs that living has just become too difficult. During the last few months of my horse's life, he would wake me up kicking

the water trough as he dunked his head in it to cool the heat and pain from his growing tumors, despite being on IV pain medication twice a day. When he finally gave me a look with the light gone from his eyes and blood dripping from one nostril, I knew he was ready to be relieved of his pain.

Are we doing what's best for our animals or are we keeping them around because we cannot say good-bye?





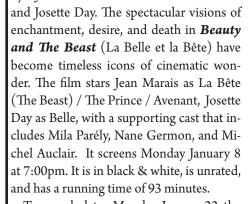


One Beast, One Tramp, And 16 Animated Shorts Arena Theater Film Club in January

The Arena Theater Film Club presents three evening of entertainement, and there's something here for almost anyone.

First up is the 1946 film **Beauty and The Beast**. The 18th century story has been updated and adapted on screens large and small for more than a century. There are silent films, animated films, television series, and full-blown big-screen adaptations. Jean

Cocteau's sublime adaptation of Mme. Leprince de Beaumont's fairy-tale masterpiece—in which the pure love of a beautiful girl melts the heart of a feral but gentle beast—is a landmark of motion picture fantasy, unforgetwith tably romantic performances by Jean Marais



Two weeks later, Monday, January 22, the Club presents a classic performer, director, and film. *City Lights*, the most cherished film by Charlie Chaplin, is also his ultimate Little Tramp chronicle. The writer-directorstar achieved new levels of grace, in both physical comedy and dramatic poignancy,

with this silent tale of a lovable vagrant falling for a young blind woman who sells flowers on the street (a magical Virginia Cher-

rill) and mistakes him for a millionaire. Though this Depression-era smash was made after the advent of sound, Chaplin remained steadfast in his love for the

expressive beauty of the pre-talkie form. The result was the epitome of his art and the crowning achieve-

ment of silent comedy. 1931's *City Lights* screens Monday, January 22 at 7:00pm. It's in B&W, is unrated and runs 86 minutes.

The film club's final offering is the **19th Annual Animation Show of Shows**, Curated by Ron Diamond, and followed by Skype Q&A.

This 19th Annual Animation collection offers a wealth of humor, insight, and profundity, and includes

16 exceptional and inspiring animated shorts from around the world. "At a time of increasing social instability and global anxiety about a range of issues, the works in this year's show have a special resonance, presenting compelling ideas about our place in society and how we fit into the world," said Ron Diamond.

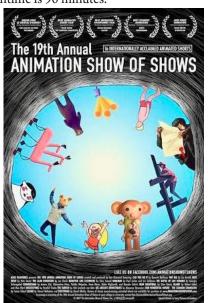
Featuring internationally acclaimed animated short films from Belgium, Canada, France, Germany, Great Britain, Sweden, Switzerland and the U.S., the films include Niki Lindroth von Bahr's Annecy Grand Prix-winning "The Burden," a melancholy, funny and moving film that explores the tribulations, hopes and dreams of a group of night-shift employees, uniquely capturing the zeitgeist of our time.

Other program highlights include Los Angeles-based Irish director David O'Reilly's visually stunning "Everything," based on

given by the renowned British-American philosopher Alan Watts, and the 1964 classic "Hangman," by Paul Julian and Les Goldman which was recently restored

a 1973 talk

by the Animation Show of Shows as part of its film preservation program. As a special treat, the Show of Shows will also be presenting "Next Door," a 1990 student film made at Cal Arts by the two-time Oscarwinning Pixar director Pete Docter. The **19th Annual Animation Show of Shows** screens Monday, January 29, 7:00pm. The runtime is 90 minutes.



Arena Theater is at 214 Main Street, Pt. Arena. (707) 882-3272.

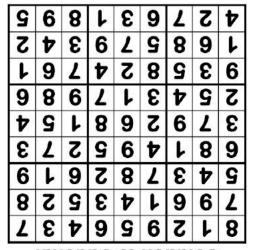
Garcia River Casino Presents Johnny Young Band, January 12

The Garcia River Casino continues to find talent from near and far to liven up the stage, and this month is no exception. Boasting Country roots, with a Rockin' soul, The Johnny Young Band delivers a high octane mix of Country, Rock, and Pop favorites guaranteed to set any dance floor ablaze. Based in Northern California, the band is made up

of seasoned touring musicians, led by award winning Vocalist/Guitarist Johnny Young. The band brings their music to Garcia River Casino Friday, January 12, beginning at 8:30pm.



Johnny and the guys have dedicated their lives to music, and as individuals have played a multitude of venues from NBC Today Show, to Warped Tour, to The Grand Ole Opry respectively. The Johnny Young Band is Johnny Young – Vocals & Guitars, Nick Ford – Bass Guitar, Rik Pietriewicz – Guitars & Backing Vocals, Sid Walker – Fiddle, and Michael Masters – Drums.



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A New Show At Coast Highway Art Collective in Point Arena Guaranteed To Light Up The Night • Opening Reception January 27 By Rozann Grunig

The Coast Highway Artists Collective opens a new show on Saturday, January 27, from 5:00pm to 7:00pm featuring guest artists Kristen Hoard and Jessi Brooks. The show, "For The Love of Metal," features

Hoard's metal sculptures and wall art incorporating LED lights in a collection of metal, color and resin and Steampunk mixed media pieces. Brooks will exhibit whimsical metal art created from recycled materials including ceramic and copper. Meet the artists while enjoying wine, beverages and finger food.

Kristen Hoard's journey with metal sculpture began in 1999 when a friend suggested



that she take metal sculpclasses. ture Having always loved metal sculpture, she enrolled in her first class at The Crucible in Oakland. Kristen quickly discovered that using a forty-foot extension cord

to work on the patio of her Bay Area condo was not the most ideal metal sculpture studio setup, so she moved to Midtown Sacramento where she found a house with a two and a half car garage for her studio space.

Over the last 12 years, Kristen has been building her talent and skill with metal sculpture. She regularly participates in fine

art festivals throughout Northern California, including the Palo Alto Fine Art Festival and the Crocker Art



Museum Holiday show and her work is often featured in galleries.

Inspired by her trips to Burning Man, Kristen started exploring sculptures that incorporate fire, flames or LED lighting. She has also completed several large corporate sculpture pieces and public artwork that can be seen around the Bay Area and Sacramento. Kristen recently finished a large lotus flower fire pit for Siegfried and Roy's home in Las Vegas. This past year she has been frequenting Antique shops looking for Victorian and steampunk treasures to add to her collection of steampunk hearts.

Jessi Brooks has always been a creator. She began drawing at a young age, finding colorful and simplistic-imagery that delighted and inspired her. Growing up outside of Philadelphia, she surrounded



herself with artists and musicians that stimulated her growth as an artist but felt a calling to the West Coast. Pursuing massage therapy and practicing yoga and meditation for guidance, she embarked on her personal quest to fulfill a lifelong dream.

Upon arriving in Central California, she learned metal sculpture from a friend, ultimately being the catalyst to reengaging her creativity and bringing some of her early drawings to life in three-dimensional form. The metal medium challenged her softer, spiritual approach and she brings a more whimsical and lighter aspect to metal art, emulating her free nature.

Brooks says "Making works of art allows me the opportunity to enter into another world where I feel free, I feel positive, I feel love, and from there, I am able to express how I embrace life. I have done my job as an artist if the pieces I create bring happiness, joy and warmth to the eye of the beholder." Brooks has been working collaboratively and independently, displaying at local exhibitions in Sacramento and the San Francisco Bay area.

The show runs from January 27 until February 25. The Coast Highway Artists Collective is located at 284 Main Street, Point Arena, next to the Redwood Credit Union. Regular hours are Friday to Sunday from 11:00am to 5:00pm. Local artists interested in joining the collective should contact Ling-Yen Jones at contact@coast-highway-artists.com or visit the website at www. coast-highway-artists.com.

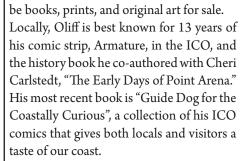
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One Universe of Light, Four Worlds of Color Artist Steve Oliff & Friends Gualala Arts Exhibit Opening reception February 2

The first weekend in February, Gualala Arts welcomes coastally grown Point Arena artist Steve Oliff to its Burnett Gallery. The opening reception is Friday, February

2, 5:00pm to 7:00pm and is free to the public. The exhibit runs through Wednesday, February 28.

This is the first formal presentation of Oliff's concepts, and is a prototype for a traveling educational exhibit. Oliff describes the exhibit as part art and part science, utilizing a series of short presentations designed to help people think about color in new ways, and learn how to "See with Better Eyes." There will



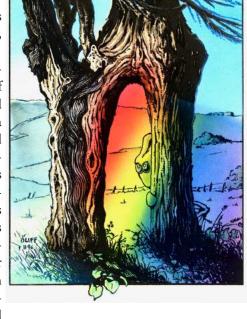
Oliff's company, Olyoptics, based in

Point Arena, is an award-winning color separation firm that he says revolutionized the comic book industry. In 1988, Oliff pioneered the evolution of flat comic book col-

or into the digital era by using computers for color separation. He is known internationally as the "Godfather" of modern comic coloring from his work on graphic novels like Akira, Sandman, Spawn, Batman, X-Men, and hundreds more.

Along with his work

in the comic industry, Oliff has taught art and color at all age levels, and has developed a new approach to understanding color. Color sits squarely at the crossroads of art and science, he says, and technology has changed painting, printing, and digital art so thoroughly that our old ways of understanding color are outdated, Oliff says.



GARCIA RIVER CASINO

Friday, Jan 12th, 8.30pm



JOHNNY YOUNG

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TheGarciaRiverCasino.com

Hail And Farewell or Hail Hail Rock 'n' Roll (Your Choice) by David Steffen

I've been writing for the Lighthouse Peddler for years now, yet each month I wonder what idea, event, or emotion will surface as the stimulus for an essay. Without fail my mind's journey almost always touches on the arts in general, or some specific musician or filmmaker or event. Most months I'm as surprised as anyone by the topic that becomes central to my column. And then, like a gift from the mysterious muse, the keys of my MacBook begin to make noise and a few hours later I read what I've written.

In January we may be pleased that the old year is over (this year's old year in particular) and we're ready to focus on the year ahead. However, whatever we thought of the year just ended, we invariably find ourselves looking in the rear view mirror. Satchel Paige became almost as famous for one of his quotes as for his baseball career. He cautioned, "Don't look back: Something may be gaining on you."

Ignoring Paige's advice, we're once again publishing a list of 60 notable people who died in 2017 and are worth remembering.

Our list could easily have been 200, and paring the names was no easy task. (The '60' are on page 4 of this issue.) What follows are thoughts on some of those who made our short list.

Writer Frank Deford is gone. I loved Deford. He hit my radar when he created the short-lived *National Sports Daily*. After the *Daily* folded a year and a half later, Deford continued as a commentator for NPR, and became a prolif-

ic writer, including 18 books. About 15 years ago, a dear friend in Connecticut (where we all then lived) arranged for a meeting where she graciously introduced me to her friend Frank; I was like a teenager meeting his favorite rock star backstage. Composure regained, we talked a bit about his writing style, his books, and the state of sports in America. It's a wonderful memory. Others

from the literary world we lost in 2017 include William Peter Blatty, who introduced us to the fictional MacNeil family in *The Exorcist*. Daughter Regan became possessed by Satan and Blatty later, along with director William Friedkin, scared the living daylights out of us with the film.

And then there was Jimmy Breslin, the poster-child for writers in New York's newspaper world. In his obit, the New York Times said "With prose that was savagely funny, deceptively simple and poorly imitated, Mr. Breslin created his own distinct rhythm in the hurly-burly music of newspapers."

Actor John Hurt left us, and I thought about his career and the wide range of characters he portrayed. He was as supremely impactful in his central role as John Merrick, the Elephant Man; and he was also credible in the film *Contact*, in his semi-cameo role as the billionaire S. R. Hadden, the character who articulated the obvious (and painfully true) first rule in government spending: "Why build one when you can have two at twice the price?". Mary Tyler Moore got her TV

the *Dick Van Dyke Show*. However, she became everyone's best friend, or the friend everyone wished they had, as Mary Richards, her character on the *Mary Tyler Moore Show*. Set in the Twin Cities, the show was sufficiently impactful that today there's a statue of

Moore in downtown Minneapolis. And we lost Sam Shepard, whose rugged good looks and believability on screen made him credible whether he was in front of the camera, behind the camera, or delivering a newly-authored play. Shepard's brief on-screen appearance early in the film *The Pelican Brief* is a testimonial to his ability to imbue his character into the moment, and then stay

with us through the balance of the film.

Comedians we lost in 2017 include Bill Dana, whose alter-ego was the highly politically incorrect 'astronaut' Jose Jimenez. Pointing to his space helmet, Milton Berle once asked Dana (in character as Jimenez) "What is this called, a crash helmet?" Jimenez replied in his special accent, "Oh, I hope not".

We also lost the World's Foremost Authority, Professor Irwin Corey. To understand his authority, one really should look for a YouTube video clip. Shelley Berman died this year. He was often referred to as a bit of a tortured soul. He probably was but he was brilliant. We'll not see his equal anytime soon. Don Rickles was the delightfully savage comedian whose mission was to regularly insult almost anyone and everyone. And yet unlike some who casually brandish insults to-

day, almost no one was offended by Rickles.

John Anderson was my congressman when we lived outside Chicago. Although a member of the GOP, Anderson was refreshing, interesting, and intelligent. He ran for president in 1980 first as a republican, and

then as an independent. It was the latter candidacy that led me to support him. When we had a chance conversation at a campaign event in Los Angeles that year, it reaffirmed my belief that Anderson was a good choice. He received 6.6% of the popular vote, including mine. And let's say goodbye to San Francisco Mayor Ed Lee who became an accidental mayor by virtue of the seat left open by the departing Gavin Newsome. No one really disliked Lee. And surprisingly (to me, anyway), in the City of San Francisco, he was the first Asian-American to hold that office.

Musicians who've left us include the great

singer Al Jarreau, jazz guitarist Larry Coryell, southern icon Gregg Allman, jazz drummer Grady Tate, diva Roberta Peters, Jon Hendricks of the famed Lambert, Hendricks, and Ross, Steely Dan's Walter Becker, and Americana legend Rosalie Sorrels. Tate, for the record, was one of those unusual drummers who put his instrument aside, to become a vocalist. His baritone was a genuine gift to the genre. He even delivered on the theme song from M*A*S*H, "Suicide Is Painless". In addition Glen Campbell died after a long career that found him starting as a studio side-musician (guitarist for hire), before rising to stardom (including television) with the songs of John Hartford ("Gentle On My Mind") and Jimmy Webb ("By The Time I Get To Phoenix"). And the icon of Rock 'n' Roll, Chuck Berry finally proved he was mor-

tal in 2017, although his music will continue for decades and generations to come. My older brother bought a copy of "School Day" in 1957 and I'm sure it's somewhere in my collection to this day. I saw Berry twice. First in 1972, when he was in Chicago for a con-

cert date built on the success of a quirky #1 hit titled "My Ding-A-Ling". The second time was a Connecticut casino show in the late 1990s. He was already showing his age but he could still take a moment to play his guitar while doing his patented 'duckwalk. Don't know what that is? You'Tube it.

I trust I'm not alone in suggesting that we'll miss these people. We may not hold them all in the same regard, but I'll guarantee that someone on this list was a favorite of yours, too. To all of them I can only quote from Chuck Berry: "Hail, Hail, Rock 'n' Roll".



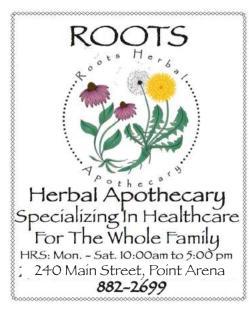


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vanessa@ignaciohealth.com







The Winning Essy • by Jose Plascencia, Fort Bragg (age 17) See Story on Page 17

It all started with a bottle of alcohol. I was headed to the store with a friend after drinking a whole bottle of Bombay together; we stopped to talk to two older men. My friend asked one of the guys for a cigarette and he got a rude answer. At that point I jumped in because I knew they were going to start fighting. The guy's drugged out friend said he had a knife, and I heard him unstrap it from his leg. He took two steps and drove the long buck knife through my left arm. It went in one side and came out the other. I was too drunk to feel anything.

It all happened so fast. I was trying to protect myself by putting my hands up to my face. My blood came spilling out like a waterfall. I didn't know how bad it was or how to help myself. I was mesmerized because I could feel the warm blood running down my fingers as I pushed the piece of meat that was dangling down from my arm back into place. I needed help right away, so I ran home with my arm sliced open. I was panicked; my body was trembling and my head was somewhere else, but the blood just kept pouring out.

When I got home I found my mom, her boyfriend and my sisters. Everyone was screaming and yelling because there was blood everywhere. My whole body felt tingly because blood thins out and flows faster when you drink.

On the way to the hospital I was fading in and out of consciousness. At the hospital, the nurse took one look at my arm and knew that I needed to be flown to a hospital in Sacramento. They weren't trained to handle this severe of a wound. I was really scared because they said I needed microscopic surgery. They started cleaning and pulling at the flesh that was dangling from my arm. That's when it hurt the most.

After that, they gave me some drugs for the pain and laid me flat on a gurney. They cut off all my clothes and started inspecting every part of my body for more wounds. I felt really embarrassed, frozen and powerless. I was in surgery for ten hours. The cut ran from my palm all the way up to my elbow. It took three weeks for it to fully close.

If I had been sober it would have ended differently. Being intoxicated can lead to death or life in prison for hurting someone and not even realizing it, like what happened to John Mendoza. I never wanted my mom to see me in so much pain. She was so worried; she was crying about what happened. It is mentally exhausting to know that what happened was my fault for drinking a bottle. I love my mom with my whole heart. She is the strongest woman I know. I put her through so much worry and pain in the past few years, because I have been incarcerated several times for fighting. The most painful part for me is watching my mom suffer. No one ever warned me about much, so I learned the hard way, through what happened to me with my friends.

Taking things for granted is not an option for me because I know how much my mom really loves me. When the phone rings it makes her jump, because she doesn't know if something has happened to me. For that reason, I try my best to stay out of trouble. She doesn't deserve all the pain I've given her.

Another important lesson I learned is that the people who you drink and do drugs with won't reach out with their hearts and treat you right when you really need it. The friend I was with when I got stabbed told me, "Everything will be all right. Don't call the cops," when blood was spilling from my arm. Everything was not all right! Looking forward in life makes me think about the whole situation. I want to evolve to be a better, stronger person and hang out with people who do care and will be there to help when I need them. Hopefully, my story can help other young people step back and analyze what they are doing to themselves and to others when they drink alcohol.

Publishing Consultation For Writers, Aspiring Writers and Readers The Monthly Event At Four-Eyed Frog Books • January 4

Curious about how to turn your manuscript (or the vision of it) into a finished book? Four Eyed Frog Books and graphic designer & marketer, Connie King, have

joined together to offer monthly free publishing consultations and the basics of self-publishing your book. Open to all, it's at the Frog on Thursday, January 4 from 3:00pm to 5:00pm. Drop in to discuss your specific work with Connie, and questions are welcomed!

Writing may be the hard part, but getting published may prove even harder. You have that manuscript in hand (or the vision of it!) ... now what? Join Connie King in this conversational talk on The Art of Self-Publishing, and how to turn those great ideas and literary prose into a finished book. Topics include keys to understanding print-on-demand publishing, file prep for production, the importance of good editing and design, how to acquire ISBNs/copyrights/LCCNs, choosing a printer, e-books or print, distribution, seller commissions, and marketing — the basic 101 of self-publishing.

Connie King has loved books and art since joining the fans of Pooh Bear, Babar, and Dr. Seuss as a child. Her career began with a children's book publisher and

> transitioned to graphic design for exhibitions and marketing at the Fine Arts Museums of San Francisco, consulting with other Bay Area museums, and design, writing, and publishing for North Bay businesses and writers. Her book design and publishing services for local authors include Rim of the World

by Robert Scarola, Mapping the Sea Ranch by Phil Graf, Wild Solitude by Lorraine

Lipani, and The Happy Book by the 2nd and 3rd grade class at Horicon Elementary school. Come to Four-Eyed Frog Books, a Community Owned Bookstore, 39138

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WANTED: New Workshop Ideas & Leaders At Gualala Arts

Do you have a new idea for a workshop, group, or class that you would like to see in the community? Are you looking for a venue to hold a weekly fun night out like a "Paint and Sip" or Mandela coloring, or poetry and writing workshop—or anything else that might get moms, youngsters, or dads out of the house and into the arts?

Gualala Arts Center is looking for dynamic new workshop ideas and leaders. Call Kendra Stillman at 707-884-1138 if you would like to schedule a workshop or volunteer with the planning group that brainstorms ideas and helps make these

events happen.

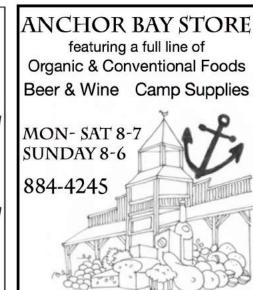
The process for submitting a workshop proposal has been streamlined and is easy. Instructors establish their own workshop fees which are split with the Arts Center—instructors receive 75 percent and Gualala Arts receives 25 percent, which goes toward the expense of maintaining the classroom space. Minimum and maximum numbers of students are decided by the instructors, as are the hours, days, etc., as the Arts Center calendar allows. Visit GualalaArts.org for more information or to download forms or call 707-884-1138.



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The Local Top-15 Books Early Winter 2018

"A room without books is like a body without a soul." Cicero (106bc-43bc)

- 1. Tidelog 2018: Northern California Tidelog
- 2. All That The Rain Promises and More: A Hip Pocket Guide To Western Mushrooms

by David Arora

- **3. Shaping the Sonoma-Mendocino Coast** by Thomas Cochrane
- **4. Qh awala.li: "Water running down place"** by Annette White-Parks
- 5. All Our Waves Are Water: Stumbling Toward Enlightenment And The Perfect Ride

by Jaimal Togis

6. Manhattan Beach

by Jennifer Egan

7. Origin

by Dan Brown

8. News Of The World

by Paulette Jiles

9. Devotions: The Selected Poems Of Mary Oliver

by Mary Oliver

10. Leonardo Da Vinci

by Walter Isaacson

11. H Is For Hawk

by Helen MacDonald

12. The Hidden Life Of Trees

by Peter Wohlleben

13. Hall of Femmes: Barbara Stauffacher Solomon; I Broke All the Rules

by Barbara Stauffacher Solomon

14. All the Light We Cannot See

by Anthony Doerr

15. Mendonoma Sightings Throughout/Year by Jeanne Jackson & Craig Tooley

The Lighthouse Peddler is pleased to bring our readers a list of the most popular books being picked up and read by locals and visitors alike.

Our thanks to Four-Eyed Frog Books.





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Unbelievable: My Front-Row Seat to the Craziest Campaign in American History

A book by Katy Tur, Reviewed by Jennifer Bort Yacovissi

In life, timing is everything, for good or ill. ("If I hadn't decided to turn right at the corner just then, I never would have [met my soulmate] [been hit by that dump truck].") Tur was a young NBC foreign correspondent living the life in London and spending romantic weekends in Paris, when a quick trip back to the States just happened to coincide with NBC's decision to put someone on Donald Trump's improbable ("ridiculous," "hilarious") presidential campaign.

Learning she was about to be tapped to follow him full-time, she called a veteran of earlier campaigns for advice. He told her to accept. "If you hate it, at least it will be short." Sure, it was funny at the time.

Trump's bizarre love-hate relationship with Tur reared its head at the first campaign event she covered, just two weeks after his entry into the race. In the rain in a donor's back yard in Bedford, New Hampshire, she was startled to hear him call her out, mid-

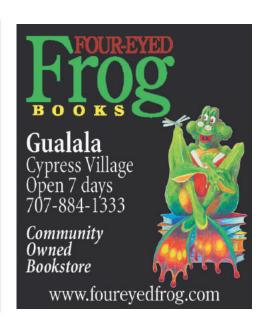
speech, with a telling complaint, "I mean, Katy hasn't even looked up once at me."

Tur covered Trump longer than any other reporter, despite never having done political reportage before; without wanting to, she became part of the story she was covering. By not backing down in the face of personal attacks from her assigned candidate, or from the re-

sulting death threats from his followers, she earned the respect of her colleagues, her own hashtag (#ImwithTur), and equal footing with her hero, Andrea Mitchell, as one of the indomitable "road warriors" of the campaign.

Plus, unlike most of the seasoned political reporters she found herself among, Tur, living as she was on a steady diet of packed and screaming Trump rallies across the U.S., never discounted the candidate's chances of winning.

Tur takes an inspired approach to telling a



story that we just finished living through — at least from our view in front of the stage. She slingshots back and forth between accounts from the long campaign ("May 23, 2015: 535 Days Until Election Day") to the minute-by-minute ticking clock of Election Day itself. The stomach-clenching suspense is unexpected.

Along the way, she fills in the backstory of

"Tur takes an inspired approach to telling a story that we just finished living through—at least from our view in front of the stage."

her from-birth training as a newshound and pulls the curtain back on the less-than-glamorous life of a press-corps journalist.

For those who still experience the election of 2016 as a raw, open wound, Tur's intimate recounting may need to be read through

Unbelievable

splayed fingers. The rest of us just want video of the drunk Trump press corps' early-morning election-day plane ride, with CNN's Jeremy Diamond attempting to sled in the aisle during take-off, and Jim Acosta and Tur taking selfies with a passed-out Mark Halperin.

The author's storytelling is earthy and accessible, and — as in the chapter, "Pop the Trunk. I'm Going

to Run for It," about dragging a couch-sized suitcase a mile through the snow to LaGuardia to beg her way onto an already-closed flight to Iowa — helps us to laugh through some of the otherwise truly chilling episodes she recounts of Trump's whipping up his crowds against the "lying, disgusting" media, which often included his pointing out "back there...little Katy."

In one telling episode, at a rally just days before Christmas in 2015, Tur spends a lovely, impromptu half-hour in the ladies room with a hair dresser and Trump supporter who offers to help her get her hair TV-ready. During the rally, Trump ruminates on the idea that Vladimir Putin kills reporters, and considers whether he might do the same. "I hate them,

but I would never kill them."

As usual, Trump's press corps is corralled together behind barricades, as Tur observes, "caged in the center of the arena like a modern-day Roman Colosseum." She notes the poinsettias, the wreaths, the holiday sweaters, "and the crowd is cheering about the idea of killing journalists...[T]o the lady who curled my hair in the bathroom, who is now somewhere in the crowd that is laughing at the idea of Trump killing me: Thanks, my hair looks great."

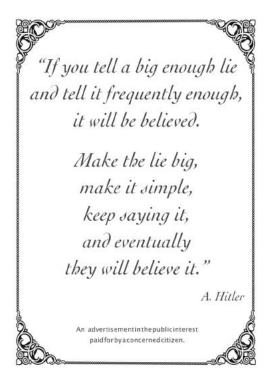
Tur proved her mettle during a long and painful campaign, surviving that and much more — not the least of which was Trump's grabbing her by the shoulders and kissing her, apparently because he liked her relatively softball coverage of him moments before on "Morning Joe.

Unbelievable.

Jennifer Bort Yacovissi's debut novel, Up the Hill to Home, tells the story of four generations of a family in Washington, DC, between the Civil War and the Great Depression. • Jennifer's website is:

http://www.jbyacovissi.com

This review originally appeared in the **Washington Independent Review of Books**.





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Scuttlebutt

'What [the rules] ignore is that

people can't afford to own a

home, so who cares how much

safer new homes might be

when people have to live in an

RV at Walmart?"

by Mitch McFarland

There is a phrase that I have been thinking about a lot lately. It goes like this: Just because something is a good idea doesn't mean you should always do it. Think about that for a moment. We are taught that good ideas lead to good outcomes. While generally this is true, it is not an imperative.

One area where this is abundantly clear to me is with our modern scheme of building requirements. Most people realize that our current regimen of rules and regulations encountered by anyone seeking a building permit makes the creation of reasonable priced housing impossible. Even politicians at all levels concede that this is true, yet the only solution that occurs to them is to subsidize housing or force developers to lose money on some units in order to be able to profit off some others.

Part of the difficulty in finding a solution is that no one feels responsible for the problem that everyone knows exists. Every rule and regulation is promulgated with the best of intentions by well-meaning people. This is done in different rooms by different agencies at different times for different reasons, but the sum total is a maze of relevant and irrelevant requirements that can only be navigated with large amounts of cash. This is what I call the end of affordability.

Those who have followed the rebuilding of the Wildflower Motel have witnessed the patience and perseverance of the owners as they have been dealt numerous blows in their effort to bring a moderately priced motel to Point Arena. This project surely will cost far more to complete than the owners must have contemplated at the beginning, so I don't see how they will be able to provide moderately priced units.

A building contractor in Santa Rosa has written about how rebuilding from the fire in Santa Rosa will likely cost around \$400/sq. ft. given today's building codes. That means a

very modest 1200 sq. ft. home will cost nearly half a million dollars. The 6" foundations need to be torn out and replaced with 8" foundations despite the lack of any evidence that foundations were failing. The list goes on and on. All these new rules were implemented to increase the safety of home dwellers. What it ignores is that people can't afford to own a home, so who cares how much safer new homes might be when people have to live in an RV at Walmart?

There is an example of the frustration that faces potential home owners right here on the coast. A young couple have purchased a lot in Point Arena on which they hope to build a home. They are of moderate means and

have a simple, basic home designed. Prior to purchasing their lot they approached the City of Point Arena and inquired about the process of building a home. They were met with all smiles

and encouragement from city government and were told that their project was exactly what should be on their lot. What they were not told is that they were entering a nightmare of bureaucratic resistance.

The length of this column doesn't come close to providing the space needed to fully detail the hassles they have encountered. Let's just look at one agency (of nearly a dozen) that they have dealt with: the requirement to have an archeological review.

I read the 23 page report and my hands were sweating by the time I finished.

After 5 pages of cut-and-paste background we begin the report at 11,000 B.C. Yes, it is important to know what was going on here 13 centuries ago in order to decide if someone can build a house today. There are whole separate sections on the Lower, Middle, and

Upper Archaic Periods that bring us up to the Emergent Period that extends to 1870. Records show that Elijah Beebe laid claim to the subject parcel in the 1870's. Seven different maps and drawings through the years show that the house existed and in 1978 Edria Van Horn died there. By 1986 the house was torn down.

By the time we reach page 19 we learn that "No evidence of prehistoric use was discovered in the surveyed area." Phew. Done deal. Let's have that permit now!

Whoa tiger, state law says that anything over 50 years old is of archeological significance. That means my Bazooka Joe bubble gum wrapper from 1963 is an archeological

artifact! Excuse me a moment while I check eBay for it's value.

After "an intensive and complete pedestrian field survey" using 5 meter spacing and shovel probes up to 20 cm deep placed at 3 m intervals re-

vealed the following: a portion of a well casing, some chunks concrete, some wrought nails, and some broken glass. The exciting discovery was of the garbage dump from the former owners. A garbage dump is called "a historic refuse concentration" in archeospeak.

These "significant deposits... may qualify as historical resources" so hold your hat permit seekers you are about to spend a bunch more money.

Despite the fact that "CEQA requires the Lead Agency to impose mitigation measures to reduce adverse impacts to a level that is

Difficulty: Easy

less than significant", what follows are 3 pages of mitigation measures all of which require the services of a professional archeologist (surprise, surprise!).

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The American Heritage Dictionary defines archeology as "the scientific study of historic or prehistoric peoples and their cultures". If that includes Edria Van Horn, there are probably some of her relatives still around that could fill in the missing gaps for future archeologists.

Please recall "No evidence of prehistoric use was discovered in the surveyed area." The Kashia Pomos were consulted and after a mere drive-by, then laid no claim to its historical significance, given, as the report states, "the location is far from a reliable source of water, lacked protection from prevailing winds ..., and has few resources to attract use."

Government intrusion into peoples" personal lives has created a hostility toward government that fueled the Trump ascension to power. He leveraged that resentment when he claimed that he would cut regulations. Of course, voters were concerned about the ability for them to conduct their own lives, but the rules Trump was really talking about eliminating are the ones that protect the environment and rein in the Wall Street power brokers.

Ask any politician what can be done about the current situation and they will tell you their hands are tied . That is not an acceptable answer. It seems they would rather have a housing crisis than buck the system. The Point Arena city council and Board of Supes could start by asking the state to review the law stating that 50 year old bubble gum wrappers are "historically significant".

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THE JANUARY SUDOKU by Margie E. Burke

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

2nd Annual Dr. Martin Luther King, Jr. Birthday Celebration Set For Gualala Community Center January 15

by DJ Sister Yasmin

The opposite of poverty is justice. The Rev. Dr. Martin Luther King, Jr. dedicated his life to creative activism, while preaching against the evils of Poverty, Racism, and Militarism. He raised the collective consciousness of our nation and the world with his non-violent campaigns for Voting Rights, racial and

social justice, and the rights of all people to live in peace with dignity, respect, and human rights. His goals 🌃 included racial and economic equality, Universal Healthcare, affordable housing, decent

jobs, free education, many of the issues that we work toward today. He was about to lead the Poor Peoples March for Jobs and Justice when he was assassinated on April 4, 1968, almost 50 years ago. He was a visionary leader with a message of love, whose mission continues to inspire and give us hope for a better and more just nation and world.

On Monday, January 15 at the Gualala Community Center we will celebrate Dr. King, the Black Freedom Struggles and the Civil Rights Movements of the past and those of today, which include Workers' Rights, Immigrant Rights, Native American Rights, and the right of all people to a peaceful coexistence with our neighbors in our

communities and the world, including protection of our environment and planet for the survival for future generations. We invite everyone to join us for this day of honoring and respecting Dr. King, each other and our fragile planet. All ages are welcome at this community event; we will celebrate

> the richness and diversity of our area and our communities. Join us from 11:00am to 2:00pm at The Gualala Community Center and enjoy Music by Sita Milchev with Don Krieger, Chris

Skyhawk, Michael Thomas and Fide Mata playing Music of the Andes, Poetry by Sal Martinez, Janet DeBar, and Kit Bliss-Jones, Art by local students, a Group Sing-Along of Freedom Songs, delicious food and a Birthday Cake for Dr. Martin Luther King, Dance and much more. Special Guest Speakers will be Peggy Berryhill of KGUA Radio, Chris McManus and Trish Ross of MOMS, and Chris Skyhawk, Candidate for 5th District Supervisor. Community groups will provide information tables, and an artful Kids Table will be available for children. Please bring a non-perishable food item for our local food banks. More information is at 707-884-4703.

"Diving for Abalone, A Steven Oakwood Mystery" February 2 and 3. Popular Mystery Theater Returns to Guaslala Arts

It's another mystery on the coast for retired Los Angeles detective Steven Oakwood to solve with the help of his Arts Center audience in the Arts Center The-

ater mystery dinner production **Diving** for Abalone, A Steven Oakwood Mystery. The mystery will be presented Friday, February 2 at 7:00pm, and during a matinee on Saturday, February

3 at 2:00pm at Coleman Hall & Elaine Jacob Foyer. Tickets are \$50 in advance, plus \$10 after Friday, January 26. Reservations required by January 26. Matinee \$20 in advance, plus \$5 day of event.

In its third year at Gualala Arts Center, this popular evening of interactive live

GUALALA ARTS

HEATER

theater sees the return of some of our favorite Steven Oakwood characters as well

as lots of new people, says writer and creator, local playwright Dennis Carter, of The Sea Ranch. Sea Ranch thespian Karen Serratoni is back to direct.

Carter has created a plot line that jux-

taposes the Gualala Arts' Art in the Redwoods festival with the coast abalone season and includes a ghost who may or may not have committed the presented crime

> - or crimes. As the story and evening (and meal) progresses with four scenes and four courses, it is up to the audience to try to unravel the string of events that leads to an ominous end.

The play happens in four acts. The dinner is in four courses. In between scenes, dinner courses are served and while enjoying a wonderful meal prepared by Gualala Arts' Culinary Guild, each table of diners discusses motives and perpetrators and tries to solve the mystery and win the prize!

Carter says the fun for him lies in the audience's reactions and real-time feedback about the story. "I really get a kick out of that!"

Some of Carter's characters in this year's mystery dinner are drawn from an award winning play he wrote in 2006. That play was featured in a six-week run at the Santa Cruz Actors Theater Eight Tens @ Eight festival that year.



MLK Info On Local Radio In January

10:00am KTDE 100.5fm

9:00am on KGUA, 88.3fm 8th:

8th: 1:00pm on KGUA, 88.3fm

10th: 6:00pm, on KTDE, 100.5fm

15th: 1:00pm, on KZYX, 90.7fm

MAD COW from cover page.

For those who haven't been there yet, 215 Main holds 60 or so people, with the audience wrapped three-quarters of the way around the performers. Seating include two-tops, four-tops, and a few high top tables along the perimeter of the room. Plus, you can always choose to sit at the bar. No matter where you sit, you're never more than 20 or 30 feet from the performers. Whether you are sitting stage-side or at the bar, the music needs no Marshall amps to reach your ears. At 215 Main the music will find you, easily.

The Mad Cow Jazz Quintet repertoire emphasizes timeless classic jazz standards from the likes of Frank Sinatra, Nat King Cole, Duke Ellington, Harry Connick Jr., and iconic Brazilian composer, Antonio Carlos Jobim. Go ahead. Leave the coast. But only while you're inside 215. When the music stops, the coast highway will be ready to guide you home. Come early for some good food, or a glass of wine or beer or coffee, and make it an evening.





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BUSINESS HOURS

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Essay Contest Winners Announced Point Arena Writer Is Runner-Up

Seventeen-year-old Fort Bragg resident, Jose Plascencia was selected top winner of an essay contest based on the graphic novel, INSIDE/OUTSIDE . . . Your Choice, A **Letter from Prison**, Sponsored by Heroes for Youth and the Delinquency Prevention Commission of Mendocino County, in all, eight winners were selected from dozens of

INSIDE/OUTSIDE . . . Your Choice, A Letter from Prison, was written by former Ukiah resident John Mendoza as a joint project of the County Delinquency Prevention Commission and Heroes for Youth/CASA (Court Appointed Special Advocates) of Mendocino and Lake Coun-

Mendoza, now serving his twelfth year of a 15-year to life sentence in state prison, wanted to give something to community youth by sharing his story with them about the consequences of making poor choices in life, as he had. The book, published in English and Spanish editions, was illustrated by local artist, Tobin Keller and distributed for free locally and throughout the state, courtesy of funding by the District Attorney's office, the Commission, and community members of Heroes for Youth. Heroes has been producing youth-serving projects for the past seven years.

Both editions of the book, as well as the essay contest winning submissions and blogs by Mendoza are available on line at www.inside-outside.me. Free copies may be obtained at the CASA office, 340 N. Main. St., in Ukiah.

Plascencia, the contest winner, was thrilled to hear that he won and when asked what he was going to do with his cash prize, now in the Savings Bank, said, "I'm going to save the money and add to it. I'd like to buy a car one day." Here is a list of the winners:

1st Place: Jose Plascencia 2nd Place: Fabian D. Rodriguez 3rd Place: Katelyn Sierra 4th Place: Hope Keaton

Honorable mention: Bangyang Qiu, Evelyn Sanchez, Chuah Seong Hong, and

Naomi Brown.

"These essays stood out due to their unique style, fresh point of view, well-organized presentation, and most importantly, 'realness", said Schuyler Marcier, coordinator of the contest. The Commission and Heroes for Youth thank All-in-One Towing for the cash prize, the Mendocino Book Co. for the gift certificates and contest display, and the Arbor Youth Resource Center for administering the contest.

Construction & Renovation Will Limit Events At Gualala Arts in January

Events will be light at Gualala Arts Center through about the second week of January due to construction and renovation project, but the doors remain open and any scheduled classes, workshops and meetings will go on as scheduled.

While there will be no exhibits at the Arts Center in January, the Dolphin Gallery in downtown Gualala presents a wonderful exhibit "Celebrating the Figure" with works by the Gualala Arts Life Drawing Group, opening with

a reception on Saturday, Jan. 6, 5 to 7 p.m. Participating artists include Dorise Ford, Lisa Scola-Prosek, Jack O'Rourke, Bruce Jones, Tim McKusick, Joan Rhine, Lamar VanGunten, Jane Raymond, Elizabeth Lane, Anne Vernon, DeDe Plaisted, Larain Matheson, Becky Thompson, Leslie Moody-Cresswell, Eric Wilder, and CC Case. Examples of their work can be found on-line by Googling "Gualala Arts Figure Drawing."

"We thank you for your patience during

this process and look forward to your visit to the Arts Center in the New Year where you will enjoy completely redesigned and updated restrooms, beautiful new wood flooring in the Burnett Gallery, slate flooring in the conference room and new carpeting on



bor into our beautiful facility so that we can remain a beautiful beacon to the arts on the

Although 2017 has passed, it is never too late to make a donation to Gualala Arts or to sponsor one of the Gualala Arts' many festivals and events. Call Susalla at 707-884-1138 if you would like more information on how to play a bigger part in the role of Gualala Arts as a community investment.

Planning Sessions for MLK Celebration Call For Volunteers And Donations Meet January 3 and 10

This month will mark Dr. King's 89th birthday. The 2nd Annual Dr. Martin Luther King, Jr. Birthday Celebration will be held on King's birthday, the U.S. legal holiday, Monday, January 15 at the Gualala Community Center.

A group of local (and dedicated) peace activists are in the process of planning and organizing this all-inclusive community event, and perhaps most importantly all members of our community are invited to



participate and attend. All should feel welcome including students, teachers, artists, poets, dancers, singers; all people of all ages and cultures who wish to join in celebrating love, justice and peace inspired by the life of Dr. Martin Luther King. Dr. King's mission, life and work resonates greatly today as we face the challenges of our fractured world.

All are invited to the final planning meetings Wednesday, January 3 at 5:30pm and Wednesday, January 10, at 5:00pm at the Sundstrom Mall, next to Gualala Super Market. Information is available at (707) 884-4703. A separate article is on page 16 of this issue of the Lighthouse Peddler.

FREE JUNKER HAUL AWAY



Want to get rid of an old car, truck, boat, RV or motorcycle taking up space on your property? Donate it to KGUA! Making a donation is as easy as clicking on the vehicle donation button at www.kgua.org or by calling and speaking to a live representative. If you have any questions, you may call one of our friendly service reps toll-free at 844-KGUA-CAR or 844-548-2227 seven days a week. We accept all kinds of vehicles and will even tow them away for free! Plus, your donation is 100% tax deductible. It's a win-win for everyone



We must learn to live together as brothers or perish together as fools.

Martin Luther King Jr. (1929 - 1968)

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3:30pm - 7:30pm

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The January Crossword by Margie E. Burke														
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ACROSS

- 1. Cause of a red face
- 6. Forever and a day
- 10. Unwanted email
- 14. Bette Davis flick, "Of _____ Bondage"
- 15. New York's state flower
- 16. Test answer
- 17. Getting old
- 18. Ponder
- 19. Eastern discipline
- 20. T-shirt size
- 22. Loading device
- 24. Groan inducer
- 25. Unpleasantly moist
- 27. Wide awake
- 29. Uppercut target
- 32. Chimney duct
- 33. Stadium level
- 34. Bone-dry
- 36. Car's current provider
- 40. Pleasant- sounding
- 42. Long letter

- Copyright 2018 by The Puzzle Syndicate
- 43. Firearms science
- 45. Make well
- 46. Learning method
- 47. Raise a stink?
- 49. Underhanded
- 50. Sensory stimuli
- 52. Work boot feature
- 54. Journey part
- 55. Fishy story
- 57. Henry Miller's "___ of Cancer"
- 61. Kind of tea
- 63. Engine sound
- 65. In the know
- 66. Differ
- 67. Like some restaurant orders
- 68. Lukewarm
- 69. "What ___ is new?"
- 70. Spit out
- 71. Clear, as a disk

DOWN

1. Bedding item

- 2. Enormous
- 3. In the thick of
- 4. Frenzied
- 5. Totally swamp
- 6. Ready for battle
- 7. Gastronome
- 8. English assignment
- 9. Come across as
- 10. Pig's digs
- 11. "Monopoly" possessions
- 12. Foreshadow
- 13. Destined
- 21. Listlessness
- 23. They may be royal
- 26. Swindle
- 28. Chow line?
- 29. Frame part
- 30. Specialty
- 31. Cowboy humorist
- 33. Cut into three parts
- 35. Sorrow
- 37. Person with a mike
- 38. Cameo shape
- 39. Be dependent
- 41. Airheaded
- 44. Primitive time
- 48. Kind of chop
- 50. Greenish
- 51. Model stick-on
- 52. Scouting unit
- 53. Authority
- 56. Fine things
- 58. One of a bear trio
- 59. Part of the eye
- 60. Surrender
- 62. Turn red, perhaps
- 64. Theater section

Supporting <u>Our</u> Local Business Community is Simple:

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Winged Ambassadors, Masters of the Skies

by Mary Jane Schramm

We'd ventured offshore, to the edge of the Continental Shelf, searching for whales. The seas were building, and wind-whipped whitecaps exploded into foamy shreds. As we were debating a return to port, someone shouted, "Albatross!" Squinting, we could just make out its slender form, gliding low above the green sea. The huge dark bird wheeled to approach us, unperturbed



by the tumbled waves just below. It circled, curious, playing hide and seek behind the wave crests, but always returning. This was a Black-footed Albatross, Phoebastria nigripes, a large gull-shaped seabird. It had

flown thousands of miles from its Hawai'ian home to feast on the seafood bounty of Greater Farallones National Marine Sanctuary. It was worthwhile checking out.

Black-footed Albatross, and their cousins the Laysan Albatross, are regular visitors to our sanctuary waters. Migrating from nesting grounds in Papahānaumokuākea Marine National Monument in the Northwest Hawai'ian Islands, they range across the North Pacific, including to Greater Farallones National Marine Sanctuary; and Cordell Bank sanctuary, a submerged island off Point Reyes world-famous for its albatross aggregations. Of the two

species, Black-footeds are by far the more commonly seen.

The albatross is a creature of the sky. Graceful on the wing, it is ungainly on land where it spends only about five percent of its life. Land is for courtship and chickrearing. Scientists have satellite-tracked Black-footeds traveling round-trip between Cordell Bank and their Hawaiian nests over 3,000 miles direct - in just a few weeks. Albatross expert Peter Harrison estimated an albatross flies 500-600 miles in a single day, and over its lifetime, equivalent to eighteen round trips to the moon. It can sustain speeds of over 80 miles per hour.

Albatross are masters of dynamic soaring:

Their long, slender wings catch updrafts from the waves below. Locking wing bones permit continuous, unconscious gliding. They employ alternating lift and gravity, using shallow undulations to gain velocity.

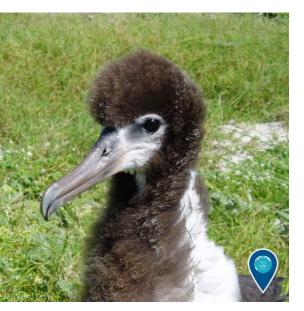
They are elegant fixed-wing aircraft of feather, bone and muscle, crossing vast ocean basins with minimum energy expenditure.

The Black-footed Albatross is dusky brown overall, with white around its dark eyes and bill, and under its tail. And, of course, black feet. Their wingspans reach six to seven feet.

Albatrosses mate for life. If a mate dies, another partner may be taken avian serial monogamy. A single egg,

produced every one or two years, hatches after about 65 days. Both parents incubate it. Chicks hatch around mid-January, and dine on a regurgitated slurry of oil, semidigested fish and squid, and roe. Fledging occurs in June or July.

Black-footeds live at least 40 years. A tagged Laysan named "Wisdom," returned to Midway at age 67+ recently, and produced another egg! (Wisdom's cousin "Al"



- the quirky, quixotic, beloved Laysan Albatross of Point Arena Cove, may be of a similarly impressive age.) See video on Wisdom

at https://www.flickr.com/photos/ usfwspacific/24527848641/in/dateposted-public/

Status: At the turn of the last century millions were killed for their fashionable feathers, or by introduced rats, pigs, cats, and other predators. The Migratory Bird Treaty Act of 1916 them internationally. The International Union for the Conservation of Nature (IUCN) estimates Blackfooteds' population worldwide at about 138,808. Current threats include pollution, ingestion of plastics, storm-related inundation of nesting sites, even tsunamis. Recent data suggests that this species is not un-

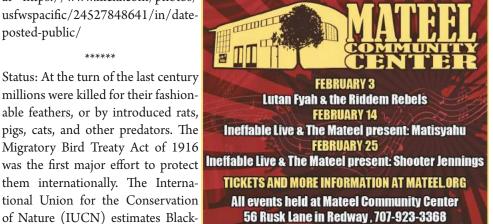


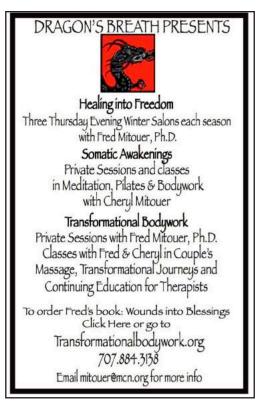
dergoing rapid declines, as once thought, and is either stable or increasing. However, modelling of the likely effects of mortality caused by longline fishing fleets, combined with potential losses to breeding colonies from sea-level rise and storm surges, prompted IUCN to precautionarily predict a moderately rapid population decline over the next three generations; hence its reclassification as Near Threatened rather than Least Concern. Greater Farallones works to help ensure their survival. Visit https:// farallones.noaa.gov and learn how.

> Mary Jane Schramm NOAA Greater Farallones National Marine Sanctuary Maryjane.schramm@noaa.gov

Top left: Black-footed Albatross/MBNMS-NOAA Left: Laysan Albatross chick / EIB-NOAA Above: Wisdom and chick, early 2017 / USFWS

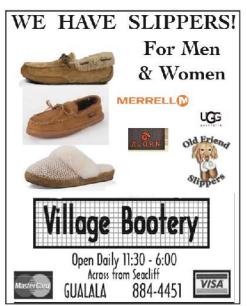
Greater Farallones sanctuary protects seabirds and their habitats through oil drilling prohibition, NOAA's Marine Debris program, at-sea research, and the Seabird Protection Network: http://seabirdprotectionnetwork.org. For information on studies in our sanctuaries, and teaching materials, visit http:// oikonos.org/exploring-albatross-movements/













Wishing you a bright and sparkling New Year!



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Get Out! January's Music, Poetry, Theater, Films, Art & Events

• Wednesday 03: 5:30pm, Planning Meeting for January 15 MLK Celebration

• Wednesday 03: 8:00pm, Open Mic Night at 215 Main, Pt. Arena

Thursday 04: 3:00pm, Writers Publishing Support Workshop at Four-Eyed Frog Bookstore
 Friday 05: 7:00pm, H. Goldberg, Sax & S. Foster Big Band Swing guitarist at MendoViné

• Friday 05: 8:00pm, Tango at 215 Main in Point Arena

• Saturday 06: 5:00pm, Dolphin Gallery Reception for "Celebrating The Figure".

Saturday 06: 8:00pm, Buck-Thrifty at 215 Main in Point Arena

• Sunday 07: 1:00pm, Celebrate the library's reopening at Coast Community Library

• Monday 08: 7:00pm, "Beauty & The Beast" (1946) ATFC at Arena Theater

• Wednesday 10: 8:00pm, Open Mic Night at 215 Main, Pt. Arena

Wednesday 10: 5:00pm, Planning Meeting for January 15 MLK Celebration
 Thursday 11: 6:30pm, International dinners: Jamaican at MendoViné
 Friday 12: 5:00pm, Sarah Earheart at 215 Main in Point Arena

• Friday 12: 8:30pm, Johnny Young Band brings high energy rock to Garcia River Casino

• Saturday 13: 1:00pm, National Theatre Live "Follies", at Arena Theater

• Saturday 13: 8:00pm, Ellipsis at 215 Main in Point Arena

• Monday 15: 11:00am, Dr. Martin Luther King Celebration at Gualala Community Center

• Wednesday 17: 8:00pm, Open Mic Night at 215 Main, Pt. Arena

Thursday 18: 7:30pm, Third Thursday Poetry with Erin Rodoni at 215 Main in Pt. Arena
Friday 19: 7:00pm, Harrison Goldberg Sax, and Tim Mueller Guitarist at MendoViné
Saturday 20: 4:00pm, "Through Native Eyes", lecture with Isaac Rios at Pt. Arena Lighthouse

• Saturday 20: 8:00pm, Mad Cow at 215 Main in Point Arena

• Sunday 21: 2:00pm, Bolshoi Ballet in Cinema, "Romeo & Juliet", at Arena Theater

• Sunday 21: 4:00pm, Chamber Music Concert at Gualala Arts w/Herbert & Langlie-Miletich

Monday 22: 7:00pm, "City Lights" (1931), ATFC at Arena Theater
Wednesday 24: 8:00pm, Open Mic Night at 215 Main, Pt. Arena (also 31st)

• Thursday 25: 6:30pm, International dinner at MendoViné

Friday 26: 7:30pm, Chris Doering guitarist and Steve Weber upright bass at MendoViné

• Saturday 27: 9:55am, MET Opera Live in HD. "Tosca" at Arena Theater

• Saturday 27: 5:00pm, Opening Reception at Coast Highway Art Collective in Pt. Arena

• Saturday 27: 8:00pm, Anthum at 215 Main in Point Arena

• Monday 29: 7:00pm, "19th Annual Animation Show Of Shows", ATFC at Arena Theater

• Wednesday 31: 6:00pm, Full Blue Moon Tour at Pt. Arena Lighthouse

• Friday 02: 5:00pm, Steve Oliff at Gualala Arts

• Friday 02: 7:00pm, "Diving For Abalone". Mystery Dinner at Gualala Arts

Gualala Arts Theater presents...

Mystery Dinner Theater



"Abalone Diving: a Steven Oakwood Mystery"

Friday, Feb 2, 7 pm & Saturday, Feb 3, 2 pm

Dinner \$50 in advance, plus \$10 after Jan 26, reservations required

