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JULY 2020



Mendocino Coast's **Lighthouse Peddler**

The Best Original Writing, plus the Guide to Art, Music, Events, Theater, Film, Books, Poetry and Life on the Coast

Hello Dolphin. We've Missed You!

**Ling-Yen Jones &
Barbara Kelley**

Will Warm The New Gallery

It's like an old friend who's been away. One you've missed. The physical presence, the conversations, the warmth. It's with thoughts like these that the community welcomes the return of the Dolphin Gallery.

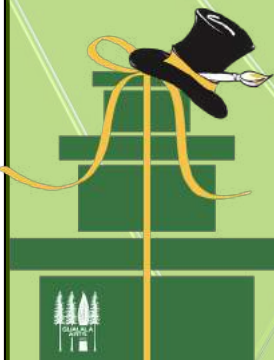
Opening July 4th weekend in Cypress Village, Gualala, the new space can only be described as warm, airy, welcoming and for many of us, necessary. During the past few months the Dolphin Gallery and Gift Shop has been reimagined, with the help of volunteers, staff and friends of Gualala Arts. The reintroduction will begin Saturday, July 4 in an extended opening, celebrating the works of both Ling-Yen Jones and Barbara Kelley. Stop by between 11:00am and 7:00pm and say hello.



Art in the Redwoods August 13 - 30, 2020

- Sponsorships Available
- Boxed Hat Dinner with
- Desserts from Sweet Shop
- Online Exhibits
- Online Entertainment

Contact Gualala Arts: 707-884-1138



The Coast Highway Art Collective • A Summer in the Garden With Teresa Granath, Lauren Sinnott, Chris Johnson, Barbara Dunsmoor
 Visit the Exhibits on the Collective's Patio Each Friday and Saturday

The Coast Highway Art Collective is now open two shopping days a week, Fridays and Saturdays from 11:00am to 2:00pm. Selected artwork by Collective members and guest artists are on display in the gallery's front courtyard. On request, small groups can be escorted inside the gallery during these hours. All the rules for safe distancing and hygiene measures will be observed.



During July, the Collective is featuring functional fabric art by Teresa Granath, aka The Green Bag Lady. Make-up bags, coin purses and cell phone holders are available from \$8 to \$16. A special line of face masks

is priced at \$12 each, many with lighthouse themes. Visit Teresamade.com for more products.

Point Arena artist Lauren Sinnott has created a line of "3-D" face masks that are generously sized and, while forming a barrier, provide breathing room, making them very comfortable. In classic Sinnott style, these masks are bright, colorful and very fun. Prices range from \$25 to \$45.

Handmade cotton shirts from the summer collection of July 5/Sky Dancer are on sale this month. The gallery also carries her line of warm "neck gators," cashmere hats and scarves, cashmere ponchos and silk scarves.

CHAC is also excited to promote the art work of East Bay artist Chris Johnson, who creates amazing gourds and wrapped rocks. The rocks are available now at the gallery. The gourds are available online only, but gallery manager Ling-Yen Jones says there are plans to have her work on site soon.

Johnson's began working with baskets and gourds in the early 1990's when she attended several classes at the Caning Shop

in Berkeley. Later, she joined the Bay Area Basket Makers and the East Bay Gourd Patch.

Johnson says "Each gourd is like a blank canvas with an inherently unique shape so there is a challenge to see what will work the best for each one. My penchant for using Asian motifs can be traced to living in Japan in the early 60's. I also enjoy using U.S. Southwest-

ern designs as well as those found in nature or contemporary expression. Her works have been shown in several galleries in the east bay, at the Dolphin Gallery in Gualala and as part of the Bay Area Basket Makers on display at the Gualala Art Center in the past. If interested, Johnson can be reached at chrisgourds@netzero.net.

Sea Ranch fabric artist Barbara Dunsmoor is exhibiting several of her exquisite, quilted pieces that are framed as pieces of fine art. Dunsmoor, who recently joined the Collective, is known for her modern interpretation of fabric

as art and her mastery of color and composition. The Coast Highway Art Collective gallery

is located at 284 Main Street, Point Arena, the little red building next door to the Redwood Credit Union. More information is available at www.coast-highway-artists.com.



"Every human is an artist. The dream of your life is to make beautiful art."
 don Miguel Ruiz (1952-)

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Our thanks to July contributors Rozann Grunig, Mitch McFarland, Blake More, Cathy Sue Riehm, Mary Jane Schramm, David Steffen, Karin Uphoff, and Jennifer Bort Yacovissi.

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"No story is a straight line. The geometry of a human life is too imperfect and complex, too distorted by the laughter of time and the bewildering intricacies of fate to admit the straight line into its system of laws."

Pat Conroy (1945-2016)

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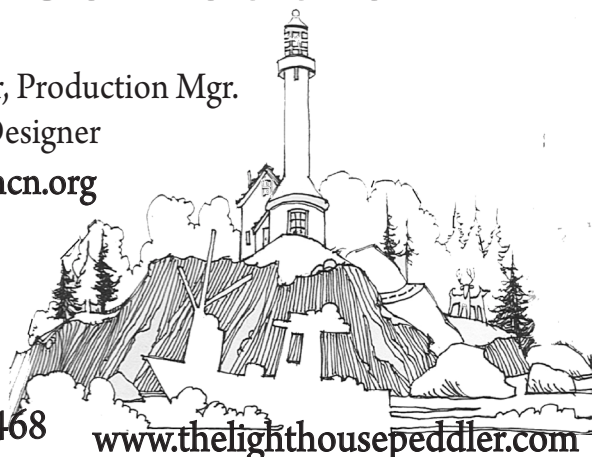
Dolly Steffen: Publisher, Production Mgr.
David Steffen: Editor, Designer
lighthousepeddler@mcn.org

(707) 684-1894

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MTA Bus Service • July Update Current Information From Mendocino Transit

Many people in Mendocino County depend on the services provided by MTA, the Mendocino Transit Authority. With that in mind, here's the latest from the MTA website:



- MTA passengers and drivers are required to wear face masks.
- In addition, MTA bus drivers are separated from passengers by a plexiglass shield.
- **ROUTE 95:** Route 95 service from Point Arena to Santa Rosa is NOT running at this time. For bus service updates, visit: <https://bit.ly/MTAReducedService>.
- **ROUTE 75:** Monday through Friday the northbound journey begins in Gualala

at 7:45am, making stops in Anchor Bay, Pt. Arena, Manchester, Elk and the Navarro River Junction before continuing along Highway 128 through Anderson Valley, and completing its journey in Ukiah via Highway 253. The return leaves Raley's Shopping Center in north Ukiah at 2:50pm and the Walmart Shopping Center in south Ukiah at 3:12pm, arrives back in Gualala about 6:00pm. Connections can be made at the Navarro River Junction to continue to Fort Bragg. **NOTE: There is no coastal bus service on the weekend.** On Saturdays, the Route #75 bus will bring passengers from the Navarro Store to Ukiah and back.

MTA's buses are disinfected thoroughly before each trip and seating on MTA buses is taped off to ensure that passengers practice social distancing. Face masks are required for all passengers, and hand sanitizers are available on board.

For MTA bus service updates, visit mendocinotransit.org or <https://bit.ly/MTAReducedService>

Servicio de autobuses MTA • Novedades de julio Información actual de Tránsito Mendocino

Mucha gente en el Condado de Mendocino depende de los servicios proporcionados por MTA, la Autoridad de Tránsito Mendocino. En vista de ello, aquí está lo último del sitio web de MTA:

- Se requiere que los pasajeros y conductores MTA lleven mascarillas de la cara..
- Además, conductores de autobuses MTA están protegidos por una barrera de protección de plexiglás.
- **RUTO 95:** El servicio Ruta 95 de Point Arena a Santa Rosa está FUERA DE SERVICIO en este momento. Para novedades de servicio de autobús, visite: <http://bit.ly/MTAReducedService>.
- **RUTO 75:** De lunes a viernes el viaje hacia al norte comienza en Gualala a las 7:45am, con paradas en Anchor Bay, Point Arena, Manchester, Elk y el cruce del Río Navarro antes de continuar por la Carretera 128 por el Valle Anderson, y completando el viaje en Ukiah por la Carretera 253. La vuelta sale del centro comercial de Raley's en Ukiah norte a las 2:50pm y del centro comercial de Walmart en Ukiah sur a las 3:12 pm, con llegada en Gualala alrededor de las 6:00pm. Se puede hacer conexiones

en el cruce del Río Navarro para continuar a Fort Bragg. FAVOR DE NOTAR: No hay servicio costero los fines de semana. Los sábados, el autobús Ruta No. 75 traerá pasajeros de la tienda Navarro a Ukiah y de vuelta.



Los autobuses MTA están desinfectados por completo antes de cada viaje, y las sillas en los autobuses MTA están marcados con cinta para asegurar que los pasajeros practiquen el distanciamiento social. Se requiere que todos pasajeros lleven mascarillas de la cara, y hay disponible a bordo un desinfectante para las manos.

For MTA bus service updates, visit mendocinotransit.org or <https://bit.ly/MTAReducedService>

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The Dolphin Gallery and Gift Shop Opens in New Location Local Favorite for Art Exhibits, Gifts, and Local Information Reopens July 4 at Cypress Village

The Dolphin has been a welcomed option for art lovers and gift shoppers for decades. In its original location—at the Anchor Bay Hardware Store—shoppers could find the works of local artists in an area of the store dubbed “Gualala Arts Showroom”. With art, including wood carvings of dolphins, the name was changed to The Dolphin, a name which has remained unchanged for 50 years.

The Dolphin moved from Anchor Bay to Sundstrom Mall in Gualala in the 1970s where it established itself as a much loved retail store featuring gifts, jewelry, ceramics, and wood carvings. It also became (and continues to be) a hosting spot for new art exhibits.

The Dolphin's 40-year presence in downtown Gualala will continue, but in a different location. Happily, the Dolphin will continue its mission in a significantly larger, brighter and more welcoming new location in Gualala's Cypress Village. The opening of the new location coincides with the opening of a new exhibit, "Come Fly With Me"

on Saturday, July 4 at 11:00am. (See separate story on Page 2). Regular hours will be Thursday through Monday, 11:00am to 4:00pm.

Supporting the Dolphin over the years has been a long list of volunteers who have donated their time, talent, energy and creativity. The warm reception visitors—locals and travelers alike—have received over the years has given the Dolphin a deserved reputation as a welcoming spot on the Mendocino coast.

The new Dolphin Gallery and Gift Shop will bring much of the same to its new location and the new space will provide the opportunity to re-imagine its mission. And the July 4th weekend will provide visitors with a wonderful opening exhibit, including the jewelry of Ling-Yen Jones and the paintings and prints of Barbara Kelley.

NOTE: Gualala Arts and the Dolphin were grateful to the assistance of Richard & Kristine Thomure for their help and generosity in creating a new space for The Dolphin.



Dolphin Gallery & Gift Shop

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The Census is here. Each of us must fill out the census form so that our rural areas, town, villages, cities, counties and states are represented. The data gathered from this



census will dictate the amount of federal funding that will come to our county for the next ten years.

Every individual that is counted, translates to \$20,000 over ten years. So, if we miss a family of four, that is \$80,000 our county will not receive for critical infrastructure needs including our roads, our schools, senior housing, fire fighters, and more. You can fill out the census online at: www.my2020census.gov

Complete the census. There are only a few questions: the names of who lives in my home, their birth dates, and our ethnic heritage. Stop thinking about it. Just do it!

Art in the Redwoods Takes On A New Idea in 2020 • August 13 - 30

The 59th Annual Event Will Be Re-imagined!

This year's Art in the Redwoods takes place August 13-30, and to be certain it will be a unique event. The plans include both online and traditional events, some of which will be reinvented for 2020.

For example, the traditional Thursday evening "Hats Off Dinner", which usually kicks off the events, is being re-imagined as the Boxed Hat Dinner. A bit of social and a bit more fine dining, the four-course dinner will be a delicious drive-through experience with a choice of seafood, beef or vegetarian menus, including dessert to satisfy the cravings of your sweet tooth. To accompany the dinner, the drive-thru will have thirst-quencher options including wine, non-alcoholic sparkling wine, soft drinks and sparkling water.

The Boxed Hat Dinner is \$150, and will be available for pre-order and pre-payment by credit card. Pickup as a 'drive-thru' will

be at a designated time between 4:00pm and 6:00pm, subject to availability. The Boxed Hat Dinner is a great way to be a part of the opening night tradi-

tion at Art in the Redwoods.

Whether you are able to take advantage of the Boxed Hat Dinner or not, there are numerous sponsorship opportunities to support Gualala Arts. Many events which contribute to Gualala Arts' annual revenue and fundraising were forced to be canceled this year, and there is no certainty about

how many additional events scheduled in the near future will be held. And that's why they are hoping for sponsorships.

Gualala Arts is a jewel on the coast. What has been accomplished since its inception in 1961 is nothing short of amazing. The hope is that Gualala Arts can get through the current Covid-19 crisis and recover, and then continue to be one of the preeminent centers for arts of all kinds: Paintings, prints, sculpture, wood, drawing, pottery; performing arts including theater, chamber music, jazz, pop, Americana; lectures, community meetings, and so much more.

Watch for additional details on the 2020 Art in the Redwoods. Check the website—GualalaArts.org—and support them in this effort.

Sponsorship opportunities come in a variety of options. They include

Grand Sponsor: \$5,000 or more: includes acknowledgement on the Gualala Arts website, additional web benefits, and ten take-out dinners.

Platinum Sponsor: \$3,000 or more includes acknowledgement on the Gualala Arts website, additional web benefits, and eight take-out dinners.

Gold Sponsor: \$2,000 or more, includes acknowledgement on the Gualala Arts website, additional web benefits, and six take-out dinners.

Silver Sponsor: \$1,000 or more includes acknowledgement on the Gualala Arts website, additional web benefits, and four take-out dinners.

Bronze Sponsor: \$500 or more includes

acknowledgement on the Gualala Arts website, additional web benefits, and two take-out dinners.

Friends Sponsor: \$100 or more and includes acknowledgement on the Gualala Arts website, additional web benefits.



When you're ready to select your sponsorship, or if you wish to purchase tickets for the Boxed Hat Dinners, call the art center at 707-884-1138.

Pt. Arena Third Thursday Poetry To Host Virtual Reading

On Thursday, July 16, at 7:30pm The Third Thursday Poetry & Jazz Reading Series will host a virtual zoom reading with a live youtube stream for those who want to watch but not "zoom".

Virtual reading slots are still open; to sign up as a reader, contact blake@arenatech-center.org with a one sentence bio. The first 25 to sign up will read one poem each.

To watch, email blake@snakelyone.com and you will be added to the event info list, which will go out the day of the reading.

Full Moon

July 5

New Moon

July 20

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Words on Wellness • "Exploring The Pygmy Forest"
by Karin Uphoff

The coastal summer presents breath-taking sunny days with alternating pea-soup thick fog. When the fog roles in, it's fun to explore our special pygmy forest habitat. Hidden within a long, narrow strip of the westernmost coastal hills of Mendocino and Sonoma Counties, the pygmy forests have an aura of enchantment and are a sunnier, brighter places on a drippy day. The soil is nearly infertile, highly acidic, and has formed a shallow layer of white concrete-like hardpan that's impervious to water. They are part of a flat series of platforms separated by steep forested slopes. The steps of this giant staircase are inhabited by stands of the rare wispy Bolander pine, and stunted cypress trees, some more than a hundred years old, but thin as broom handles and barely taller than human visitors. These steps were once a series of marine terraces, giant flat slabs of wave-cut sandstone from the ocean floor, then carved by high sea levels between Ice Ages, and left exposed when the ice returned. As sea levels lowered again, these ancient sand dunes were preserved, as the entire coastline was pushed up over time by tectonic forces. The gap between Ice



Ages and the formation of each terrace was about 100,000 years, and so, each step on the staircase is 100,000 years older than the one below it. Beneath the Mendocino pygmy forests on the top

terrace, the ground is half a million years old or more.

You feel like you're in the land of Lilliput as you stroll around miniature manzanita and low-bush huckleberries that produce the same delicious

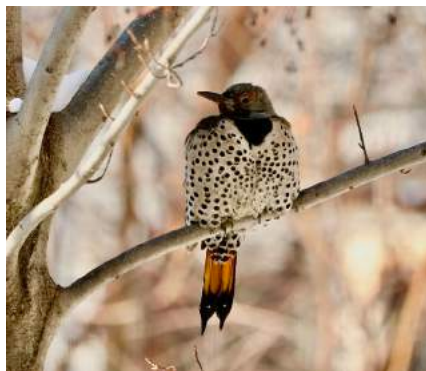
fruits. You will also notice a taller bush of ever-green leaves with a citrus-spice odor, slender leaves and white flowers – that is Labrador tea (*Ledum glandulosum*). Indigenous cultures along the west coast made tea out of its fresh or dried leaves for coughs and colds, spicing meat and as an aromatic beverage. It is very diuretic and contains strong alkaloids so must be drunk in moderation. This was learned by trappers and the Hudson Bay company sold the leaves as a tea substitute for settlers. Settlers also used strong batches of fresh ledum tea to wash floors and tend fungal infections and bug bites. This strongly disinfectant plant is slow growing, so new single leaves are only collected in spring from multiple bushes to avoid damaging it.

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of

Botanical Body Care: Herbs and Natural Healing for Your Whole Body. Learn more at: www.karinuphoff.com

Northern Flicker: "Easy To Identify"

The Northern Flicker is rewardingly easy to identify with its undulating flight and its white rump patch and flashes of salmon-red on its wings and tail. This woodpecker is divided into our west-coast red-shafted flicker and the east and far-north yellow-shafted flicker. In the Great Plains you get some interesting mixes of the two.



Both the male and female have red wing and tail feathers, barred brown backs and spotted chest with a black crescent bib. Only the male has the bright red mustache line.

The couple mate for life and return to the same area to breed, often to the same dead snag. to make a hole and line it with wood

chips. They will use other cavities if need be, such as, poles, posts, houses, banks, haystacks or boxes. You can often hear the male doing its territorial drumming, rapidly pounding its bill on a tree, metal roof etc.

The Northern Flicker often feeds on the ground where it hunts for its favorite food, ants. Flickers eat more ants than any other North American bird.

Their tongue is exceptionally long sticking out three inches past the bill and is stored behind the back of its skull. The tongue is coated with sticky saliva and has a barbed tip for catching the tasty morsels.

Image by HilC from Pixabay

Our thanks to the Mendocino Coast Audubon Society for contributing this article about the Spotted Towhee. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast.

More information is at www.mendocinocoastaudubon.org.

Animal Care & Welfare • Paw Care

By Cathy Sue Riehm

Rex's nails are too long. Over time, I've let the quicks grow out.

While bearing weight, your dog's paw pads should touch the ground first, before the toenails. Imagine the process of your dog's paw taking a step with nails that are too long. The nails press into the ground as your dog is bearing weight. The back of your dogs paw will lift (as our heel will lift, and we shift weight onto the ball of our foot), causing the nails to press harder into the ground. At this point, just before the dog's paw is lifted, if nails are too long, and have no where to go, they will turn to the side or curl under. As a veterinary technician, I once treated a Great Pyrenees whose nail had curled under, penetrated the paw pad and grown out the other side. Sounds painful to me.



underside of their paws/toenails- lift their paw while they're standing, or check it out while they're lying down. This allows you to see how far the tip of the nail extends past

the tip of the quick. If you are the one trimming, take small clips from the tip until you see the spot in the middle- do not trim past this point, as this is the tip of the quick, and this is where you will get blood. Looking at dogs' nails from the side, you might notice the nail 'hooks' down over the tip of the quick. Dogs with clear nails make it easy for us to see the pink quick underneath.

While Rex isn't particularly thrilled with the nail-trimming part of the plan to help his quicks recede, he definitely loves the filing benefits of taking walks up his dirt road driveway and running in the sand along the river.

If nails grow long enough to turn to the side, the toe itself will start to shift, causing arthritis. Long toenails and hooves, over time, can injure the tendons along the back of the leg as the toes lift, the heels drop and the back of the leg gets slowly stretched. Another problem with long toenails in dogs is that, put simply, the pressing of the nails into the ground causes an 'upward tug' that creates small spaces between the toenail's parts that bacteria and fungus can invade. All of these problems could be painful.

If cutting (or grinding) your dog's toenails is not for you, you're not alone, but what you can do is keep track of the length of the quicks to help determine how frequently your dog should be trimmed. Look at the

"It's Raining In Los Angeles
Halleluja, Hallelu . . .
Moon Flowers open to
breeze in Night's Perfume.
The city climbs a hillside just
to see the color bloom,
Peddles turn a sidewalk
stream Jacaranda Blue
Where is
the heart of my Country"

Caitlin Canty (1982-)

Judith Hughes, Dipl. O.M., L. Ac.



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The Dolphin Gallery Reopens Saturday, July 4 Featuring the Jewelry of Ling-Yen Jones and the Paintings and Prints of Barbara Kelley

The new Dolphin Gallery in Cypress Village opens on Saturday, July 4 with a new exhibit. Titled "Come Fly With Me", the exhibit features the jewelry of Ling-Yen Jones and the paintings and prints of Barbara Kelley. Now in a larger space and with Saturday's extended opening, from 10:00 a.m. until 7:00 p.m. the expanded Dolphin Gallery welcomes the community to explore the new space and see an exciting new exhibit.

According to Ling-Yen Jones, "Come Fly With Me" is a journey. "I thought it was about learning more about my work with some of my favorite birds—the crane and swallow. However, it is also about learning how to transition from being at home 'sheltering in place' to exhibiting, showing, and sharing my work. My jewelry is my story." Barbara Kelley's work is known to many on the coast who've discovered her prints and paintings at area gal-

eries, or by visiting her studio in Sonoma County or at her home during the annual North Coast Artists Guild studio tour.

This show marks the sixth time Barbara Kelley has exhibited her monotype prints and original paintings at the Dolphin, works that she has created at her Moon Catcher Studio in Sonoma wine country or at home on The Sea Ranch. Talking about her pieces, Kelley says, "the central intention of my work is to create visual reflections of universal themes. I strive to create a visual language that is both evocative and straightforward. The title I give to each work holds a key to understanding its story." Kelley grew up in remote Alaska where her first bas-

sinet was the top drawer of a dresser, which may explain her search for new frontiers to explore and her desire for experimentation. For example, she may employ found objects such as leaves, sea weeds, bird feathers, even snake skins in her prints. She also creates encaustic paintings, employing a hot wax technique that

dates to ancient Egypt and is difficult to master. She draws on her experiences living in Alaska, New Mexico and along the Pacific coast as well as contacts with other

virtual gallery confirms that she lives up to that ideal. Jones works with sterling silver, copper, gold, pearls and colored stones. Her reasonably priced work is immediately recognizable to many because of the clean shapes and repeated motifs including leaves, birds and windows. The effect of the jewelry when worn is subtle and dramatic at the same time. Many of her pieces incor-



cultures, particularly Japanese and Chinese experiences, which inform her artistic vision.

Joining Barbara Kelley (in a two-person show for the third time,) is Ling-Yen Jones. Jones shares her personal vision of jewelry as not just ornamentation, but also as an artistic statement and symbolic representation of both the personal and the universal experience we all share. Each hand-crafted piece is a one-of-a-kind creation, even when it is part of a series with repeated motifs. Jones defines jewelry as creations "which are useful, artistic, symbolic expressions of a personal idea." She wants her work to represent various themes such as new beginnings, changes, hope and personal growth. A brief survey of her extensive collection at her online



porate traditional Asian influences, such as the cranes and Chinese chops, and she also echoes the modern emphasis on simplicity and abstract lines. The exhibit, "Come Fly With Me", continues through Sunday, June 26. The new Dolphin Gallery and Gift Shop is at 39114 Ocean Drive in Cypress Village, Gualala, 95445. A preview of their work can be found on the gualalaarts.org website, and at the artist sites, ling-yendesigns.com and mooncatcher.info.

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Come what may,
If You Stay"

Heidi Talbot (1980-)

4	6	1	7	8	9	3	5	2
8	9	7	5	3	2	6	4	1
5	2	3	6	4	1	9	8	7
7	3	6	9	1	5	4	2	8
9	8	5	4	2	7	1	3	6
2	1	4	3	6	8	5	7	9
1	4	9	8	7	3	2	6	5
3	5	8	2	9	6	7	1	4
6	7	2	1	5	4	8	9	3

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But all art is sensual and poetry particularly so. It is directly, that is, of the senses, and since the senses do not exist without an object for their employment all art is necessarily objective. It doesn't declaim or explain, it presents.

William Carlos Williams (1883-1963)

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National Theatre Comes Home

Three More Films Screen for Free This Summer Beginning July 9

Arena Theater has announced additional telecasts of The National Theatre of London—Live At Home series this summer. All three are outstanding and compelling productions.

National Theatre Live at Home wraps up with its final showings in July. Following 10 productions and over 12 million views to date, the National Theatre at Home will present three additional plays to be shared for free on YouTube. More information about each play can be found on the Arena Theater website, arenatheater.org including a link to the National Theatre's YouTube site. to watch the productions.

The July program opens with "Les Blancs" ("The Whites"), available to screen at home beginning Thursday, July 2 at 1:00pm local/California time (7:00pm in London). Screenings will be continuous through 1:00pm July 9th.



In this story, an African country teeters on the edge of civil war. A society prepares to drive out its colonial present and claim an independent future. Tshembe, returned home from England for his father's funeral, finds himself in the eye of the storm.

Yaël Farber (Mies Julie, Nirbhaya) directs the final play by Lorraine Hansberry (A Raisin in the Sun): a brave, illuminating and powerful work that confronts the hope and tragedy of revolution. This archive recording was captured by the NTL in 2016.

On Thursday July 9 "The Deep Blue Sea" will begin screening at 1:00pm and will continue screening through Thursday, July 16.

The setting is a flat in Ladbroke Grove, West London, 1952. When Hester Collyer (Helen McCrory) is found by her neighbours in the aftermath of a failed suicide attempt, the story of her tempestuous affair with a former RAF pilot and the breakdown of her marriage to a High Court judge begins to emerge. With it comes a portrait of need, loneliness and long-repressed passion. Behind the fragile veneer of post-war civility burns a brutal sense of loss and longing.

The Times of London wrote "This production is a stand-out. Helen McCrory is fantastic. Carrie Cracknell directs with total assurance."



The last of the three productions is "Amadeus" which will screen beginning Thursday, July 16 at 1:00pm and continue through July 23.

The setting is Vienna: the music capital of the world.

Wolfgang Amadeus Mozart, a rowdy young prodigy, arrives determined to make a splash. Awestruck by his genius, court composer Antonio Salieri has the power to promote his talent or destroy it. Seized by obsessive jealousy he begins a war with Mozart, with music and, ultimately, with God.

Peter Shaffer's iconic play had its premiere at the National Theatre in 1979, winning multiple Olivier and Tony awards before being adapted into an Award-winning film.



ning film.

In this new production, directed by Michael Longhurst, Lucian Msamati plays Salieri – with live orchestral accompaniment by Southbank Sinfonia. The Independent found the production "A thrillingly fresh and imaginative revival. Adam Gillen delivers a most moving portrayal of Mozart."

Audiences who are d/Deaf or hearing impaired can watch all shows with captions. Audiences who are blind or visually impaired can watch a separate audio described versions of "Amadeus."

You can search YouTube or follow the link below to the National Theatre site. Either way, this is a great opportunity to see these films in the comfort of your home. More at www.nationaltheatre.org.uk/nt-at-home



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A Poetry Note

The covid continues. Such an interesting opportunity to be in witness. This offering (my poem on page 5) was inspired when creating a poetry lesson for youth of all ages called "Life After ~ Integrating the New You." The lesson can be viewed here. My plan was to write something for a lesson example, but then this happened. So I had to write two!

Sometimes I am struck by a torrent of language. This is one such instance — and in it I realize I am a "political spiritual" poet. The meeting of the two fascinates me. Let me know what you think.

Blake More

From Three in Tennessee To Six in Denmark

by David Steffen

I have always enjoyed Tennessee. My earliest memories are from a mostly teenage southern road trip—four friends—3 teens and one adult (he owned the car). Let's just say it was an improvised adventure.

In 1979 I began regular visits to Nashville, aka Music City USA to spend time with music people while working for A&M. One of those music people was David Conrad, a talented music-publishing exec, and a good friend. We created some memories together, including seeing some wonderful live music performances at the Cannery, Ace of Clubs, Opry and more.

On one of my Nashville visits, probably 1987 or so, David and I, along with A&M president Gil Friesen went to the Bluebird Cafe for a 'Music in the Round' evening. As I recall, the featured performers were Ashley Cleveland, Pam Tillis, and Karen Staley. Pam and Karen were already into their second song when Ashley arrived, wearing an overcoat that seemed bigger than she was and with her guitar case in hand. She sat down, unpacked her guitar, joined them, and for the next 90 minutes they owned every ear in the place. The good chemistry was obvious, the music was magical. I hadn't thought about that evening in some time, but it came racing back to my consciousness this week when I, along with many others, looked for something new to watch or listen to during another week at home.

While casually sifting through the diversions and music offerings on YouTube I found the Tønder Festival. Never heard of it? Neither had I. This annual—since 1975—event in Tønder, Denmark is all about folk music with a significant North American influence. Think "Americana" with performers from the United States, Canada, Ireland, England, Scotland and some talented home-grown Scandinavians. During the festival, the entire town is influenced by music. Famous and less-famous artists become part of an inclusive community with the audience on the streets, squares and venues of Tønder. In fact there is a long list of world-famous artists who've been to Tønder but the real treat is the discovery. And that's what happened to me.

The video I found was a 2-hour musical performance captured in a music-in-the-round setting featuring a small group of amazing women. This special "Womens Circle" performance from 2019 featured 6 outstanding talents. There's Tennessean Caitlin Canty, Denmark's Signe Svendsen, Heidi Talbot from Ireland, Irish Mythen, an Irish/Canadian living in Prince Edward Island, Canadian Jenn Grant from Nova Scotia, and California-native Leslie Stevens.

Sitting in single chairs set across the stage

the group was introduced, and then one-by-one each woman introduced herself and performed a song from her personal repertoire. When her song finished she'd introduce the next in line and the next performer would introduce and perform a song from her own body of work. Three rounds gave us 18 songs, plus an encore by the group. And the songs, while all easily compatible with the genre "Americana" were clearly personal to each performer.

In addition to the music, there were moments when they interacted, interjected, ad-libbed, influenced and supported one another. It was clear that they were enjoying themselves, enjoying the fun and creating a comfortable and enjoyable camaraderie.

First up was Caitlin Canty. Her second-round song, appeared to be an impromptu choice. In the first set she hoped the audience wouldn't hold the current political climate, i.e. the unpopularity of the American president, against her. She never mentioned his name yet the reference was obvious. After speaking of her love for America, Canty began her love song, a paean with a hope for change.

It's Raining In Los Angeles,
Halleluja, Hallelu . . .

Moon Flowers open
to breeze in Night's Perfume.

The city climbs a hillside
just to see the color bloom,
Peddles turn

a sidewalk stream Jacaranda Blue

Where is the heart of my Country Now?

Signe Svendsen (pronounced SEE-nah) is a perfect representative of an American artist. Fair-haired and disarming, when she steps up to the mic and begins speaking, you might assume she's a California singer-songwriter. That is until she switches to her native Danish. Born in Nyborg, Denmark, her on stage rapport with her stage-mates and the audience moves effortlessly between Danish and English. Her music at Tønder was genuine Americana in feel yet—she sang her original songs mostly in Danish. Her second-set song, "det forlyder"

was dedicated to her grandmother. No English translation necessary as she delivered a performance that was readily felt.

A young (40) veteran performer, Heidi Talbot toured for years as part of the Celtic music group Cherish the Ladies before going out on her own. The moment she begins to speak you hear the delightful Irish accent

but that's just scratching the surface. Her opening song was inspired and written after meeting an Australian singer backstage at a Kansas folk festival more than 15 years ago. She described him as a "young

Bob Dylan", and her song "If You Stay" is so good. The lyrics could be associated with almost any longing relationship and the seeming fragility of her voice delivers the message squarely to the heart.

There's no use in hiding my favorite until the end (and my wife, the publisher of the Peddler, agreed). Irish Mythen owned me from the introduction. Born in Ireland, naturally, she now calls Prince Edward Island, Canada home. Her ability to connect with the audience is obvious. Her songwriting is first-rate, and her performance talents with 'just' her voice and an acoustic guitar will surprise most. Mythen's song "Be Still. Dance" is a driving command to rise up and become a part of the performance as she sings.

The strength of her skills with the 6-string acoustic guitar suggested that in a battle between performer and instrument, when all was said and done, Irish would win and the guitar would lose. That speculation was born out in her second set song "Maria" when she broke a string and lost a pickup. (She continued by using Signe's guitar). Inspired by her relationship with her Aunt Maria, in another musical genre this song would be Mythen's 'power ballad'. It's sentimental, loving and powerful, owing much to her prowess on the 6-string, and sealed when the other five performers join in, adding background vocals during the final 6 refrains.

Her closing song was a 'conversation' with Jesus that is part prayer, part sermon, and all Irish Mythen.

Jenn Grant followed Irish and was de-

lightful with both her music and the brief stories about travels with a less-than year-old child, a son named Gus. There's a little irony in the second set, when Grant sings "Favorite Daughter", written when she was pregnant but, obviously, before her son was born. No daughter, yet, but a terrific song anyway.

The final voice at Tønder was that of Californian Leslie Stevens. Clearly the youngest of the group, her stage presence is young and fresh yet her songs often show the maturity of a veteran songwriter. She sang a song of her first love, and another, "Sinner" (the title track of her first album) was likely inspired by her "Crazy, drinkin', boating, plane-flying pilot, drinker, grandmother, who never baked a cookie in her life." She closed with something most of us may hope for: "Everybody Drinks and Drives in Heaven".

The evening closed with a group performance of "Amazing Grace", perfectly fitting on a number of levels. Music, in general has that ability—to move you to another place, to another plane—to connect you with the performer and the song.

This was a delightful two hours. Believe me, if you like Americana, and you enjoy 'discovery', try this concert on YouTube. Search for "Women's Circle at Tønder Festival 2019".

Note: Lyrics from some of these singer/songwriters can be found elsewhere in this issue.

Images clockwise from top left Jenn Grant, Caitlin Canty, Signe Svendsen, Irish Mythen, Heidi Talbot, Leslie Stevens.



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"Why Fish Don't Exist: A Story of Loss, Love, and the Hidden Order of Life"

A Book by Rebecca Solnit • Reviewed by Jennifer Bort Yacovissi

A wide-ranging search for meaning in the face of an uncaring universe.

Imagine that you're 7 years old, enjoying a quiet, early morning moment with your dad, watching backyard wildlife, and you innocently ask, "What's the meaning of life?"

Rather than fumbling for an answer, he gleefully replies, "Nothing!" and proceeds to explain how no one — not you, not he, nor anyone you love, nor anybody at all — matters.

That sort of definitive proclamation on the pointlessness of existence is bound to leave a mark, and so it did on young Lulu Miller. In a roundabout way, it was what led her to write this book.

Miller is an award-winning science reporter and cofounder of the NPR program "Invisibilia." A strong thread of memoir underpins this, her debut book, which also includes biography, scientific inquiry, civics, investigative journalism, musings on psychology, and, yes, an answer to the book's central question.

Not incidentally, *Why Fish Don't Exist* is beautiful. Beyond its blue and gold cover, the original, intricate illustrations — created on scratchboard by artist Kate Samworth — that accompany each chapter are captivating, with an otherworldly, even nightmarish quality. They lend the book an air of antiquity, as though the reader is holding a 19th-century science text or a Bible.

Much of Miller's focus here is on David Starr Jordan, president of Indiana University at age 34, first president of Stanford University, and acclaimed taxonomist of fish. It's estimated that Jordan and his team discovered and named fully one-fifth of the fish known to science.

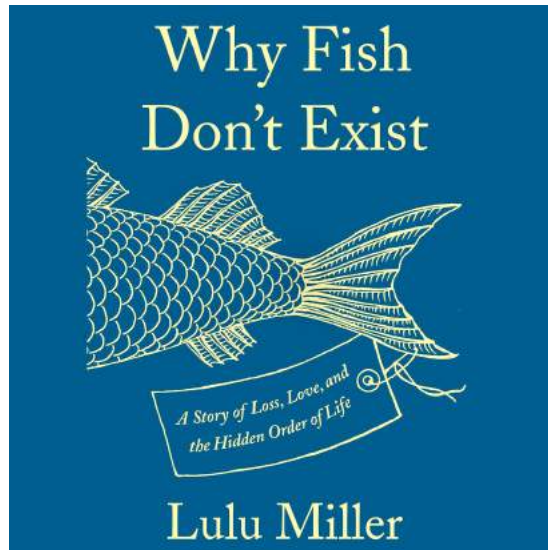
In 1883, lightning started a fire in Jordan's IU lab, destroying his entire amassed collection. Then, during the 1906 San Francisco earthquake, his rebuilt ichthyological collection — floating in jars stacked on shelves in a lab on the young Stanford campus — came crashing down.

Jordan's perseverance in facing such loss, twice, is what caught Miller's attention as she was attempting to pick up the pieces of her own shattered life and recurrent struggles with suicidal ideation.

Miller was especially taken with his approach after the earthquake. He had his team train hoses on the collection for 48 hours until he could collect enough alcohol and jars. Then he began to reunite fish with their identification labels. Whenever he was able to identify a fish, he sewed the tag onto

its body before putting it back into a jar.

The author tries to understand the wellspring of such dogged determination in the face of chaos. In studying Jordan, she finds much to admire — until she starts to uncover things that aren't so admirable.



Though she does not accuse him outright, Miller makes a compelling case that Jordan was responsible for the poisoning death of Jane Stanford, cofounder of the university. She was poisoned twice with strychnine — Jordan's favored method to bring up small, elusive fish — and Jordan's labors to cover up and rewrite the events ensured that her death was accepted (at least until the 1980s) to have been from natural causes.

Later on, Jordan was also a singularly outspoken proponent for eugenics and the forced sterilization of people he deemed unfit. Indeed, the pacifism he preached in the lead-up to the Great War sprang from the idea that the best of a generation were killed in wars, leaving the less desirable to live on and contaminate the gene pool.

One of the most instructive threads in this wide-ranging narrative is Miller's revisiting of America's leading role in the propagating and practice of eugenics, in which the U.S. example proved instructive to Hitler's plans for Nazi Germany. Indiana led the way in 1907 with the first forced-sterilization law in the world. In the time since the U.S. Supreme Court ruled forced sterilization constitutional, 60,000 such procedures have been performed in the United States.

As Miller points out:

"The ruling that made all this possible, by the way, is still on the books. That's right. The Supreme Court ruling has never been overturned. At our highest level, it is still written into law that if the government deems you 'unfit,' officials have the authority to pull you from your home, stick a knife

through your abdomen, and terminate your bloodline."

Throughout, the author searches for insight, for answers. How could a man of science take such a wrong-headed lesson from Darwin, for whom variation is the source of any species' strength? If nothing matters, why should your treatment of fellow humans? How does any life derive meaning in the face of an uncaring universe?

Though sometimes a bit breathless in her re-imagining of scenes or pondering of psychological motivations, Miller succeeds in pulling the many threads of her story together to intriguing and illuminating effect.

And what of the fish? Why, exactly, don't they exist?

The answer is something of a punchline to all that has gone before — Miller savors it as a bit of cosmic comeuppance for Jordan — and is delicious enough that describing it here would be a spoiler.

The upshot is that fish have been dead to taxonomists since the 1980s; the rest of us just didn't read the obituary.

To name something is, in many ways, to stop seeing it: Once something is known, ordered, there is no need to look further. Miller's assertion is that we need to keep looking and to see with better eyes.

Jennifer Bort Yacovissi's debut novel, *Up the Hill to Home*, tells the story of four generations of a family in Washington, DC, from the Civil War to the Great Depression. Jenny writes a bi-monthly column and reviews frequently for the *Washington Independent Review of Books*, and serves on its board of directors. She also writes a bimonthly column for *Late Last Night Books*. Her short fiction has appeared in *Gargoyle* and *Pen-in-Hand*. Jenny is a member of PEN/America and the National Book Critics' Circle. Previously, she served as chair of the Washington Writers Conference and as president of the Annapolis chapter of the Maryland Writers' Association.

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"I don't care about the color of your skin or what books you read in the middle of the night, and I don't care who you love as long as that lovin' is done right."
 Irish Mythen

Artists' Collective in Elk Features Rachel Lahn in July.

The Artists' Collective in Elk will feature painter Rachel Lahn in July.

A colorful and textural artist, Lahn are about "movement flowing into shapes of color and light." The gallery is open every day from 11:00am to 4:00pm.

Lahn has been painting since her childhood. She has a BFA and an MAT from the Rhode Island School of Design (RSDI).

"I like my work to speak for itself. . . not too many words. I build abstract relief constructions out of canvas, plaster, wire and wood with mixed media. I paint them with



acrylic paint. Once started they take on a life of their own, one form inspiring the next. The gallery is located at 6031 South Highway 1, next to the Post office and Queenie's restaurant in greater downtown Elk. Information is at 707-877-1128.



One of the most difficult parts of the COVID pandemic (other than having the sickness) is the lack of accurate information. This is all pretty new stuff to most of us and that includes many of our health experts. While trying to keep us informed, authorities have issued what information they have, but further research has contradicted some of what we had previously been told. Add to that the intentional falsehoods that have been issued by the White House and it's minions and you have a real mess.

When people don't know what to believe, they generally tend to believe whatever they want. In the case of many Trump supporters that means believing the pandemic is an over-blown hoax and for those on the opposite spectrum, everyone on earth will eventually get sick and 3-5% of the world population is going die. As a curious, yet unimportant side note, fewer murders, drug overdoses, and traffic fatalities have led to over a thousand fewer deaths per day in 2020 than in a normal year even with the COVID deaths.

Adding to the confusion is the very considerable differences between regions. New York, New Jersey and Connecticut account for nearly a quarter of the COVID cases (604,365), and 40% of deaths, yet Montana, which is more than twice the size of those three states combined has had only 655 cases and only 20 people have died. You can see why levels of concern vary a lot.

Even within regions there are big differences. California, as a whole, still has case numbers rising yet here on the Mendocino coast we have had only two cases that I know of and we haven't had a new case in some months. That is partly due to the lack of population density as in Montana, but it also reflects that we are taking this virus very seriously. Our elected officials have taken this seriously as well and most Californians have more faith in our state leaders than they do in our national "leadership".

That brings us to the re-opening. We all wish that things would get back to normal immediately, but as the saying goes, wishing doesn't make it so. There are really two separate issues in play with re-opening. One is the official legal mandates. State and county authorities decide how and when various entities may resume normal operations. That includes the well-publicized phased re-opening that will allow businesses to return. The other issue is how comfortable people feel in different situations. I would be perfectly comfortable having a beer out on the deck at the

Chowder House in Point Arena, but there is no way I would attend a huge indoor gathering with thousands of strangers right now. I would have no problem attending a movie at Arena theater. Social distancing has never been much of a problem with movie audiences there. Generally you can have your own row if you like. But would I feel like attending a block buster movie release in a crowded multiplex? I doubt it.



Would you be comfortable going to a gathering of 10 people? How about 30? Or 100? We all have somewhat different answers to those questions. What about if those 100 people were all being respectful and wearing masks, but of that group of 10 only one person was wearing a mask? As you can see, none of this is simple.

The way I see re-opening is by what I call trusted tribes. Lately they have been called "bubbles". It begins with the people with whom you have been sheltering in place. We have a high degree of confidence in that group. We don't wear masks or socially distance when around each other. The next larger group are people you know well and trust that they too have been as careful as you. These could be relatives, friends, or neighbors. Then comes those people for whom members of your trusted tribe or bubble can vouch for. Bubbles over-lap so that someone in your bubble may be part of a bubble that includes people you don't know. What about them? These need to be folks that you feel confident are concerned about your well-being as much as you are concerned about theirs.

And so it goes. Until there is an effective vaccine that we all can get, people will be making their own decisions about what is safe and what is not.

Oddly, even when there is an effective vaccine, there will be the issue of those who are vaccinated and those who are not, either voluntarily or otherwise. There appears to be those who say they will not be vaccinated, either because they are afraid of vaccines in general or as a political statement.

Obviously, these anti-vaccers would be putting us all at risk, not just their personal

health, so we will see actions, both public and private, that may create another two-tiers of society. I can imagine people having vaccination cards to show to enter various locations, both public buildings and private businesses.

Any vaccine is likely to not be perfectly effective for everyone forever. Having potentially infected people mingle in a public building with those who have presumed, but certainly not absolute, protection from the virus seems irresponsible. And what restaurant owner would want to risk admitting potentially infected people into their restaurant? Maybe it would be take-out only for anti-vaccers.

How about concert producers? Would they want you to post your vaccine certificate number on your online ticket purchase? Might there be no point-of-sale tickets for large venues?

Another whole can of worms comes along with what businesses will be required to do in order to be allowed to open. Obviously, there has to be some requirements and in the case of businesses that were nearly failing before the pandemic, they may never return. Others may need to increase prices to account for their increased operating costs.

There are a lot of smart people thinking about these issues and we can only hope that they come up with some good ideas AND that the public is willing to go along with them.

Primary image by Tumisu from Pixabay. Q-mark added.

“Everything Trump says is incorrect and dangerous to the country.”

*Patrick Mallon, 73
Registered Republican*

*Source: New York Times, June 28, 2020

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Come See The Light: The Point Arena Light Station Has Re-opened!
Visit The Lighthouse Fridays, Saturdays and Sundays

The Point Arena Light Station reopened to the public for shopping, lodging and indoor and outdoor museums on Friday, June 19 at 10:00am. With the revision to the Mendocino County Health Department's (MCHD) Shelter in Place (SIP) order issued on June 11 the Light Station is able to resume operations as long as it adheres to the reopening guidelines. Initially the Light Station will be open from 10:00am to 3:30pm Fridays, Saturdays and Sundays and admission to the outdoor and indoor museums will be \$5 for everyone over 12 years old or \$25 per vehicle carrying up to eight people. Children under 12 are free, as are all Lighthouse members.

"We are so excited to be able to begin to welcome visitors back to the iconic Point Arena Light Station #496," says Mark Hancock, Point Arena Lighthouse Keepers, Inc. (PALKI) Executive Director. "My team has been working on processes, procedures, protocols, procuring materials needed, optimum layout of the social distancing markers and installation of required signage and disinfecting/sanitizing compounds so that we can ensure the safety of our guests and staff. We developed a comprehensive training package for all employees and put them all through the training on Tuesday. The team also provided valuable input to our training and process documentation and is looking forward to welcoming guests on Friday. The iconic 115' tall Lighthouse Tower – tallest on the Pacific coast – will sadly have to remain closed initially, as its tight dimensions in the Watch Room and Lantern Room and confined spiral staircase make it difficult to enforce social distancing and disinfection/sanitization for each tour. As a team we all agreed that it is in the best interests of our staff and guests to not allow tours in the Tower. We will revisit this as the State and County SIP Orders continue to be revised, but the health and safety of our guests and

staff will always take precedence."

The Light Station, which is celebrating its 150th Anniversary of lighting the way for mariners sailing along the coast, has introduced an outdoor museum to complement the existing museum that is housed along with the Gift Store in the 1896 Fog Signal Building. The outdoor museum offers visitors several historical, geological, artistic and unique features throughout the 23 acre



Light Station grounds. The newest feature is the Light Station Labyrinth. Located just inside the entry gate on the eastern edge of the Station, this stone labyrinth offers visitors a meditative and contemplative avenue to enjoy the Light Station grounds and views. Envisioned and funded by PALKI Board Vice President Laura Franklin, the labyrinth was installed by noted stone masons Julien Carmellino of France, Kevin Carman of Riverside, CA and Christopher Hamilton from New York. It is an unusual five circuit pattern designed by Marilyn Larson, a founding member of the Labyrinth Society (labyrinthociety.org) and Educational Chair of its Board. It is also the westernmost installation in the "Art Line," a series of walkable, interactive outdoor artworks across the heart of America along a 28 mile-wide band, centered on the 39th Latitude. The outdoor museum will also introduce visitors to the Druid's Circle,

the gazebo from the film "Forever Young" which was left after the 1992 filming was completed, Native Plant Garden, Whale Trail interpretive panel, several historical plaques and markers around the property, the unique stone entry fence, various trails and memorial and view benches and more.

"Please come out and support the Light Station in its 150th Anniversary year," continued Hancock. "Our Gift Store has 150th Anniversary pins and patches and a great variety of Lighthouse outerwear, jewelry, home décor, toys, books, artwork and more. Having drastically reduced income for the last 3 months has left the non-profit Light Station in severe financial straits, and your museum visits and Gift Store purchases will help us recover. I am also pleased to announce that our charming and unique rental cottages are open for guests as well. We will be following the Cal/OSHA guidance for lodging management, cleaning, disinfecting and sanitizing and will also adhere to the additional requirements in the MCHD SIP Order. I have already called over 40 of our regular guests and guests whose reservations I had to cancel due to the SIP Order that had asked to be notified as soon as we were open again and many have made new reservations. I am deeply grateful for the many generous donations we received since the closure and the people that became Lifetime Members to help support us."

The Gift Store and indoor museum will be operating under the MCHD rules for retail and museums, and all visitors will be required to wear masks and observe social distancing while in the Fog Signal Building. Masks and gloves will be available for purchase at the entry kiosk. For information about the Light Station museums, Gift Store and rental cottages visit PointArena-Lighthouse.com or call (707) 882-2809, ext. 1.

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KTDE Radio To Feature Mendonoman Jazz/World Fusion Duo Neon Egypt on Two Saturdays

There's been a distinct absence of live music on the Mendonoma Coast since the governor's "Shelter-in-Place" order (due to the Covid-19 pandemic). To help give us some of the music we've been missing, KTDE—the Tide Community Radio will present an exciting music event in July. KTDE is broadcast at 100.5fm.

Jazz/World Fusion duo Neon Egypt, featuring local Mendonoman saxophonist Harrison Goldberg and master percussionist Steven Miller are poised to release their

Featuring the "Tales Of Kings" Album July 11 and "Unearthed" July 18.

second CD album titled "Unearthed". Not just a new release, this new album was created, in part, from files recently uncovered in the band's audio vaults. The 12 tracks comprising this recording date back to a 1999 session that produced the duo's seminal and internationally popular first album "Tales of Kings". Getting there required the musicians to re-listen to 35 hours from their recording archive. No small task. But worth it.



To celebrate the band's discovery, and their imminent official record release on Friday, July 17, The Tide's Erin & John will highlight the music of Neon Egypt on two of their weekly Celtic Coasting radio shows. On Saturday July 11 their program will begin by playing selections from "Tales of Kings" at 5:00pm. A week later, on Saturday the 18th at 5:00pm, Celtic Coasting will showcase the exclusive broadcast premier of the album

"Unearthed" in its entirety.

It's always a musical treat to hear our coastal talents, and the opportunity to hear Neon Egypt over two weekends is a special event. Experience the flavor, mystery and imagery of Ancient Egypt as presented by Neon Egypt, the innovative and sonically unique Mendonoman Jazz/World Fusion duo. This unprecedented and exclusive event is not to be missed!

NOTE: Neon Egypt's new website goes live July 10th. NeonEgypt.com.

Crossword

by Margie E. Burke

ACROSS

- 1 Whale groups
- 5 They may be loaded
- 9 Razor sharpener
- 14 Grand tale
- 15 Corner pieces
- 16 TV teaser
- 17 Disney's Willie
- 19 Varnish ingredient
- 20 Horse handler
- 21 Nearly wipe out
- 23 Picked up the tab
- 25 For that reason
- 26 Wheelchair-friendly
- 30 Indian dignitary
- 34 Carpentry tool
- 35 Web address punctuation
- 37 Napkin's place
- 38 Fizzled firecracker

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- 39 Champion, as a cause
- 41 Little devil
- 42 Suffix with legal
- 43 Home addition?
- 44 Record company
- 46 "Nebraska" actor Bruce
- 48 Kirk's ship
- 50 Big galoots
- 52 Motel offering
- 53 Scottish castle
- 57 Shelled slow-mover
- 61 First sign of spring
- 62 Two-sided
- 64 Path to the altar

- 65 Unwanted look
- 66 Virus in 2003 news
- 67 Mythical goat-man
- 68 Nervous
- 69 Sitter's charge

DOWN

- 1 Coin in Cancún
- 2 Chooses, with "for"
- 3 South Beach, for one
- 4 Surgeon's blade
- 5 Remains of a wreck
- 6 U.N. workers' grp.

- 7 Outfitted
- 8 Big name in beauty products
- 9 Bit of parsley
- 10 Shake
- 11 Santa ____, Calif.
- 12 Skip over
- 13 Southern side?
- 18 Childhood illness
- 22 Mustard family plant
- 24 Non-essential
- 26 Stated further
- 27 Small jar
- 28 Autumn drink
- 29 Swell up
- 31 Suspect's out
- 32 Bond-Bond link?

- 33 Eden fruit
- 36 Lend a hand
- 40 Take the helm
- 45 Recliner part
- 47 That is to say
- 49 Old-school phone
- 51 Phony
- 53 Pastoral sounds
- 54 Soprano solo
- 55 Lean to one side
- 56 Served up a whopper
- 58 Carhop's load
- 59 Carefree adventure
- 60 Ultimatum ender
- 63 Journey segment

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"Stay Cool, Breathe Easy – the Blues are Back in Town!"
by Mary Jane Schramm, Greater Farallones National Marine Sanctuary

The day began at dawn, with seabird nesting in full swing. Pt. Blue Conservation Research biologists were hard at work in the Farallon Islands National Wildlife Refuge off San Francisco, the largest seabird rookery in the "Lower 48" states. This archipelago is the exclusive domain of wildlife, drawn there because of its situation in one of the richest ocean regions on the planet, NOAA's Greater Farallones National Marine Sanctuary in the California Current Ecosystem.

A small, dun-colored seabird's unusually early and remarkably successful breeding season this spring had drawn the scientists' attention, for Cassin's auklets' small bills allow them to eat only the smallest prey: krill. Tiny shrimplike crustaceans, krill are living

up, too. Indeed, on June 13, an astounding aggregation of over 47 blues were suddenly sighted from Southeast Farallon Island, their steel gray-blue backs stretching as far as the eye (aided by spotting scope) could see. They dove repeatedly, powerful flukes propelling their 150-ton bodies deep into thick layers of krill which they engulfed. Surfacing to breathe, one whale exhaled a high columnar blow of air and mist nearly 30 feet tall; simultaneously, it ejected a bright reddish-orange "fecal plume." In short, it pooped prodigiously in the sunlit sea.

This feast of the masses is possible only in a healthy marine ecosystem, unspoiled by oil drilling, dumping, and other degradation. This state of affairs, and the area's incredible capacity for sustaining a huge biomass of sea life, is not accidental. The Greater Farallones sanctuary lies adjacent to an urban center of eight million people, with industry, shipping, discharges and other infrastructural elements. The sanctuary's work of nearly 40 years has been to ensure the soundness of the ecosystem by protecting its habitats and its creatures, blue whales, for instance. But what do they do for us in



energy packets and a keystone species in the ocean ecosystem. Clearly, it was plentiful, and when that occurs, blue whales, at the extreme end of the size spectrum, may show

return?

return? **SUPERSIZED FOODIES:** Whales consume vast quantities of fish, squid, krill and other prey. But we humans often harvest these same species for our own needs.

So, if we kill the whales, won't there be more seafood for us? Such was the thinking in past centuries, but that logic was flawed. Turns out, when whales were hunted out of an area and their predatory pressure on krill and small fish removed, instead of rebounding, the fish and krill disappeared, too. What was going on?!

ANYONE GOING DOWN? Most whale species feed in the water column, diving up, down and sideways through layers of krill, and schools of fish. Some feed in the night-dark depths at nearly 10,000 feet. Their prey contains nitrates and iron, essential elements in photosynthesis. But photosynthesis cannot take place in the dark.

GOING UP! As air breathing mammals, whales must surface into the photic zone where sunlight penetrates, to fill their lungs with sweet, life-giving oxygen. As they rise, their flukes (tail) propelling them, they stir up nutrient-laden water. A whale's repeated dive-surface sequences create a piston-pumping action that results in vertical mixing of the waters and its suspended nutrients. The "fertilizer" becomes accessible to tiny marine algae which, when sunlight reaches them, burst into profuse life. Plant plankton absorbs carbon dioxide

(CO₂) from the atmosphere, a major factor in greenhouse gas-related climate warming. And marine plants' photosynthesis produces the oxygen we breathe—more, in fact, than rainforests. When the algae die, they sink to the sea floor, carrying with them carbon that remains there for millennia. But some are eaten by zooplankton – tiny ocean animals like krill – and larger creatures like fish and whales eat krill. And, when whales



approach the surface, voila! They'll often evacuate - copiously. More fertilizer for the sunlit ocean garden!

So, whales nourish the marine food web that culminates in the seafood we eat. And whales sequester CO₂ from our atmosphere, helping to reduce greenhouse gases that warm our planet. Thus, whales and their poop enrich our oceans and improve our atmosphere, our climate and our lives, in fundamental ways.

More info at <https://farallones.noaa.gov>.

Mary Jane Schramm
NOAA Greater Farallones - National Marine Sanctuary
Maryjane.schramm@noaa.gov
IMAGE: Far left: Blue Whales Aerial in CINMS. Credit: NOAA. Center: Bright orange whale poop reflects their pink prey, krill. Credit: Peter Winch/GFNMS-NOAA. Above: Blue Whales. Credit: NOAA. Dan Shapiro.

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SUDOKU Edited by Margie E. Burke

Difficulty: Easy

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HOW TO SOLVE:
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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San Francisco Mime Troupe's Annual Theatrical Performance • On The Radio
 The Tide (KTDE-100.5 FM) Presents the Troupe's 2020 Series of Radio Plays

Those of us on the coast are more than familiar with the San Francisco Mime Troupe. They've brought their annual creative new shows to Arena Theater in Point Arena for more than a decade.

The Tony-Award Winning San Francisco Mime Troupe thought that the presidential election would be the main event of 2020, but COVID-19 became an unprecedented global pandemic. For the health and safety of both the audiences and Mime Troupe members, a decision was made to cancel their traditional summer musical tour in Bay Area parks and at other Northern California venues, including Arena Theater in Point Arena. Rather than going silent, however, the Troupe is enthused to share their unique style of theatrical performance in a different way, producing their first ever serialized radio play, "Tales of the Resistance."

On Saturday, July 4, at 7:00pm, KTDE, The Tide Community Radio, 100.5 FM in Gualala, will present the first episode of the San Francisco Mime Troupe's nine-part series of radio plays, "Tales of the Resistance."

For long-time fans (and new audiences) a



question that may come to mind is, "Can the revolution be social distanced?" We will all find out this summer as the Mime Troupe presents four series of original political comedy audio plays, broadcast bi-weekly. Each of the episodes is written and performed by Mime Troupe veterans and newcomers, and each in a different style and genre, including Noir, Sci Fi, Horror, and Adventure. All episodes will be about 25 minutes long, and presented as podcasts and as radio programs on stations across the country.

The first four episodes of will be broadcast on KTDE, and are scheduled as follows:

•**Saturday, July 4 at 7:00pm** (and rebroadcast Wednesday, July 8, 7:00pm): "Jade For Hire: The Mystery of the Missing Worker".

•**Saturday, July 18 at 7:00pm** (and rebroadcast Wednesday, July 22, 7:00pm): "Novice Nurse, Susie Terse: The Price of Infection".

•**Saturday, August 1 at 7:00pm** (and rebroadcast Wednesday, August 5, 7:00pm): "Fear of the Dark: The Good Cop".

•**Saturday, August 15 at 7:00pm** (and rebroadcast Wednesday, August 12, 7:00pm): "Dimension 2020: It Came . . . From R&D".

Like the original July/August episodes, the second series, which begins August 29, will have two episodes each, cycling into the autumn, culminating in the ninth episode where all four storylines converge for the astounding finale in October.

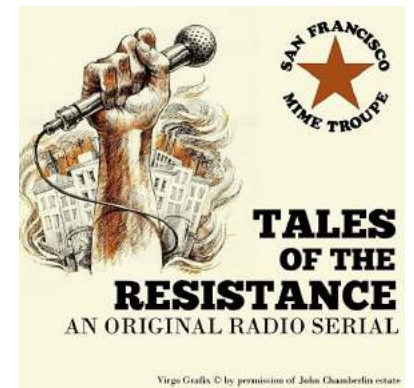
"Tales of the Resistance" will be best appreciated by audiences over the age of 12. With parental guidance, younger audience members will enjoy

the creative characters, original music, and sound effects.

SFMT's "Tales of the Resistance" radio plays have been written by Michael Gene Sullivan, Ellen Callas, and Marie Cartier, with music and lyrics by Daniel Savio, and with additional lyrics by Marie Cartier. Velina Brown is the director, and Dred Scott is the music producer, with sound design and engineering by Taylor Gonzalez and stage management by Karen Runk.

Featured performers include Andre Amartico, Velina Brown, Lizzie Calogero, Keiko Shimosato Carreiro, Marie Cartier, Marissa Ellison, Amos Glick, Lisa Hori-Garcia, Ed Holmes, Brian Rivera, Michael Gene Sullivan, and many more! The SFMT Band includes Dylan Jennings on wind instruments; Dred Scott on keyboards, guitar, bass, percussion; and Daniel Savio on keyboard.

Most of the lyrics for "Tales of the Resistance" are written by Daniel Savio, the son of famed 60s activist Mario Savio -- a leader of the Free Speech Movement at Berkeley in the 1960s. Additional information, including the history of SFMT, photographs, and SFMT bios, can be found on the San Francisco Mime Troupe's website: www.sfmt.org. Arena Theater will also post the schedule on its website: www.arenatheater.org.



Note: KTDE The Tide Community Radio thanks Marissa Ellison, San Francisco Mime Troupe, Arena Theater, Blake More, and all who helped make this production possible.

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Haiku for July

**"heat waves
 over a dry riverbed
 red tail hawk"**

by mai haiku

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Get Out! July Events. Opera, Theater, Art, Radio and more.

Please be advised that many events currently on the schedule are VIRTUAL events. They will be done remotely with attendees and guests participating through an internet connection. Most virtual events can be accessed from home with a good internet connection.

- Wednesday 01: 11:00am, Artist's Collective in Elk has Rachel Lahn. Open daily until 3:00pm
- Thursday 02: 1:00pm, National Theatre Live "Les Blancs" at Arena Theater.
- Friday 03: 10:00am, Pt. Arena Lighthouse open every Friday (until 3:30pm)
- Friday 03: 11:00am, Coast Hwy Art Collective presents 4 area artists; exhibit on the patio.
- Saturday 04: 10:00am, Dolphin Gallery reopens with Ling-Yen Jones and Barbara Kelley.
- Saturday 04: 7:00pm, S. F. Mime Troupe "Tales of Resistance: Jade for Hire" KTDE, 100.5*
- Wednesday 08: 7:00pm, S. F. Mime Troupe "Tales of Resistance: Jade for Hire" KTDE, 100.5*
- Thursday 09: 1:00pm, National Theatre Live "The Deep Blue Sea" at Arena Theater.
- Saturday 11: 10:00am, Pt. Arena Lighthouse open every Saturday (until 3:30pm)
- Saturday 11: 5:00pm, Neon Egypt radio special featuring "Tales Of Kings" on KTDE, 100.5
- Sunday 12: 10:00am, Pt. Arena Lighthouse open every Sunday (until 3:30pm)
- Thursday 16: 1:00pm, National Theatre Live "Amadeus" at Arena Theater.
- Thursday 16: 7:30pm, Third Thursday Poetry: A virtual event.
- Saturday 18: 5:00pm, Neon Egypt radio special featuring "Unearthed" on KTDE, 100.5
- Saturday 18: 7:00pm, S. F. Mime Troupe "Tales of Resistance: Novice Nurse" KTDE, 100.5

AUGUST:

- Saturday 01: 7:00pm, S.F. Mime Troupe "Tales of Resistance: Fear of the Dark" KTDE, 100.5*
- Thursday 13: 4:00pm, Art in the Redwoods Boxed Hat Dinner
- Friday 14: Art In The Redwoods. Schedule and times to be announced.
- Saturday 15: Art In The Redwoods. Schedule and times to be announced.
- Saturday 15: 7:00pm, S.F. Mime Troupe "Tales of Resistance: Dimension 2020" KTDE, 100.5*
- Sunday 16: Art In The Redwoods. Schedule and times to be announced.

* Note: SFMT episodes are broadcast Saturday and repeated the following Wednesday.

* Note: Streaming is continuous (the play repeats) for 7 days.

** Note: Virtual exhibits are available to view 24-hours a day.

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