

Mendocino Coast's

Lighthouse Peddler

The Best Original Writing, plus the Guide to Art, Music, Events, Theater, Film,
Books, Poetry and Life on the Coast

Art in the Redwoods Festival Art, Food, Music, Fun August 18-21 at Gualala Arts

In a typical year, Art in the Redwoods brings many emotional connections together for all of us. There's live music, artisans showing and selling their art, food to delight the palates and, of course, art. When it comes to the art, visitors will find not a random collection of paintings, watercolors, etchings, sculptures, photographs and more, but an amazing display of art created just for this annual event. Art in the Redwoods will run from Thursday, August 18 through Sunday, August 21.

In a typical year, between 250 and 300 individual works of art will be on display during Art in the Redwoods, and awards will be made for the art that inspires (or impresses) the judges the most. Whether inside or outside of Gualala Arts' 15,000 square foot architectural gem, all the art will inspire and delight.

Advance tickets are required, and . . .

... Continues on Page 2



You are Invited to Harborfest 2022!

A Fundraiser for the Point Arena Pier Repair & Replacement Fund!



Sunday September 4
Noon - 6pm
Point Arena Cove & Pier

Join us for:

- Local Seafood Local Craft Beer
 - Live Music Kids Area
 - Silent Auction

Good Times for a Good Cause!

Coast Highway Art Collective—New Exhibit Opens August 6 "Dreamscapes – works of creativity and vision"

The community is invited to an opening reception for "Dreamscapes—works of creativity and vision" at the Coast Highway Art Collective in Point Arena on Saturday, August 6 from noon to 5:00pm. Local artists Elizabeth Beronich Solomon, custom clothing and fabric sculptures and Linda Green, painting and ceramics, will be exhibiting new and exciting works. The show will be open to the public from August 5 through August 29.



Beronich Solomon comes from a technical theatre background. She worked in major regional theatres throughout the country for 25 years in costume design. She brings those technical skills to her work in making unusual one-of-a-kind sculptural books, illustrations, fiber-based art objects, and wearable art.

Taking inspiration from her insatiable interest in science, science fiction, and alternate histories/worlds/realities, most of her works are visually based. Preferring that the observer brings his/her own story/perception to the work, the viewer is invited to create a new interpretation, based upon the re-

lationship created by the individual's interaction with the artist via the work. Beronich Solomon hopes her works draw the observer into the various worlds she has created.

Green considers herself a process artist working in both non-traditional oil painting and ceramics. Her work leans toward the abstract. "Although I begin my work with something in mind, I am open to exploration throughout the development of my art,"

Green says. "The plan will often change in response to opportunities that arise during the creative process." She begins by preparing her canvas with a textured surface. "Although it is applied randomly it plays a strong role in the finished art as it becomes a dialog between the textures and the subject which inspires the work. I work in oil applied in thin washes to slowly build up. In

paint or in clay it is a process of building and taking away until I find the balance in motion," she explains.

Her subjects are often inspired by organics; where she spends time looking at things under a microscope or gathering inspiration from the ocean, pieces of shell and

other found materials. She is keenly interested in counterbalances; in nature, in people, in relationships.

The Coast Highway Art Collective in Pt. Arena, has created a GoFundMe campaign to reach out to everyone in our art world and beyond. Our beautiful, but very old, building desperately needs a new roof. The current roof is over 25 years old and starting to create problems for all the beautiful, but delicate, artwork

it should be protecting. Visit the campaign at https://www.gofundme.com/f/save-point-arena-gallery-with-new-roof

The show runs through the end of the month during regular gallery hours, Friday through Sunday, 11:00am to 4:00pm. The gallery is located at 284 Main St., Point Arena, the little red building with the big yellow sun, next door to Redwood Credit Union.

ART IN THE REDWOODS from cover ... although Art in the Redwoods doesn't begin until August 18, all tickets can be purchased now through EventBrite.com. Tickets for the Boxed Hat Dinner are \$150 each (and each ticket includes a \$100 donation letter;) tickets for Friday's Champagne Preview are \$25; tickets for the festival days—Saturday and Sunday—are \$10 each, and you can select whether you will be arriving in the morning or afternoon.

You will find many of the individual offerings at this year's Art in the Redwoods covered in detail inside this issue of the Lighthouse Peddler. There's the art on display and the awards the artists are hoping for, there will be musical performances, vendors' offerings, the Boxed Hat Dinner, the Champagne Preview, and the weekend festival days.

Visitors and locals should note that in anticipation of Art in the Redwoods, Gualala Arts will be closed from August 8 through the 17th, reopening on the 18th with the Boxed Hat Dinner. And the Dolphin Gallery will be closed from August 1 through August 12, due to its move to the new location in the Sea Cliff Center (next door to Trink's Café). The Dolphin Gallery will reopen on Saturday, August 13 to welcome a new exhibit featuring the work of Judith Greenleaf.

Art in the Redwoods is for everyone. Whether you're looking for new inspiration or good old fashioned fun, make a visit to Gualala Arts for Art in the Redwoods.



"Experts on romance say for a happy marriage there has to be more than a passionate love. For a lasting union, they insist, there must be a genuine liking for each other. Which, in my book, is a good definition for friendship."

Marilyn Monroe (1926-1962)

Farmstead Atop Gualala Mountain With Views That Stretch To The Sea



High above the fog, this fantastic 40-acre parcel is one of three residential islands rising from the vast redwood forest. Fronting on 12,500 acres owned by Mendocino Redwood Company w/37,000 acres of The Conservation Fund holdings as a backdrop, offering an un paralleled depth of privacy & seclusion yet is only 10 miles from shopping, beach access and the amenities of Anchor Bay. Into this sea of green drop a bright yellow 2-bedr. home, barn/workshop, sparkling in-

green drop a bright yell ground pool a coop and dog a county-mainta internet, overs system with industry preap

ground pool along with terraced container gardens, chicken coop and dog run to complete your agrarian dream. Access via county-maintained road, 20 gallon per minute well, hi-speed internet, oversized septic and a complete off-grid solar power system with both battery and generator backup. Cottage industry preapproved by Mendocino County. \$695,000



Banana Belt Properties

J. Moloney Scott, Broker #00795487 (707) 884-1109 35505 SO. HWY 1 ANCHOR BAY E-MAIL: BANANA1@MCN.ORG

ADVERTISERS INDEX

• KGUA

• Anchor Bay Store 14 • KTDE 12 • KZYX • Arena Frame · Arff Feed and Pet • Little Green Bean Banana Belt Properties 2 • The Loft • B Bryan Preserve back cover • Mario's Upholstery **Front Cover** · City of Point Arena · MTA • Office Source • Denise Green Discovery Gallery 2 • Phillips Insurance • Four-Eyed Frog Bookstore • Point Arena Light Station • Franny's Cup & Saucer · Red Stella • Garcia River Casino • Redwood Coast Democrats 16 • Gualala Arts • Rollerville Cafe • Gualala Building Supply 14 • Sea Trader, The • Gualala Supermarket 6 · Skunk Train • Ignacio Health Insurance · Village Bootery Koastal Kitchen Shop · Zen House

Action Network

Our thanks to August contributors including Rozann Grunig, Mai Haiku, Mitch McFarland, Blake More, Mihaela Papa, Mary Jane Schramm, David Steffen, Karin Uphoff and Jennifer Bort Yacovissi.

Cover Image created from original works displayed in prior exhibits by these artists:

Chris Mengarelli (upper left), Larain Matheson (upper right); Bill Oxford (center right); Scott

Chieffo (lower right); Ling-Yen Jones (lower left); Dana Arden Peterson (center left).

Read the Peddler Online-Its Free & In Full Color! www.thelighthousepeddler.com

Lighthouse Peddler

Dolly Steffen: Publisher, Production Mgr.
David Steffen: Editor, Designer
lighthousepeddler@mcn.org

(707) 684-1894
P.O. Box 1001
Point Arena, CA 95468 www.thelighthousepeddler.com

FROM THE EDITOR'S DESK

- August means many things but mostly, Art in the Redwoods! (Cover).
- The Coast Highway Art Collective is dreaming. Come join them. (Page 2).
- We can look up at the moon. But have you seen it from the Lighthouse tower? (Page 4).
 - Reeds and keys wasn't enough. Now there's a voice too. (Page 4).
- Poetry in August is live at Arena Market and virtual if you prefer. (Page 5).
- ${\bf \cdot 00}$ Change is in the wind. Transitions are coming. Read about the Peddler. (Page 5).
- Every day on the coast is a great day. And Elk knows how to celebrate. (Page 6).
- This skunk will bring funk. And that's a very good thing. (Page 6).
- Tired of singing alone in the shower? Join with others and sing away. (Page 6).
- A yellow gem needs some praise. See what Karin has to say. (Page 7).
- Not your ordinary red neck. Anna's Hummingbird is a wonder. (Page 7).
- You'd think after 50 years all would be well. Well? Get an update. (Page 7).
- 4 The new Dolphin will open with a new exhibit. Greenleaf will be there. (Page 8.)
- **3** Get out on the road and discovery the Studio Tour. (Page 8).
- Sophia brings her ceramic art to Elk. Time to stop into the Elk Gallery. (Page 8).
- 7 Leave it to Shakespeare to tell a wild tale. Henry will be at Arena Theater. (Page 8).
- 4 Looking for something different? TSR has at least 10 ideas for you. (Page 9).
 - Turning plowshares into hit records. Rockfield will give you the details. (Page 9).
 - A quick list of events at AIR on Saturday & Sunday, 20 & 21. (Page 9).
 - Clark Gable and democracy. Explain that to me, please. (Page 10).
 - Our monthly haiku hits August perfectly. (Page 10).
 - What a novel idea. A school for good mothers. Read Jennifer's review. (Page 11).
 - Need some help picking out a new book? Check our list. (Page 11).
 - The internet. We're constantly learning more, and Mitch is here to fill us in. (Page 12).
 - I love puzzles and so do you. Or, Sudoku with us. (Page 12).
 - Harborfest proves it can be fun to raise money for a good cause. (Page 13).
 - Feel like hearing a September song? Whale & Jazz will take care of that. (Page 13).
 - Our update on what's new between Timber Cove and Jenner. (Page 13).
 - I could give you the answers but then it wouldn't be fun. Try the crossword. (Page 14).
 - MJ has a question for you. Are you ready to rumble? (Page 15).
 - Seven years on, Mark will tell us what he's learned. (Page 16).
 - It's plain. It's plane? No. It's Plein. Join the affair. (Page 16).
 - What to do, what to do? Check out "Get Out"!? (Back cover).

"Snow is cold, rain is wet, Chills my soul right to the marrow
I won't be happy till I see you alone again
Till I'm home again and feeling right
Till I'm home again and feeling right"

From "Home Again" by Carole King (1942-)



GUALALA

The Sea Trader is a fine

emporium of delightful and heart-felt gifts including beautiful handcarved sculptures from Thailand, spiritual books, greeting cards, CD's and much much more. . . .

884-3248

Hwy. One, N. Gualala Daily 10-5, Sun. 11-5



The Loft
Creativity Soars Upstairs
Quilting, Fine Yarns, Fabrics,

Arts & Crafts, Handmade Gifts, Jewelry

884-4424 • Tue - Sat / 10 - 5 Sundstrom Mall, Gualala



TheZenHouse.net



Full Moon Night Tour at Point Arena Lighthouse, August 13 Full Sturgeon Moon Expected For Visitors and Star Gazers

The Point Arena Lighthouse continues its popular Full Moon Night Tours with an (almost) Full Sturgeon Moon Night Tour on Saturday, August 13. Gates will open at 8:30pm and the tour starts around 9:00pm. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

The evening will feature a special presentation about the Light Station's history and technology, sweet and savory snacks accompanied by champagne or sparkling juice, capped off by a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast under the rising full moon—if the weather cooperates, of course! An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$25 per person for two or more guests. Reservations must be made at least three days in advance of the tour. While the tours are scheduled to coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety

issues for the guests. In the event the tour is cancelled, guests will receive a full refund.

According to the Old Farmer's Almanac some Native American tribes in what is now the northeastern United States called



the August full Moon the Sturgeon Moon because they knew that the sturgeon of the Great Lakes and Lake Champlain were most readily caught during this full moon. Other tribes called August's full moon the Full Green Corn Moon signaling that the corn was nearly ready for harvest. Other examples for August are Wheat Cut Moon (San Ildefonso and San Juan), Moon When All Things Ripen (Dakota Sioux) and Blueberry Moon (Ojibwe).

"Our Full Moon Night Tours have frequently sold out well in advance, and guests always marvel at the moon rising over the

hills east of Manchester or Point Arena just as we arrive at the top of the Lighthouse Tower," says Mark Hancock, Point Arena Lighthouse Executive Director. "Come enjoy this unique coastal experience!"

The Lighthouse offers Full Moon and (almost) Full Moon Night Tours throughout the year, see their website PointArenaLighthouse.com for details. Tours are conducted if a minimum of eight guests sign up and are limited to a maximum of 20 guests. If the minimum is reached three or more days prior to the tour the Lighthouse will accept additional reservations up to the day of the Tour. For more information or to make a reservation, call the Lighthouse at 707-882-2809, ext. 1 at least three days prior to date of your desired tour.

Image by Ganapathy Kumar at Unsplash.

Reeds 'n' Keys Performs The Great American Songbook August 11 Vocalist Bippy McMaster Joins the Group at The Sea Ranch Lodge

Alysia Calkins & Dorothy Barrett's

Rollerville
Cafe

882-2077

Outdoor Deck
Delicious Caring Homestyle Fare
Monday - Thursday & a.m. - 2 p.m.
Friday & Saturday & a.m. - 7 p.m.
Sunday & a.m. - 2 p.m.

2 minutes north of Point Arena on
Hwy. One at Lighthouse Road

On Thursday, August 11, Reeds 'n' Keys returns to Sea Ranch Lodge with an evening of great music from 6:00pm to 9:00pm in The Fireside Room. Reeds 'n Keys, the newly minted jazz duo of saxophonist Harrison Goldberg and keyboardist Lenny Kaplan (who performed together on the Mendonoma Coast many years ago) will be joined by Chanteuse, Bippy McMaster performing iconic selections from The Great American Songbook. Along with a repertoire of blues, ballads, swing, show tunes, and originals, Goldberg, Kaplan and McMaster (who is the pianist's wife), will pay homage to some of the great songmasters including George

Gershwin, Cole Porter, Rodgers and Hart, and Irving Berlin.

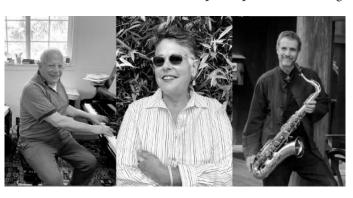
Harrison Goldberg is a familiar face to ears residing from the North Bay counties to the Mendocino Coast. His talents with the alto sax are well known to area music lovers. He's also a multi-instrumentalist

(and painter), who is constantly creating, which helps explain the variety of musicians with whom he performs. This Thursday evening, August 11 performance is a great example.

Composer, gifted accompanist and pianist, Lenny Kaplan was born in San Francisco, and

born to music. As with many members of his family (his father was an accomplished violinist), Kaplan took to music, playing trumpet with the acclaimed Billy Robinson jazz band while starting his lifelong scholastic journey at Skyline College, San Francisco State University and the San Francisco Conservatory of Music. He always had a piano, but only became serious about playing it when his first child was born. Studying and playing piano consumed him during this time, and the piano has been his mainstay ever since.

Describing the uniqueness of McMaster's vocal approach to her repertoire, Goldberg added "While most people today are unfamiliar with the vocal verses that introduce these classic songs—indeed these days many are hardly ever played—vocalist McMaster takes a special pride in including



KEEP
CALM
HEALTH INSURANCE PLANS
HEALTH INSUR

35512 S. Hwy 1, Anchor Bay

Across the street from the Anchor Bay Store

Vanessa Ignacio Agent / Broker

884-4640

Get Covered, Now!

vanessa@ignaciohealth.com 0K08156 | 0H53499 them in her performance, as well as testing her audience to see if they can identify the tune that follows. McMaster expresses strong feelings for her love of music: "It has been said that a culture that does not sing has no soul. We have all experienced the power of song to transport us to warm, familiar places & times; to remind us of the best we can be."

Admission to this event is free. The bar, lounge and dining room will be open for service during the performance. The Sea Ranch Lodge, 60 Sea Walk Dr., Sea Ranch.

Gualala Poet Dana Teen Lomax Featured August 18 At Third Thursday Poetry and Jazz

On Thursday, August 18, at 7:15pm The Third Thursday Poetry & Jazz Reading Series will feature Gualala Poet Dana Teen Lomax. The reading will take place at the Arena Market cafe (as well as virtually via Zoom) and will begin with live improv jazz, followed by a featured reading with Dana Teen Lomax, then an open mic with jazz improv, and finally the reading will conclude with more live improv jazz.

A fourth-generation Californian, Dana Teen Lomax has lived on the Mendonoma Coast for nearly three years. She currently serves as the 2021-2022 Poet-in-Residence at the Gualala Arts Center and looks forward to writing and collaborating with the Gualala Arts community.

The daughter of a painter and a builder,

Lomax began writing poetry as a child and remembers melting crayons in her bedroom and drawing poems around the swirls of color as a way of dealing with her parents' divorce. Early on, she knew that language had the ability to help people understand experience, help us sort, uncover, and/or complicate how we see the world. In high school, she borrowed a copy of e.e. cumming's selected poems at the local library, and the possibilities on the page shifted tremendously for her. Lomax began to see poetry as a deep conversation with form, with the reader, with ways of directing experience and connecting with others in intimate ways.

To date, Lomax has published three large scale editorial projects and three books of poetry as well as numerous other chapbooks, broadsides, and discreet poems. Her most recent anthology includes work from every US state, district, territory, and commonwealth and is entitled "THE BEAUTI-FUL: Poets Reimagine a Nation". About the project, Juan Felipe Herrera writes, "Each author here, each photographer here, each moment here can change our lives." This project was published by Gualala Arts and copies of the anthology are available through the Arts Center. Lomax also edited Kindergarde: Poems, Plays, Stories, and Songs for Children which received a Creative Work Fund Grant as well as the Lion and Unicorn Award for Excellence in North American Literature from John Hopkins University Press. Dr. Cornel West calls Lomax's earliest editorial project, Letters to Poets: Conversations About Poetics,

Politics, and Community, both "courageous and visionary."

In her own writing, Lomax draws from a wide range of influences, including Walt Whitman, Leslie Scalapino, Myung Mi Kim, bell hooks, George Oppen, and an array of visual and performing artists. Her current project, -unnamed-relation-, considers the links and jumps between ideas, people, and ourselves in the world. Poems

from this manuscript have been published in the American Poetry Review, The Elderly, and The Pi Review, among others.

High points in Lomax's career include when her book, Disclosure, was chosen by the Guerilla Girls as one of their favorite poetry books of the year, and the broadside printing of her poem "Lullaby"

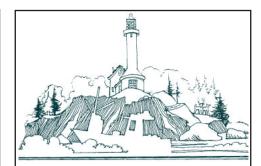
by Arion Press in San Francisco. "Lullaby" originally appeared in Al-Mutanabbi Street Starts Here, an anthology of work documenting and responding to the 2007 bombing of the bookseller's district in Baghdad, Iraq. Lomax was honored that Arion Press chose to typeset and print 100 copies of the work.

A lecturer at San Francisco State University for over two decades, Lomax has taught writing in schools, prisons, libraries, hospitals, pubs, and farmers' markets. She served as the Director of Small Press Traffic, the Human Rights and Equity Chair for her teacher's union, and as a traveling poetteacher with the Performing Arts Workshop, the William James Association, and California Poets in the Schools.

Lomax's creative projects have received grants and awards, including from the California Arts Council, Marin Arts Council, Peninsula Arts Foundation, Intersection for the Arts, the San Francisco Foundation, and others. This past year, Lomax enjoyed virtual residencies at the Banff Arts Centre in Canada and Cel del Nord in Barcelona.

Lomax's current projects include completing a graphic novel with a former middle school student, Peyton Alexander, making poem-films, writing a musical with her identical twin sister, and completing a short documentary about inequity in California's education system. Find out more about Lomax's work at danateenlomax.com.

Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.



The Lighthouse Peddler Is For Sale

Yes. If you've heard anything about the Lighthouse Peddler being for sale, it's true. After almost seven years of publishing this wonderful monthly source of the best original writing, plus the guide to art, music, events, theater, film, books, poetry, environmental issues and life on the coast, we've decided to move on.

This was not an easy decision, but we believe that it's time. We'll tell you more in coming issues. For now, we wanted you to be the first to know.

We began our 7-year journey with the Peddler following (the 8 years of stewardship by Mitch and Madeline).

We are grateful for the generous support we have received from our writers, advertisers, readers and our coastal community since our first issue in January 2016.

So, if you or someone you know has always thought about publishing a monthly newspaper, now is the time to let us know. Through the end of the year, the Peddler will continue to be a labor of love for us.

For now, please know that this is our plan. We believe that the only thing that will make this happen is for another person who wishes, as we did seven years ago, to become the publisher and editor of the Lighthouse Peddler.

Contact Mitch at (707) 882-1726 or The Lighthouse Peddler at (707) 684-1894 for more information.



Gualala Arts SINCE 1961

SINCE 1961 707.884.1138 GualalaArts.org 46501 Old State Hwy Gualala, CA 95445

Art in the Redwoods
Be Part Of The Festival!
Advance Tickets are Required
and are available now at
EventBrite.com

Aug. 18: Boxed Hat Dinner Aug 19: Champagne Preview Aug 20 & 21: Art, Artisans, Food, Music, Vendors, Fun.

The New
Dolphin Gallery 3.0
Opens August 13 at its New
(Location Next to
Trink's Cafe in Sea Cliff Center)
39140 Highway One, Gualala
Open Thu-Mon, 10am to 4pm
• Explore the new Dolphin Gallery
• Find art, jewelry and gifts

Find art, jewelry and gifts
Get Your Advance Tickets
(required) for Art in the Redwoods
In-person and Will-call Tickets at the new Dolphin Gallery

"From the Beginning"
Art from Judith Greenleaf
Artist Reception
Saturday, August 13, 4-7pm
at the New Dolphin Gallery 3.0,
at Sea Cliff Center, next to Trink's)

Call to Artists • Plein Air Affair Apply Now! Registrations close Aug 15

Gualala Arts: Open daily, II - 4
Dolphin: Open Thu-Mon, IO - 4
Gualala Arts and Dolphin Gallery are respectfully
requiring all visitors to wear masks indoors, and
proof of Covid vaccine required for all ticketed
events until further notice.

"Although I believe affection and romance should be shown all year around, it's always smart to have a good plan up your sleeve for Valentine's Day."

Marcus Samuelsson (1970-)

Х	Г	П	В		Ι	S	Ν	A		S	Τ	Ν	0	M
Ν	П	U	П		\vdash	\vdash	0	U		П	Γ	3	Z	A
3	ש	\subset	U		U	П	\dashv	\forall	\dashv	Ø	\triangleright	Λ	П	П
3	M	Α	Ν	К	၁	Ι	Ν		S	Α	Н	0	٦	Α
Τ	_	N	П	刀		Я	П	\dashv	\forall	Г	ъ			
			٦	Α	Ν	0	В	0	0		S	S	П	\Box
S	S	3	S	В	0		Τ	Ν	3	M	Α	Ν	Я	0
0	Ð	3		M	Ι	П		К	٦	3		3	У	П
Μ	Α	٦	S	3	٦	0	၁		3	Ν	0	Н	Ь	Ι
Τ	Ν	Α	В		٦	0	Ι	В	Τ	-	Λ			
			3	Ν	Τ	Ð	Ν	3		M	Α	3	Τ	S
M	3	3	П	3	Я		3	Э	Ν	3	Τ	Ν	3	S
3	٦	æ	Α	Ι	Ι	A	S	Ν	Ι		Ζ	0	ש	1
Н	ອ	Ι	3	٦		Α	Я	Α	Ь		3	Я	Α	M
Τ	0	9	Я	Α		В	Α	Э	S		Э	D	Э	Α

Solution to Crossword:





Great Day In Elk Saturday, August 27

The 46th fun-filled "Great Day in Elk" returns Saturday, August 27 from noon until dusk. It's a day of fun, food, music, and it all begins with a parade, starting at noon on Highway 1.

They'll have floats, tykes on bikes, Smokey the Bear and more. A carnival follows, with game booths and prizes and doit-yourself craft projects for children, plus a \$100 grease pole, watermelon-eating contest, sack races, crafts fair, silent auction and a raffle. Entertainment includes live music with Mama Grows Funk, the Real Sarahs, Jeremiah Apellido, belly dancing by "The



Trillium
Tribe" and
the fabulous cake
auction.

Daytime food includes tamales,

Caesar salad with and without chicken, fresh baked focaccia bread, Moroccan lentil soup, old- fashioned hot dogs and lots of homemade goodies; and fresh- pressed Greenwood Ridge apple cider, and Elk's famous margaritas, along with soft drinks, beer and wine.

Dinner is served from 4:00pm to 7:00pm by the chefs of Izakaya Gama of Pt. Arena. Choice of Teriyaki Chicken or Curried Tofu Salad Sandwiches with cole slaw, Japanese potato salad and Yuzu sesame salad.

So, come to the "Great Day" in the coastal village of Elk, located 5 miles south of Highway 128 on Highway 1, and enjoy a fun-filled family day while supporting the Greenwood Community Center. For more information call 877-3291 or go to www. elkweb.org. No dogs, please.

Skunk Funk Delivers at Arena Theater August 13

A Fusion of Alternative Rock, Ska, Reggae, Funk and Hip-hop

Arena Theater presents Skunk Funk, Saturday, August 13. The band something for

everyone. Whether your taste leans toward Alternative Rock, Ska, Reggae, Funk or Hip-hop, Skunk Funk's unique ability to truly deliver something for everyone makes this a musical tour de force. Doors open at 8:00am, show-

time at 8:30pm. Tickets \$20, \$10 youth (17 and under), available at the door or online.

The group, comprised of Bobby "Bobo the Sequel" Roses (Lead Vocals/Bass), Max "Billion Powers" Gee (Vocals/Guitar), Bryan "Cuban-B" Rose's (Vocals), and Ryan Blodgett (Drums), is rapidly bringing this San Francisco area band to the forefront. This is a band that brings high energy performances for all ages.

Over the course of the last four years, Skunk Funk has released an independently produced EP entitled "Too Fresh to Function," a full-length album, "Possession 4 Sale," and followed that with 2018's "Cirque Du Skank" EP, which includes a music video. The band's latest full-length album, "Skunk

Soup", was served up in January 2021, and their recent single, "Mandatory Vacation," is a testament to the tenacity of pandemic life and how we all deserve a mandatory vacation.

Skunk Funk has shared the stage with many dif-

ferent acts including The Black Keys, Zac Brown Band, Fishbone, Primus, Violent Femmes, Joan Jett, Cake, Rodrigo y Gabriela, Train, Michael Franti, Bad Religion, The Black Crowes, The Flaming Lips, The Aggrolites, RBL Posse, Indubious, Bumpin' Uglies, Mystic Roots, Prezident Brown, Marlon Asher, Baby Bash, Paul Wall, Fortunate Youth, Yukmouth, and others. For more about Skunk Funk visit https://www.skunkfunkofficial.com/.

The Arena Theater bar and snack stand will be open. Maybe it's time to get back into great live music.

CoastSing, is Looking For More Voices! All Voice Parts Are Needed For Fall Performances

CoastSing, previously known as The Coastal Singers, under the direction of Sue Bohlin, is looking for new singers for their Fall season which begins in September. Please call Sue at 884-5477 for more information.

All voice parts are welcome but basses and sopranos are especially needed. Some singing or musical experience is necessary and music reading is preferred but not required if you learn well by ear and can memorize. The group practices at the Arts

Center on Mondays. (Additional practices or sectionals may occur on different days or nights and at different locations).

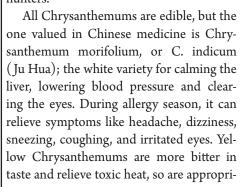
CoastSing welcomes professional musicians and amateur music lovers and presents music from many genres: classic popular music, as well as newly composed songs, classical, folk, and jazz. A small membership fee is charged (less than \$10 per session) and is waived for ringers and for those with economic hardships. Another great way to enjoy the coast.



Words on Wellness • Yellow Gem by Karin Upboff

August marks the beginning of harvest and celebration of late summer flowers. Many of these garden favorites have become naturalized and quite a few are edible. Even the festive dahlia is a close New World relative of sunflowers and Jerusalem artichokes. In addition to the petals, you also can eat dahlia bulbs, though not all are tasty and texture varies. I have only nibbled, but they are apparently better steamed or blanched in salads. The simple flowered bulbs were traditionally eaten and now heirlooms such as 'Yellow Gem,' are grown for their better

flavor, as modern hybrids, bred for fluffy flower heads, have lost theirs. The wild, tree dahlia was called acocotli by the Aztecs, meaning "water cane." They valued the plant especially as a source of water for traveling hunters.



ate for symptoms such as fever, sore throat, and colds. Pick flower heads that have not fully opened yet - they should be aromatic and yellowish white in color. Dry to use as a tea for longevity as it is in China. Our local 'wild' yellow variety is corn chrysanthemum (C. Segetum), good for inflammation and headaches just like feverfew (C. parthenium) that we grow in our gardens.

Marigolds (Tagetes spp.) are primarily endemic to Mexico and Central America, regardless of common names like French marigold and African marigold. You should

only consume marigold petals and not their leaves or stems. For the best flavor, try French marigold (T. patula), Gem marigolds (T.tenuifolia) or Mexican mint marigold (T. lucida). These flowers taste mildly citrusy or

spicy, depending on variety. Add petals to stir fries and cookies - they are rich in antioxidants that protect our eyes. Like marigolds, you can enjoy only the petals of carnations (Dianthus spp.) rather than the entire flower. Use as a garnish or steeped in wine, pickled, or in syrups. They have a sweet and spicy taste that's great on salads and in rice dishes.

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of **Botanical Body Care: Herbs and Natural Healing for Your Whole Body**. Learn more at: www.karinuphoff.com. . Photo by Note Thanun on Unsplash

Anna's Hummingbird: Brilliant!

In some Native American cultures, the hummingbird represents joy. On cold winter mornings, hearing this 4.5 inch bird that weighs less than 4.5 grams, singing its heart out in iridescent pink, definitely brings me joy. If you see a hummingbird in Decem-

ber and January, it is very likely an Anna's Hummingbird, since they are the only ones who hang out here all year.

Anna's are identified by their all-green back and gray flanks. The dark head and throat of the males, when reflected in sun-

light, becomes brilliant rose red. Females also have a green back and gray flanks, and a patch of streaked red on their throat. Males aggressively defend territories of flowers. They will chase everyone including other

hummers, other birds, moths and bees.

While feeding, they have an amazing ability to hover in one place by moving their wings in a figure eight. Anna's have spectacular territorial and courtship displays. The male zooms straight up, almost out of

sight then speeds down towards the female. At the last moment, he spreads his wings and tail to make an explosive pop and buzzing sound. The pair will sometimes mate while in the air. Then the rest is up to the female, who builds the tiny nest

by weaving and securing it with saliva and spider web. She lays two tiny, white eggs, incubates them and rears the young. Nesting can start as early as December but generally runs from February to mid-March.

Our thanks to the Mendocino Coast Audubon Society for contributing this article about the Heron. Each month, the Lighthouse Peddler features a bird regularly seen at or near the Mendonoma Coast. More information is at www.mendocinocoastaudubon.org. Image by Steve Harvey on Unsplash.com.

50 Years of UN Environmental Diplomacy: What's Worked and the Trends Ahead

by Mihaela Papa, Adj. Asst Professor, The Fletcher School, Tufts University

In 1972, acid rain was destroying trees. Birds were dying from DDT poisoning, and countries were contending with oil spills, contamination from nuclear weapons testing and the environmental harm of the Vietnam War. Air pollution was crossing borders and harming neighboring countries.

At Sweden's urging, the United Nations brought together representatives from countries around the world to find solutions. That summit – the U.N. Conference on the Human Environment, held in Stockholm 50 years ago on June 5-16, 1972 – marked the first global effort to treat the

environment as a worldwide policy issue and define the core principles for its management.

The Stockholm Conference was a turning point in how countries thought about the natural world and the resources that all nations share, like the air.

It led to the creation of the U.N. Environment Program to monitor the state of the en-

vironment and coordinate responses to the major environmental problems. It also raised questions that continue to challenge international negotiations to this day, such as who is responsible for cleaning up environmental damage, and how much poorer countries can be expected to do.

On the 50th anniversary of the Stockholm Conference, let's look at where half a century of environmental diplomacy has led and the issues emerging for the coming decades.

The Stockholm Conference, 1972

From a diplomacy perspective, the Stockholm Conference was a major accomplishment.

It pushed the boundaries for a U.N. system that relied on the concept of state sovereignty and emphasized the importance of joint action for the common good. The conference gathered representatives from 113 countries, as well as from U.N. agencies, and created a tradition of including nonstate actors, such as environmental advocacy groups. It produced a declaration that included principles to guide global environmental management going forward.

The declaration explicitly acknowledged states' "sovereign right to exploit their own resources pursuant to their own environmental policies, and the responsibility to ensure that activities within their jurisdiction or control do not cause damage to the environment of other States or of areas be-

yond the limits of national jurisdiction." An action plan strengthened the U.N.'s role in protecting the environment and established UNEP as the global authority for the environment.

The Stockholm Conference also put global inequality in the spotlight. Indian Prime Minister Indira Gandhi questioned the urgency of prioritizing environmental protection when so many people lived in poverty. Other developing countries shared India's concerns: Would this new environmental movement prevent impoverished people from using the environment and reinforce their deprivation? And would rich coun-



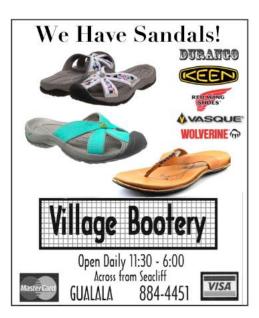
tries that contributed to the environmental damage provide funding and technical assistance?

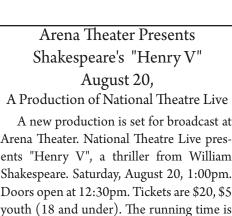
The Earth Summit, 1992

Twenty years later, the 1992 U.N. Conference on Environment and Development – the Earth Summit – in Rio de Janeiro provided an answer. It embraced sustainable development – development that meets the needs of the present without compromising the ability of future generations to meet their own needs. That paved the way for political consensus in several ways.

First, climate change was making it clear that human activities can permanently alter the planet, . . .

... Continued on Page 13





150 minutes including one intermission. Kit Harington (Game of Thrones) plays the title role in Shakespeare's thrilling study of nationalism, war and the psychology of power. Fresh to the throne, King Henry V



launches England into a bloody war with France. When his campaign encounters resistance, this inexperienced new ruler must prove he is fit to guide a country into war.

Captured live from the Donmar Warehouse in London, this exciting modern production directed by Max Webster (Life of Pi) explores what it means to be English and our relationship to Europe, asking: do we ever get the leaders we deserve?

www.v. +halidh+halicapaddlar rom . Nwews frag 8, in rolor

Please note: All attendees must be fully vaccinated and wear masks. Arena Theater is at 214 Main Street, Pt. Arena. Information is at ArenaTheater.org. (707) 882-3272.



comes a unique exhibit by Judith Greenleaf, a Mendonoma Coast artist who taught at Gualala Arts for 23 years. The exhibit opens on Saturday, August 13 and takes place at the Grand Opening of the new Dolphin Gallery as it moves into a its new home in the Sea Cliff Center, 39140 So. Hwy One (next door to Trink's Cafe) in Gualala. An opening reception is set for Saturday, the 13th from 4:00pm to 7:00pm.

In 1985, Judith Greenleaf was introduced to Gualala Arts by Jer Skibbens, a retired college executive and very active member of Gualala Arts. He called and asked if she would give a lecture at the opening of an exhibit of works by world famous watercolorists. "The priceless collection was loaned to the fledgling Gualala Arts Center by a wealthy collector through the then Gualala

resident, the nationally celebrated artist, Millard Sheets. Skibbens must have heard about me because I was teaching art and art history at the College of the Redwoods' Fort Bragg campus. I accepted his invitation and came to Gualala for the first

time (from my home in Little River, about five miles south of Mendocino village.)"

Soon after her lecture (and through Skibbens' recommendation) Gualala Arts made an arrangement with Santa Rosa Jr. College, and college art classes became available on the Mendonoma Coast for the first time. (Classes continued for more than 20 years.)



Almost all of the work in this exhibition at the Dolphin Gallery was produced as Greenleaf was teaching at Gualala Arts, working along with her students. Then she would further refine and develop (if needed) her work at home in her studio, often after a day of teaching, while the inspiration

Greenleaf adds, "This work reflects what is closest to my heart, the beauty of the natural world and the expressive possibilities of the human form. The drawings, paintings, and sculpture inspired by the figure are started while looking at the model. They may be transformed in the studio, pared down to essence, with themes of movement, transformation, historical reference, and myth. There is always a romance with the material in a spontaneous and intuitive

"From the Beginning" continues through Sunday, Sept. 5. More at GualalaArts.org.

39150 Ocean Drive, Suite 2 in Gualala

New Hours

Mo, Tu, Th, Fr, 10 am - 5 pm

Sa, 10 am - 3 pm

707.884.1832

Hwy 1 & Pacific Woods Rd, Gualala

PRINT • SCAN • FAX • EMAIL **Business Cards • Building Plans Postcards • Flyers • Posters** Signage • Secretarial Services Office Supplies • Tech Accesories

ph 707.884.9640 fax 707.885.0191 officesourcegualala@gmail.com

BUSINESS HOURS Mon · Tue · Thu · Fri 2pm - 4pm **CLOSED: Wednesday and Weekends**

Action Network

Community Wellness & Family Resource Center

Studio Discovery Tour Returns For Two Weekends August 27 & 28 and September 3, 4, 5

For five days, beginning the last week of August and repeating through the sub-Discovery Tour is more than an art exhibit. It's a personal tour through the inspired spaces where these artists create much of their work.

On August 27 and 28, and then again on September 3, 4 and 5, the member artists of the Discovery Gallery open their homes, their studios, their personal creative spaces. This is a self-guided tour using a map and guide provided by the member artists; the brochure is readily available at Discovery Gallery on South Highway One in Gualala.

With the guide in hand, you can start from the south end of the tour visiting galleries in northern Sonoma County. Or you can choose to begin your tour in Point Arena and work your way south through the southern party of Mendocino County, cross the Gualala River Bridge, and complete the tour in Sonoma County. A third option is to learn about the 21 studios and 38 participating artists and select the specific stops you'd like to make.

Stopping in to the Discovery Gallery in August is a good place to pick up the guide (while supplies last), and it's also a good place to preview the art and the artists at the gallery. All tour artists are showing in the Discovery Gallery's preview of the Studio Discovery Tour. Artists' bios will be posted, and the gallery's knowledgeable staff can direct you to the sites and services of our coastal paradise.

The gallery will be open for its regular hours of 10:00am to 4:00pm and closed on Wednesdays. During the two tour weekends the gallery will be open until 5:00pm. The Discovery Gallery is located at 31940 South Highway 1, in the Sea Cliff Center in mid-town Gualala. On the web at Studio-DiscoveryTour.com and (707) 884-1900.

sequent Labor Day Weekend, the Studio

Sophia Sutherland's Ceramics at Artists Collective in Elk Opening August 5

The Artists' Collective in Elk will feature Sophia Sutherland's "Redemption Show" for the month of August. An opening reception is scheduled for the First Friday, August 5 from Noon to 3:00pm.

Sophia Sutherland will present a showing of her ceramic & bronze figurative sculpture and watercolor paintings. Sophia's overtly whimsical and covertly philosophical sculptures hope to delight and inspire the viewer. Also included with the ceramic sculpture, Sophia will display her paintings and drawings. Sophia has lived on the coast for 54 years and has her work in collections on 3

The Artists' Collective is located at 6031 South Hwy 1, in greater downtown Elk, between the post office and Queenie's restaurant. The gallery is open daily from 10:00am to 5:00pm. More information is at (707) 877-1128



- Community Wellness + Events
- Parenting Support + Family Strengthening
- Learning through Play + Playgroups ages 0-5
- Teen Group + Activities + Hang-outs
- Legal Advocacy + more!

Creating community wellness & strengthening families

Call 707-882-1691 for more information

Make & Mend: Tuesdays, from 4:00pm-6:00pm, Fireside Lounge. Bring your needlework and come together for a relaxing time visiting whilst knitting, crocheting, or hand-stitching by the fire.

and enjoy a glass of wine Thursdays in the

Fireside Lounge at The Sea Ranch Lodge!

Father's Day Weekend Live music and games at The Lodge Front Porch. Saturday, 6/18, from 1pm-3pm. Live tunes from Bards of a Feather.

Father's Day BBQ: Sunday, 6/19, from 11am-2pm. Celebrate Dad at The Sea Ranch Links! We're serving up barbecue & drinks, and rolling out our favorite lawn games for a family-friendly celebration.

Golf Course BBQ

Each Friday, 4pm-7pm, The Sea Ranch Links. BBQ, buckets of balls & beers and lawn games for the family to enjoy!

Saturday Morning Yoga: Every Saturday from 9:00am to 10:00am. Flex Deck/Dining Rm. At the Lodge Solarium. Bring your own yoga mat and other props.

Write up the Coast Workshop with Mark Sanford Gross: Friday, 8/12, from 5:30pm-7:00pm Saturday, 8/13, from 10:15am-11:45am. The Sea Ranch Lodge. Writing sessions are designed for our community to come together and write. Whether you are visiting, a resident, a part-timer, tourist, biker, camper, or just passing through. Come write with us! Cost is \$25/person for individual sessions, or \$40/person for both. To register, please visit: lu.ma/write-up-the-coast. If you have any questions, reach out to Mark at writeupthecoast@gmail.com.

Vinyl & Vineyards with Martha Stoumen Wines: Thursday, 8/18, from 4pm-6pm

The Sea Ranch Lodge. Play your favorite record from our collection of vinyls and enjoy a glass of wine Thursdays in the Fireside Lounge at The Sea Ranch Lodge!

David S. Mullally Artist Reception: Thursday, 8/18, from 4:00pm-6:00pm, The Sea Ranch Lodge Please join The Sea Ranch Lodge for a reception celebrating photographer David S. Mullally. Light bites and bubbles will be served.

Bouquet Playshop with Jen Van Pelt. Saturday, 8/20, from 4:00pm-7:00pm. The Sea Ranch Lodge. Please join us at The Sea Ranch Lodge for an early evening Floral Playshop. Wine and beverages will be offered.

Music on Film Nite At Arena Theater Presents "Rockfield: The Studio on the Farm", Monday, August 15

Arena Theater's Music on Film Nite presents "Rockfield: The Studio on the Farm," the unlikely tale of how two Welsh farming brothers turned their dairy farm into one of the most successful recording studios of all time, producing four decades of legendary



rock music. The film starts at 7:00pm. Admission is \$10.

Fifty years ago, deep in the Welsh countryside, brothers Kingsley and Charles Ward were starting out in the family dairy farming business. But they yearned to do something different – they wanted to make music. So they built a studio in the attic of their farmhouse and started recording with their friends. Kingsley's new wife, Ann, left her job in the local bank to do the books, and they continued farming all the while. Animals were kicked out of barns and musicians were moved into Nan's spare bedroom

Rockfield's reputation spread like wild-

fire, quickly garnering international acclaim as the place that bands wanted to record. From Black Sabbath, Hawkwind and Queen, to Simple Minds, Iggy Pop and Robert Plant, and later Oasis, The Stone Roses, The Charlatans, Manic Street Preachers and Coldplay – an unbelievable roll call of artists have recorded there over the decades.

'Rockfield' is an extraordinary story of rock and roll dreams intertwined with a family business's struggle for survival in the face of an ever-changing music landscape. Amazingly Kingsley and his wife Ann, now in their 80's are still at the helm today with daughter Lisa 'front of house'. What is it about this small Welsh farm that made it a major competitor, holding its own against studios such as Abbey Road and Electric Lady.

In this film the bands share with us tales of how they ended up at Rockfield, what it was like, and revisit some of the magical moments of musical genius that resulted in some of the best-known songs of our time. The film was directed by Hannah Berryman and has a running time of 90 minutes.

Arena Theater is at 214 Main Street, Highway One in downtown Point Arena. Information is at ArenaTheater.org and 707-882-3272.

Image: Robert Plant at Rockfield.





作神術

Uplift & Harmonize **Body Mind Spirit**

Denise Green, CMT 882-2437

www.wellness on the coast.com

"True love is eternal, infinite, and always like itself. It is equal and pure, without violent demonstrations: it is seen with white hairs and is always young in the heart."

Honore de Balzac (1799-1850)

Entertainment at this year's Art in the Redwoods. Here's a sample.

Entertainment will be a healthy part of this year's Art in the Redwoods. Here's a sample.

- Saturday, 11:00am: A Kashia talk with Eric Wilder in the Meditation Grove.
- Saturday, 11:00am: Irish Traditional Music Ensemble will perform in the Picnic Grove.
- Saturday, 12:00pm: The Ernest Bloch Bell Ringers perform at the JAMI Amphitheater.
- Saturday at 1:30pm: A Tai Chi demonstration with Justine Rosenthal.
- Sunday, 11:00am: Irish Traditional Music Ensemble will perform in the Picnic Grove.
- Sunday, 12:00pm: The Ernest Bloch Bell Ringers perform at the JAMI Amphitheater.
- Sunday, 1:30pm: CoastSing performs in the JAMI Amphitheater.
- Sunday 2:00pm: BAKU performs at JAMI Amphitheater.

POINT ARENA LIGHTHOUSE

The Light Station Store, Indoor Museum, 23 acre
Dutdoor Museum AND the 115' tall Lighthouse Tower
are open for tours! Tower Tours approximately every
20 minutes, last Tower Tour around 4 p.m.

Open daily from 10 a.m. to 4:30 p.m

EXPLORE * STAY * BE! INSPIRED!

Visit the historic Point Arena Light Station, celebrating its 152nd year of lighting the way on the coast in 2022! Climb the 145 steps to the top of the tallest Lighthouse on the Pacific coast for a spectacular view. Shop the Light Station Store's impressive collection of high quality t-shirts, sweatshirts, pullovers, jackets and outerwear, jewelry, books, postcards, decorative housewares, children's items, clocks and wall art, posters, glassware and more. Explore our Indoor and Outdoor Museums. Watch for whales, harbor seals, sea lions, dolphins, pelicans, seabirds, raptors and more from our bluffs. Our seven unique and charming vacation cottages and studios are also available to rent.

45500 Lighthouse Road, Point Arena, CA 95468 877.725.4448x1 or Info.PALight@mail.com

POINT ARENA LIGHTHOUSE

PointArenaLighthouse.com

"Handover Weekend: A Memory Returns" by David Steffen

My first visit to Asia was in 1974. Dolly and I were living in Chicago and we decided to book a vacation trip to Japan and Hong Kong, affordable due to her benefits earned by working for United Airlines. The routing was on United from Chicago to San Francisco, then connecting with a Japan Airlines (JAL) flight to Tokyo.

Japan was almost overwhelming for these first-time visitors. We did typical tourist sightseeing, like a bus trip to Tokyo's high-



lights—parks, Tokyo Tower, local shopping areas, and a train ride to Hakone and a closer view of Mount Fuji. The visit to Hong Kong was, surprisingly for me, more exciting. This was, after all, a time when Hong Kong was solidly a British Crown Colony. In those days it was still accurate to state (or claim) that "the sun never sets on the British Empire".

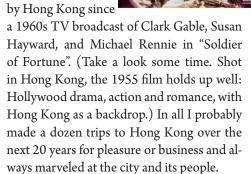
The most senior local authorities—gov-

CLARK GABLE · SUSAN HAYWARD

SOLDIER OF FORTUNE

ernor, police and general administration—were almost all British transplants. Any Hong Kong or Chinese staff and administration were trained and managed by the British authorities. I

had been fascinated



Universal Music—then parent company of GRP Records—hired me in 1996 to work with GRP label president Tommy LiPuma and perform a business turn-around. I quickly learned that regardless of the success of GRP Records during its first decade (beginning in 1982), by the early 1990s the profit disappeared and the label was sliding toward financial irrelevance. To put it another way, the glory days of the GRP label were in the

rearview mirror.

I took the first month to meet the people and look through the financials, and I learned from the then head of finance that the label would likely lose in excess of \$20 million that year. Meeting with LiPuma (whom I had known since his days at A&M and Blue Thumb, some 20+ years earlier,) it was obvious dramatic changes had to be made. By the spring, 1997 we had reduced our overhead, were focused on key artists—George Benson, Diana Krall, David Benoit, The Rip-

son, Diana Krall, David Benoit, The Rippingtons, Tom Scott and others—and were on the right track.

With finances improved, I took time to visit GRP's affiliates around the world. I scheduled a 15-day international 'road trip' to meet with our key affiliates around the world and reassure them that GRP was not going to disappear. On that trip I visited Tokyo, Taipei, Seoul, Hong Kong, Singapore, Paris, Hamburg and London. Hong Kong turned out to be a particularly memorable stop. This was June 1997, and Hong Kong was about to be transferred from British sovereignty to control by Beijing. It was dubbed "Handover Weekend". Toward the end of my business meetings on Friday afternoon, June 27, I walked out of the offices and found the streets were filled with people. The restaurants and bars were overflowing, impromptu raves appeared on some streets, and the soonto-be former British territory was about to become Chinese. Yes, people seemed on edge, but my sense was that everyone was hoping for the best and most opted to party until midnight—the official handover—and beyond. The official, politics-neutral transitional phrase was "one country, two systems" and, for a few years, it seemed to work.

After two years working 80-hour weeks, I left GRP in March 1998, and the timing was simple: the label was set to turn a profit when our fiscal year ended on June 30. Besides, Caitie was ten and I was determined to leave the music business and be home a lot more. So why am I telling you all of this?

On July 4, 2022, a story broke in the Washington Post. The paper's editorial board wrote:

Think Democracy Isn't Endangered? Look What Happened In Hong Kong. It was no accident that Chinese leader Xi Jinping repeatedly used the word "chaos" to describe Hong Kong as he marked the July 1 [2022] anniversary of the 1997 handover of the former British colony. Mr. Xi vowed that Hong Kong would move "from chaos to control." But what he was really affirming is that China's leaders will not tolerate democracy and its discontents, and intend to finish off Hong Kong as a beacon of free thinking and openness.

Here we are, 25 years—Not 50!—since my memorable visit to Hong Kong, and it appears now that Handover Weekend was the start of a fiction. In my dozen+ visits, I could always learn something, enjoy conversations,

feel the vitality of the city and the people. To this American, Hong Kong was amazing. That piece in the Post added this:

"Once upon a time, Hong Kong earned respect for its rule of law and a lively public square. When China took over in 1997, it pledged "one country, two systems," under which Hong Kong would retain many freedoms absent in mainland

China, including free speech. The autonomy of Hong Kong was supposed to last 50 years, but at the halfway mark, China has brought Hong Kong much closer to the stifling unfreedom that rules the rest of the country."

We are just 19 months since the January 6, 2021 attempted takeover of the American government by a discredited and disgraced former "leader". The televised broadcast of the January 6 Commission hearings have given me some hope. The honesty and bravery of the witnesses who were testifying, who had a closer—although not really a better—seat to watch the attempted coup of America have pushed us to begin facing the reality of that day. However, there is still an unsettling time ahead.

The elections this fall are critical to stem the tide of the demagogues, the constant flow of lies, the desire to repress women, to force religion into the lives of people. I was raised as a midwest-born, parochial grade school, public high school child. Whatever the depth of my Christian beliefs, I have never felt compelled to force particular, religious beliefs on anyone else. Those who wish to "return" to something last seen in the earliest years of the United States may do so at their pleasure. But, they should not force anyone else to join them.

The aforementioned Post article concludes with this warning about Hong Kong:

"There's a tendency to dismiss warnings that democracy is threatened around the world, to think that it just can't happen. Take a look at Hong Kong under China's rule. A oncevibrant freedom vanished in only a few years. That is alarmingly real."

People have been quoting Ben Franklin lately, about "A republic if you can keep it". What's more appropriate, to me, is another Franklin quote: "The first man put at the helm will be a good one. Nobody knows what

sort may come afterwards. The executive will be always increasing here, as elsewhere, till it ends in a monarchy."

Instead of Franklin's concern of "monarchy" he might have said dictator, despot, au-



thoritarian, absolute ruler, or as Orwell told us, Big Brother. China promised Hong Kong 50 years of freedom. It lasted 25. Barely. Why would an American dictator (or political party) not look at Hong Kong today and say, "Hey, why not here?"

Image (far left) "Sampan in Hong Kong Harbor, 1974" by ©David Steffen. Image (above) "We Shall Never Surrender" by Benjamin Davies on Pixabay.



Haiku for August

"I twist and hop
wooded path so
very dry
dance for rain"

by mai haiku

Pg 10 Lighthouse Peddler, August 2022

"The School for Good Mothers: A Novel" A Book by Jessamine Chan • Reviewed by Jennifer Bort Yacovissi

This chilling debut envisions our judgmental parenting culture run amok.

The School for Good Mothers: A Novel I came of age in the 1970s, starting college in 1980. I had a paper route with my brother when I was 9, and in the summers throughout my pre-adolescent and teen years, it was rare for my mother to know where I was at any given point in the day. In our neighborhood, kids knew to be home by suppertime.

It's unclear when we fully crossed the line that says parents must now constantly know where their children are, but in today's landscape, an unsupervised child is, apparently, an endangered child.

Debut author Jessamine Chan examines this idea to chilling effect in The School for Good Mothers. There is plenty of real-world documentation — she has pointed to Kim Brooks' memoir, Small Animals, as one example — that served as the inspiration for her story of our competitive and judgmental parenting culture run amok.

Frida Liu's life is not turning out as it was supposed to. The Chinese American woman has given up her New York career to follow her white husband, Gust, to Philadelphia. She is a new mother when she learns he is in the middle of a serious affair that started while she was pregnant. Now Frida is a single parent attempting to navigate a demanding but brain-numbing job, a fussy toddler, Harriet, and the rage-inducing tag team of her ex and his wellness-and-organics girlfriend, Susanna, who has lots of opinions about child rearing.

It is after days without sleep from dealing with her daughter's ear infection that Frida makes the objectively horrifying decision to leave her 18-month-old alone in a bouncy chair, ostensibly to grab a cup of coffee. This then becomes a run to the office to pick up a file, which then turns into several hours away:

"What she can't explain, what she doesn't want to admit, what she's not sure she remembers correctly: how she felt a sudden pleasure when she shut the door and got in the car that took her away from her mind and body and house and child."

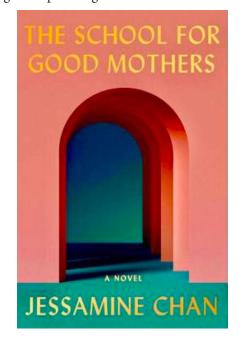
As the story opens, Frida is on her way back home. Her neighbors, hearing Harriet's nonstop crying, have called the police. The little girl is already with Child Protective Services by the time Frida checks her voicemail. In one afternoon, her life unravels.

The brilliance of Chan's approach is to play with readers' own judgmental impulses, to yank their chains and get them to examine the thought bubble that pops up while they're reading: "I would never..."

Leaving Harriet by herself for two-and-ahalf hours is unforgivable, and Chan explores exactly what unforgivable looks like.

Frida has thoughts that no mother would ever voice out loud, unseemly thoughts that would mark her as unfit. She has resources she could call on for help, but she chooses not to. It's as if the author invites us to consider all the ways that Frida has brought this onto herself.

After two months of in-home surveillance, observation by a social worker, and evaluation by a psychiatrist, Frida is still judged insufficiently trustworthy. To have any chance of reclaiming joint custody of Harriet, she must submit to a one-year residential program in parenting — the first of its kind. The



mantra residents are taught to recite is, "I'm a bad mother, but I am learning to be good."

Here, they are never unobserved. "In the foyer, she senses the cameras before she sees them, feels a faint tickle, like someone is drawing his fingers across the back of her

At orientation, they're told that mothers who quit or end up speaking badly about the program not only lose all parental rights, they are also entered into a registry equivalent to that used for pedophiles. The fence around the campus is electrified.

The nightmare is complete when the mothers are introduced to the AI robot dolls that will serve as their practice children and will record the women's every pulse rate, eye movement, grip pressure, and response time, ensuring the scientific accuracy of their evaluations. (To be fair, the dolls exhibit far more humanity than the facility's pink-lab-coated instructors.)

Chan touches on so many of the issues that bleed into our collective assessment of acceptable parenting: race, class, culture, age, sexual orientation. Frida worries that if

parenting is always judged more harshly than fathers': In the women's facility, weekly phone time with their children is withheld as punishment, while the men never lose their phone privileges.

And what of Frida's unforgivable lapse? Chan's readers ache along with Frida for her to be reunited with Harriet, so perhaps even the unforgivable can find some measure of mercy. We also grasp that under the whitehot glare of constant surveillance and evaluation against impossible standards, no parent could pass muster; everyone would be declared unfit.

For Frida, being a good mother means choosing to give up everything to be with her daughter. She will do this, and she already plans what she'll tell Harriet sometime far in the future. "I am a bad mother, she'll say. But I have learned to be good."

da, MD, just a bit farther up the hill from Washington, DC, where her debut novel, Up the Hill to Home, takes place. The novel is a fictionalized account of her mother's family in DC from the Civil War to the Great Depression. In addition to writing and reading historical and contemporary literary fiction, Jenny reviews for both the Independent and the Historical Novel Society. She owns a small project-management and engineering consulting firm, and enjoys gardening and being on the water. Jenny lives with her husband, Jim, in Crownsville, MD.

Gust and Susanna raise Harriet, her daugh-

ter's entire extended family will be white, and she'll never again be around Chinese people. Meryl, a teenage mother and fellow resident, says she would never take her daughter to the playground because she couldn't stand the way the other mothers looked at her.

The author underscores how mothers'

Jennifer Bort Yacovissi grew up in Bethes-

August's Reading List - Best Sellers and Best Bets -

"Reading gives us some place to go when we have to stay where we are."

Mason Cooley (1927-2002).

Atlas of the Heart

by Brené Brown

An Immense World

by Ed Yong

• The Bomber Mafia

by Malcolm Gladwell

Crying in the Bathroom

by Keishel Williams

• The Eyes of the Dragon

by Stephen King

Family of Liars

by E. Lockhart

Ground Zero

by Alan Gratz

Happy-Go-Lucky (new release)

It Ends With Us

by David Sedaris by Colleen Hoover

Meant To Be

by Emily Griffin

Nightwork

by Nora Roberts

• The Palace Papers

by Tina Brown

Refugee

by Alan Gratz

Seven Husbands of Evelyn Hugo)

by Taylor Jenkins Reid

Then She Was Gone

by Lisa Jewell

• Why He Did It

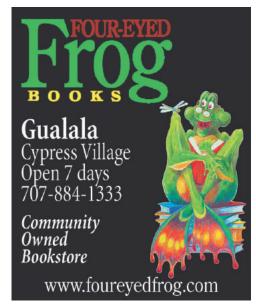
by Tim Miller

Another Book You Might Like*

'The School for Good Mothers"

by Jessamine Chan (See review on this page)

The Lighthouse Peddler is pleased to bring our readers a list of the best-selling books being picked up and read by locals and visitors alike. Visit Four-Eyed Frog Books, our Community-owned Bookstore.



L	8	6	9	7	9	3	7	2
9	9	2	3	7	6	1	7	8
7		3	8	L	2	6	9	9
6	L	7	Þ	3	8	9	2	9
3	9	8	6	2	9	7	L	7
9	7	7	7	G	L	8	3	6
8	3	L	9	6	ヤ	2	9	7
1	7	9	2	8	3	9	6	٢
2	6	9	L	9	7	7	8	3

Solution to Sudoku:

Scuttlebutt

It seems that for everything that the Internet creates it destroys something else. In many cases this is intentional (Uber vs taxis), but much of the time it is due to collateral damage. Where it bothers me most is with the so-called news. I say "so-called" because much of what is put on news feeds today would never have met the threshold of importance to have been reported prior to the Internet. This tends to dilute the importance of, well, important news.

Newspapers and magazines only have so many pages, so editors need to be selective as to what they put on paper. This is not the

case with the Internet with its boundless capacity to spew information like a firehose. What matters now to



online publishers is the number of clicks a story receives since the quality or importance of the story means nothing to advertisers. They are only interested in eyeballs. As we have all seen ad nausea things are put online that are purely designed to catch our interest. Everything appears together as though they are of equal importance. Unfortunately, the way things are presented online, they are all of equal importance. A story's value is determined later when the count of clicks comes in. Thus we are presented side by side stories about Joe Manchin's corruption and the 12 ft. snake that was wrapped around some guys neck. Which is likely to get the most clicks? Is it any surprise that there is so much discussion on the "dumbing down" of Americans?

My homepage is something called Refdesk. It has literally hundreds of links to information that may be of value to someone such as direct access to most major search engines, numerous dictionaries, travel directions and many map sites, area codes for the nation, contact for elected officials, Kelley Blue Book, first aids sites, Roberts Rules of Order, games, CIA World Fact Book, and so much more. Another thing it has is news feeds from 26 different news organizations. This is my starting point for the "day's news".

Much of what is presented is the same on each feed due to the presence of what is called "pack journalism" where everyone feels the need to report on the same story. If one of the Kardasians stubs their toe an army of reporters rush to tell the story because it will get some clicks. The public has been trained to believe that the lives of these pampered knuckleheads is suppose to matter to us as a nation. And why not when we are constant-

ly deluged with this crap? It becomes a viscous cycle. The more we hear about something, the more we think it is important and the more we click on something the more likely it is that we will read more about it. Also, we are each individually targeted with links to stories (and products) in which we have previously shown interest. This narrowing down of what is presented to us eventually insulates us from anything that we don't like or are not even aware of.

So what is the solution? Turn off the Internet? Not only is that an impossibility on a national level, but most people would be very upset without access to the ton of information that they would have a hard time accessing without the web. I, for example, would dearly miss Wikipedia.

Part of an answer is to read your local newspaper. That seems odd in a era when most people under 40 have never read a paper edition. Maybe they could start a movement and call reading paper editions the

Of course, that idea is coming a little late as so many local papers have gone out of business due to advertisers switching to the Internet. Also, a consolidation is occurring as large entities buy up regional papers that still have an income stream. These papers are then homogenized until they all tell the same stories.

It seems the only papers that are not under sever pressure are the very local papers (such as this one) that does not rely on national corporate advertisers. These papers rely on local businesses advertising to local readers. A local coffee shop may have a Facebook page or even a website, but they spend their advertising dollars on local publications.

It is funny to think that Alvin Toffler popularized the phrase "information overload" in his book Future Shock back in 1970. That seems like such an innocent time by today's standards. CBS's Walter Cronkite was still the most trusted source of news in those days.

I believe that we currently are all mentally blown away by the amount of information fed to us. There are no simple methodologies for quickly processing, comparing and evaluating information sources, so we gravitate to whatever information makes us feel good. What else can we do?

It has be stated in many different ways, but what is obvious is that within the global village we are all backing ourselves into our comfy corners. I wish I had an answer for how to break this pattern, but I don't. Of course more emphasis on critical thinking in schools would be nice, but isn't that what many us see as the solution to so many problems: have the schools teach kids to share my values and be more like me. Pity the schools.

I'l leave you with Noam Chomsky's take on this idea: "The key element of social control is the strategy of distraction that is to divert public attention from important issues and changes decided by political and economic elites, through the technique of flood or flooding continuous distractions and insignificant information."

Phillips Insurance Agency

Auto - Boats - Homeowners - Renters Business & Commercial - Life Insurance Annuities & IRA's

Andrea Phillips Agent LIC# 0E29247 phillips3@farmersagent.com CYPRESS VILLAGE 39126 Ocean Drive., Suite C



In Person Appointments Available

Gualala

"Time is too slow for those who wait, too swift for those who fear, too long for those who grieve, too short for those who rejoice, but for those who love, time is eternity."

Henry Van Dyke (1852-1933)



WE ARE WITH YOU **EVERY DAY!** KZYX IS YOUR SOURCE FOR NPR, LOCAL NEWS, DIVERSE MUSIC AND INNOVATIVE LIVE PROGRAMING IN MENDOCINO COUNTY. 88.1 • 90.7 • 91.5 STREAMING NOW AT: KZYX.ORG (707) 895-2324 / PO BOX 1, PHILO CA 95466

SUDOKU Edited by Margie E. Burke Difficulty: Easy 6 3 5 6 9 3 7 7 6 9 5 4 7 3

Copyright 2022 by The Puzzle Syndicate

HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

HarborFest Returns! Annual Harbor & Seafood Festival September 4 •Pt. Arena Cove & Pier

HarborFest returns to the Cove and Pier in Point Arena, Sunday, September 4 from Noon to 6:00pm. This is an event that you don't want to miss! A stunning coastal setting with local seafood, local bands and local brews, all for a great cause—raising money to keep our local pier operating for the public all year long!

The menu features Blackened Rockfish Po-Boys, Baja Fish Tacos, Island Albacore Kebabs, plenty of side fixings and a variety of soft drinks and locally-made desserts. Libations include local craft beer courtesy of North Coast Brewery, The New Museum Brewers & Blenders, local assorted wines, and non-alcoholic beverages including homemade lemonade and mineral water. This year's Harborfest hosts live performances by local and regional acts: New Years Eve, Middle Children, Cement Eater and Buckridge Racket Club. A kid's area will host a bouncy house and plenty of fun activities.

There is no entrance fee for the event. Purchase \$1 tickets at the entrance gate for food, drink and activities. This is a cash-only event. Parking is available in the adjacent Rock Wall park and along the north side of Port Road only. Please bring your kids, but please leave your dogs at home.

EARTH continued from page 7

... so the stakes were high for everyone. The imperative was to establish a new global partnership mobilizing states, key sectors of societies and people to protect and restore the health of the Earth's ecosystems.

Second, economic development, environmental protection and social development were treated as interdependent.

Finally, while all countries were expected to pursue sustainable development, it was acknowledged that developed countries had more capacity to do so and that their societies placed greater pressures on the environment.

The Earth Summit produced the U.N. Framework Convention on Climate Change, laying the foundation for global climate negotiations that continue today; the Convention on Biological Diversity; nonbinding Forest Principles; and an overarching action plan to transition to sustainability

Progress, but major challenges ahead

The increasing awareness of environmental challenges over the past 50 years has led to the spread of national environmental agencies and the growth of global environmental law.

The world has pulled together to stop the destruction of the ozone layer, phase Gualala Arts Presents "Sing A September Song" September 3 A Fabulous Group of Musicians Play Homage to a Wonderful Theme

As usual, leave it to Whale & Jazz Festival Music Coordinator Fred Adler to create a musical event perfect for late summer.

Plan to attend "Sing A September Song"

Larry Vu

Plan to attend "Sing A September Song" on Saturday, September 3, and spend time with a group of great musicians performing a priceless Selection of songs. This Labor

Day weekend concert will fit perfectly into anyone's holiday plans. Advance tickets are \$29 and are available at the Dolphin Gallery, Gualala Arts and EventBrite.com.

Local favorite, pianist Larry Vuckovich and legendary guitarist and vocalist Alvon Johnson will bring back old memories and create new ones with this concert at Gualala Arts' JAMI Amphi-

theater. The songs selected for this concert will include many favorites, and all of them reaching into the deep history of the great American Jazz and Blues songbook.

Alvon Johnson was a member of the legendary R&B group The Coasters. Johnson has all the chops needed cut a mean B. B. King guitar style, and sing up a sublime storm.

The group will focus on gorgeous twentieth-century American standards and blues, many associated with Billy Eckstine, Joe Williams, Frank Sinatra and Nat King Cole, constructing an historic vocal mosaic.

Larry Vuckovich's supreme keyboard soulful warmth will both accompany Alvin Johnson and as soloist, take the audience through memorable seminal piano stylists

(Ellington, Basie, Erroll Garner, McCoy Tyner) Vuckovich adores and admires the essential past masters of jazz, and can take you there through both commentary and music.

Rounding out the group are top-rated tenor man Steve Heckman, acoustic bass master Buca Necak, drummer Jeff Miniweather, and conga player Hector Lugo. A superb

sextet created just for this performance at Gualala Arts and the song selection will bring back memories or make new ones. Expected performances will include "September Song", "September in the Rain", "Staring at the Stars", "Unchained Melody" "Sweet Lorraine", and more. Fred Adler, Festival Music Coordinator will emcee.

Image (clockwise from top left): Larry Vuckovich, Alvon Johnson, Steve Heckman, Jeff Miniweather, Buca Necak. Not pictured: Hector Lugo.

out leaded gasoline and curb the pollutants from burning fossil fuels that create acid rain. In 2015, U.N. member countries adopted 17 Sustainable Development Goals with measurable targets and signed the Paris climate agreement. Countries in 2022 committed to develop a treaty to reduce pollution from plastics. Climate change and sustainable resource use have also become higher priorities in foreign policymaking, international organizations and corporate beardrooms.

But while environmental diplomacy has demonstrated that progress is possible, the challenges the world still faces are immense.

Greenhouse gas concentrations are still increasing, and rising temperatures are fueling devastating wildfires, heat waves and other disasters. More than a million plant and animal species are threatened with extinction, potentially leading toward the worst loss of life on the planet since the time of dinosaurs. And 99% of the global population breathes air that exceeds World Health Organization guidelines for pollutants.

The next 50 years: Trends to watch

As environmental diplomacy heads into its next 50 years, climate change, biodiversity and effects on human health are high on the agenda. Here are a few newer trends that also bear watching.

The idea of a circular economy is gaining interest. People produce, consume and throw away billions of tons of materials every year, while recycling or reusing only a small percentage. Ongoing efforts to create a more circular economy, which eliminates waste and keeps materials in use, can help mitigate climate change and restore natural systems.

Advocacy for rights of nature and animal rights is becoming more prominent in environmental diplomacy.

Outer space is another theme, as it increasingly becomes a domain of human exploration and settlement ambitions with the growth of private space travel. Space junk is accumulating and threatening Earth's orbital space, and Mars exploration raises new questions about protecting space ecosystems.

The 50th anniversary of the Stockholm Conference is an important opportunity to think about development rights and responsibilities for the future while using environmental diplomacy today to preserve and regenerate the Earth.

 $Student\ Strike\ \ photo:\ Goran\ Horvat\ from\ Pixabay.$

Our thanks to all of the writers and contributors at TheConversation.Com.



Welcome to August! Events and Happenings for Ft. Ross, Jenner, Timber Cove and Cazadero.

BAKU at Timber Cove: BAKU at Timber Cove Resort, Friday, August 5, 6:00pm-9:00pm. Free admission. The Bar and Dining Room will be open during the event. 707-847-3231.

.....First Aid And/Or Cpr/Aed Course: Mon., Aug. 8 at Timber Cove Fire House:

- First Aid from 12:30 3:30
- CPR/AED from 3:30- 6:30. Students may take First Aid, CPR/AED, or both. The First Aid portion covers skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. The CPR/AED portion covers adult CPR and AED use, including hands-only CPR. Class Instruction is FREE. NOTE: There is a \$65.00 charge per student for an optional American Heart Association Heartsaver CPR card or First Aid card, (\$100.00 for both), workbook included. Cards are valid for two years. Workbooks may be purchased separately for \$15.00. To register for class, contact Heidi Horvitz at tcfpd4500e@gmail.com. Deadline is 8/5 (class size is limited). This class is sponsored by Coast Life Support District.

9 Ways To Save A Life Course: Tuesday, August 9 from 7 pm to 8:30 pm. (location to be announced —either Fort Ross School or Timber Cove Fire). A 90 minute brush up on how to handle medical emergencies including, but not limited to: broken bones, seizures, bleeding, strokes, heart attacks, fainting, allergic reactions, burns and respiratory emergencies. This course was developed by Coast Life Support District to help people in our rural areas navigate injuries and illnesses. The course will be lecture with the option to stay and practice skills. To register, contact Heidi Horvitz at tcfpd4500e@gmail.com. Deadline is 8/5. This class is sponsored by Coast Life Support District.

<u>Personals</u>

Capable And Compassionate Care: Marcella Olivencia, is now accepting new clients in the Timber Cove and Sea Ranch area. All aspects of elder, disabled and dementia care provided: exercise, physical therapy, nutrition, bathing, transportation to appointments, household upkeep and companionship. \$35 an hour with a five hour minimum. Excellent local references available upon request. Marcella94924@gmail.com

Ongoing

Sunday Community Market continues at Fort Ross School Sundays, 10:00am to noon. Although not required outdoors, masks are strongly advised indoors. Thank you for adhering to this safety protocol.

Crossword by Margie E. Burke **ACROSS** 1 "Let There Be 14 16 15 Rock" band 5 Wound covering 17 18 19 9 Specialized lingo 20 22 21 14 Foal's mother **15** Medic or legal 23 24 25 starter 16 "Gone With the 26 27 28 29 30 31 Wind" star 34 35 32 33 36 17 Clothes presser 18 Impossible to fill 37 38 39 40 41 20 Limb's partner 42 43 44 45 46 22 Cash in 23 Geyser output 47 48 49 24 Gas guzzler 26 Caustic criticism 50 51 52 54 55 53 28 Carry on 59 56 58 60 57 **32** Galaxy rival **35** Picnic side dish 61 62 63 37 Salon service 64 66 65 **38** Hunter's quarry 40 Soften, as 67 69 68 lighting 41 It may be inflated

Copyright 2022 by The Puzzle Syndicate

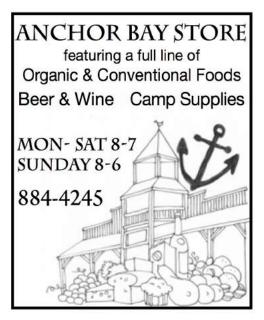
- 68 Standards org.
- 69 Count (on)

DOWN

- 1 Out of place
- 2 Insertion mark
- 3 Pilotless plane
- 4 Part of a peso
- 5 Washer cycle
- **6** Tropic of
- **7** 1944 film, " and Old Lace"
- 8 Call to Little Bo-Peep
- **9** Visitor from afar
- **10** Library patrons
- **11** Cutting remark
- **12** Eye flirtatiously

- 13 "It's us against
- **19** A million million
- 21 Slim Shady
- 25 Cape of Hope
- **27** Program airing
- 29 Nautical adverb
- **30** Badgers
- **31** Rare bills
- 32 One to worship
- **33** Fiery heap
- **34** Brooding mothers
- 36 Start. as a vovage
- **39** Gut feeling?

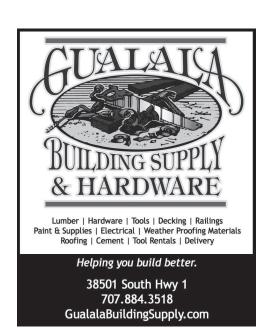
- **43** Parking lot covering
- 44 Garden State capital
- 46 Like most models
- 49 Bay windows
- 51 Zaps in an OR
- **53** Bea Arthur role
- **54** Urge onward
- **55** Itsy-bitsy
- **56** Resident of 66-across
- 57 Carson's successor
- **58** Bakery fixture
- **60** 451, to Caesar
- **62** Toothpaste tube letters





"Everyone says romance goes flying out the window when you've been together for an X amount of time. I think it's all up to you."

Malaika Arora Khan (1973-)



67 Blanc et al.

42 Christmas ball,

e.g.

45 Dwell on

47 More or

56 Waikiki

48 Head wreath

50 Flatware finisher

52 Send payment

welcomes

59 "Honest Abe".

for one

61 Heartbroken

63 Pull one over on

64 Anoint, old-style

65 Barbie, for one

66 Tree of life site

"Are You Ready To Rumble?"

by Mary Jane Schramm, Freelance Writer, Naturalist

On California's shell-hashed sandy seafloor the combatants faced off. The smaller figure was a notable big-mouth—his booming voice reverberated all over the neighborhood. Before him stood an attacker over 16 times his size, but our hero remained undaunted, because he wasn't all talk. He was an aggressive hunter, a club-fisted pu-

gilist with superpower eyesight that could detect an enemy—or a meal—at incredible distances. And his armory was impressive.

Flinging his forelimbs wide in a "meral spread" he reared up to seem as formidable as possible, hoping his opponent would back down. No luck; but at just the right moment he flew with lightning speed at the behemoth, wielding his secret weapon: his "fists," called dactile clubs, struck out at 45mph, the speed of a .22 caliber bullet; the fastest strike speed in the animal kingdom. But

he had an invisible weapon, too: he could weaponize water! The 160+ lbs. of strike force superheated the water in front of each club, creating a bubble that, on imploding, added a violent shock wave to the hit. It was a TKO; the enemy slinked away.

Float like a Butterfly: This "Ali of the Sea" is a California mantis shrimp, Hemisquilla californiensis; aka blue leg mantis shrimp. It is a member of the order stomatopoda, carnivorous marine crustaceans. There are nearly 500 species worldwide, mostly tropical. Despite its shrimpy moniker, they are more closely related to the lobsters they resemble, and Californiensis is one of four mantis shrimp species that inhabit the soft sand and mud substrate of California's cool, temperate waters from Panama through Southern California. They are abundant and important predators in the marine food web whose prey include other small

crustaceans, snails, worms, clams, urchins, sea stars, and fish. In addition to their clubs, they have powerful raptorials - special grasping foreleg adaptations to attack, shred, and dismember prey. In addition to our "clubby" species, other mantis shrimp use spearlike forelimbs to impale objects, and in Australia are affectionately called,



"thumb splitters."

Rumble Fish: At just over a foot in length, these typically solitary sea creatures, though abundant, are rarely seen, spending most of their time concealed among rocks or in intricate labyrinths excavated into the sea floor. Mantis shrimps communicate with loud, rhythmic, low-frequency rumbles by flexing the muscles of their carapace (shell), similar on the sound spectrum to those that elephants produce. Eavesdropping scientists have discovered that each has an individual voice. These sonic signals may be territorial declarations, or invitations to amour, their cozy burrows making seductive echo chambers.

The Matrimonial Mantis: These creatures

See us on the radio!



We're on YouTube.

Simply log into KGUA.ORG and click on the red YouTube logo at the top of the page for hours of programs.



also use body language like flashing colors to indicate moods. They recognize familiar individuals, demonstrating complex social behaviors to assert their territorial and familial claims. Mantis shrimps may live 30 years, and spawn regularly for as many breeding cycles. Some species are monogamous, and even have male-female sharing

of egg-tending duties. Others prefer a little more diversity in their associations.

The Eyes Have It: The mantis' true superpower, however, may lie in their eyes, which are so complex in processing light and color, their vision far surpasses ours, even being sensitive to UV light. They can also see polarized light, which contributed to the development of camera technology used in cancer detection.

See how our hero's battle played out at National Geographic https://youtu.be/Hwji93BVjnI.

Check out more shrimp lore at KQED's Deep Look at https://youtu.be/Lm1Cht-K9QDU. And next time you're tempted to call someone a shrimp, think twice: it could be more compliment than criticism.

Images (clockwise from upper left):

- Peacock mantis 'shrimp' looking mighty lobster-like.
 Credit: Roy Caldwell, p.d..
- Mantis defends burrow. Credit: Roy Caldwell, p.d.
- California mantis "shrimp" resembles lobster "cousins." Credit: Erik Staaterman.
- Peacock mantis' clubs pack explosive punch. Credit: Silke Baron (CC by 2.0)

NOAA TALKING SHRIMP MINI-DOC:

- https://oceantoday.noaa.gov/newsoftheday talkingshrimp/
- WITH FOSSIL IMAGE

https://oceantoday.noaa.gov/newsofthe-day_talkingshrimp/

NOAA National Ocean Service

Patek lab: https://vimeo.com/227092570

Mary Jane "MJ" Schramm is a marine conservationist, author, journalist, filmmaker, and naturalist. She has worked aboard NOAA and other vessels off California, Mexico, Alaska and the Bahamas, focusing on marine mammals and seabirds and assisted with elephant seal research and intertidal monitoring on the Farallon Islands.

MJ led whale watch/nature cruises to Baja California and the Farallones, and managed Oceanic Society ecotours. For nearly a decade she was Public Relations Director at The Marine Mammal Center while doing rescue and rehab. She co-authored West Coast Whale Watching (HarperCollins West). She's also a screener/jurist for two marine film festivals.



Youth summer passes are available for those 18 years and younger.

\$45

Valid: June, July, and August.



Hop on to travel around Ukiah, Willits & Fort Bragg

With A Youth Pass and \$5 take a trip to Santa Rosa on "CC Rider"

*Not Valid On Dial-A-Ride

See maps and schedules on our website or give us a call

www.mendocinotransit.org 1-800-696-4MTA



red stella

spring is in the air

come by and see all the

wonderful things we've

your home ready for

the season

collected to make you and

Point Arena Lighthouse Lecture Series Returns

"7 Years On The Light Station" with Mark Hancock • August 20

The Point Arena Lighthouse's popular Lighthouse Lecture Series is back! The series resumes Saturday, August 20 at 5:00pm in the Fog Signal Building Museum. Ex-

ecutive Director Mark Hancock will present "7 years on the Light Station."

Originally scheduled for August 2020, the actual 5 year anniversary of Hancock's time as Executive Director of the Point Arena Light Station, but cancelled due to the COVID-19 restrictions, this lecture will now cover his 7 years of service. This lecture will be a

humorous, poignant, informative and personal presentation of what it is like to run the 23 acre Light Station, Mark's "stationary ship on the ocean." The presentation will include a slideshow of the diverse, beautiful, inspiring and fascinating things Mark has seen and experienced in his 7 years on the Light Station peninsula, woven together with stories of the people, animals and experiences he has enjoyed.

Mark has had a varied 49 year career in the working world, with a wide variety of positions in building maintenance, customer service, software application development and implementation, sales, quality assurance and other roles in both large corporations and small software startups. Prior to moving to Gualala full time in 2011

he worked at Crocker Bank, Pacific Bell (where he met his wife of 38 years, Laverne), software startups Salestar and Spear Technologies, and Wells Fargo Bank Internet. After moving to Gualala he became part of the coastal community by joining Gualala Arts as its Publicity Coordinator, a position he enjoyed for 4 years. When the Point Arena Light-

house Keeper's Inc. were looking for a new Executive Director in 2015 he applied and has been happily doing that job ever since.

"I am thrilled to be the first Lighthouse Lecture Series speaker since COVID suspended the series," Mark said. "My 7 years on the Light Station have been the best job I've ever had and I can't wait to share all the reasons why in my presentation!"

The Lighthouse is located at 45500 Lighthouse Road just north of Pt. Arena. More information is at PointArenaLighthouse. org.

Image: Photo by Peggy Berryhill

Plein Air Affair Opens in August A Multi-Faceted Event for Painters, Art Lovers, and Artists

This summer Gualala Arts will present a Plein Air Affair beginning in August. Not

simply an exhibit, this will be a multi-faceted art event that includes a Plein Air Paint Out, a Workshop/Class, and a Champagne Brunch & Silent Auction. Artists wishing to participate must register no later than August 15.

The first part of this event is the Plein Air Paint Out which begins August 23. Plein Air painting contrasts with studio painting by literally getting the artist out of the studio, enabling them

to better capture the changing details of weather and light. Think about the classic image of an artist on a bluff-top painting the sea. Weather conditions change, and artists have found that the tonal qualities, color and brushwork of their subject take on different characteristics as they create.

Each artist may provide a schedule of locations, which will be updated each day as they move through our stunning landscape. There are so many fantastic location options, artists will likely create multiple entries as they select from ocean bluffs, tidepools, sunsets, beaches, forests, pastures,

old structures and new. Artists may paint as many as they wish, but may submit a maximum of 8 works, and each entry—canvases, boards, watercolors—may not exceed 24" x 18". Submissions are due on September 7.

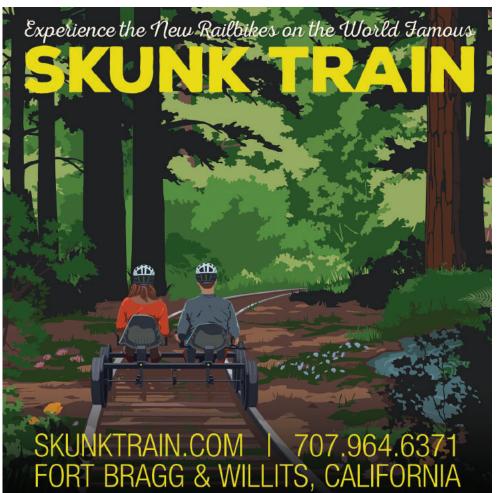
Trained and untrained artists are invited to meet their inspiration, and the main roads and backwoods from the Russian River to the Navarro River will have plenty to inspire them.

While the exhibit does not open until September 9, the artist sign-up deadline for the Plein Air Affair, August 15, is fast approaching. Winners will be announced before the silent auction in October. Prize Winners will be announced on opening day September 9, with an ongoing silent auction during the entire exhibit, culminating in a Champagne Brunch on closing day, October 2.

Image: Thomas Prosek's "Stump Beach.







Get Out! August Music, Poetry, Theater, Film, Art, Radio, Online & more.

Please note: some events currently included in Get Out! are virtual. This "\$\$" means that the host organization will have information on attending virtually via Zoom or other platform.

• Wednesday 03: 7:00pm, "Where The Crawdads Sing". Film at Arena Theater

• Thursday 04: 7:00pm, "Where The Crawdads Sing". Film at Arena Theater

• Friday 05: 12:00noon, Sophia Sutherland. Open Reception. Artists Collective in Elk.

• Friday 05: 6:00pm, BAKU music performance at Timber Cover Resort

• Friday 05: 7:00pm, "Mrs. Harris Goes To Paris". Film at Arena Theater. (and 8/7, 10, 11.)

• Saturday 06: Noon, Redwood Coast Democrats' "Save Our Democracy" Rally. Bower Park.

• Saturday 06: Noon, opening of "Dreamscapes". New Exhibit at Coast Hwy Art Collective.

• Thursday 11: 6:00pm, Reeds 'n' Keys, music at Fireside Room at Sea Ranch Lodge

• Saturday 13: 4:00pm, "From The Beginning". New Exhibit at Dolphin Gallery

• Saturday 13: 8:00pm, Live Music with Skunk Funk at Arena Theater.

• Saturday 13: 8:30pm, "Full Sturgeon Moon" tour at Pt. Arena Lighthouse

• Monday 15: 7:00pm, Music on Film Nite presents "Rockfield" at Arena Theater.

• Thursday 18: 10:00am, Sharps and Unused Medications take-back at Mendonoma Health

• Thursday 18: 4:00pm, Boxed Hat Dinner (and AIR exhibit) at Gualala Arts

Thursday 18: 7:15pm, Third Thursday Poetry with Dana Teen Lomax at Arena Market Cafe◊◊

• Friday 19: 4:00pm, Champagne Preview of AIR Art Exhibit at Gualala Arts.

• Saturday 20: 10:00am, Art in the Redwoods at Gualala Arts.

• Saturday 20: 1:00pm, "Henry V". National Theatre Live at Arena Theater.

• Saturday 20: 5:00pm, "7 Years on the Light Station", Lecture with Mark Hancock at PAL.

• Sunday 21: 10:00am, Art in the Redwoods at Gualala Arts

• Sunday 21: 2:00pm, BAKU performs at Art in the Redwoods at Gualala Arts

• Tuesday 23: 6:00pm, Pt. Arena City Council Meeting.◊◊

• Saturday 27: 10:00am, Studio Discovery Tour. At Studios along the coast.

• Saturday 27: Noon, Great Day in Elk. Parade followed by carnival, food, live music and more.

• Sunday 28: 10:00am, Studio Discovery Tour. At Studios along the coast.

Sunday 28: 4:00pm, Auditions for Gualala Arts Center Theater production of "Radio Gals".

• Looking Ahead to September:

• Saturday 03: 5:00pm, "Sing A September Song". A Whale & Jazz Series event at Gualala Arts.

• Saturday 04: Noon, Harborfest, Pt. Arena: Seafood, Craft Beer, Live Music, Kids Area & More

AFRICA ON THE MENDOCINO COAST

B. Bryan Preserve in Pt. Arena

is a 110-acre conservation center dedicated to the breeding and preservation of African hoof stock. Not a zoo, but a private preserve housing endangered majestic African animals in large open fields.

Visits available at 10:00am and 3:30pm by reservation only. Stay with us in the comfort and style of one of our eco-friendly cottages.



