





## PATO BANTON •

Continued from cover.

... not to be missed and an experience not to be forgotten!

In 2006, after feeling that he had planted enough seeds of progress within his home community in the U.K., Banton decided to relocate to Southern California and embark on the second phase of his musical journey, taking with him the years of experience in the field of Loving Service. Since then Pato has recorded many albums and collaborated with artists all over the world. His most recent albums, "Love Is The Greatest" and "The Words Of Rastafari" were released on Bob Marley's Tuff Gong Records International.

Banton's four-decade public presence has increasingly transcended music to convey a



positive & uplifting message of global peace and love for humanity.

Free tickets must be picked up in advance at Gualala Arts, 46501 Old State Hwy, Gualala, or Dolphin Gallery, 39114 Ocean Drive, Cypress Village. Information is at 707.884.1138 and at GualalaArts.org.

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## Individual and Collaborative – the art of Meilander and Rhine The Coast Highway Art Collective Presents the Art of Jim Meilander and Joan Rhine

This July, the Coast Highway Art Collective will open its doors to feature a new exhibit by long-time Gualala artists, Jim Meilander and Joan Rhine. Their show, "Joan Rhine and Jim Meilander Together : Individual and Collaborative Art," is available for viewing at the Collective from July 1 to 25. An opening reception and a chance to meet the artists is on Friday, July 2 from noon to 5:00pm.



Meilander works with many diverse materials using a wide range of techniques: hand-papermaking, collage, printmaking, painting, drawing and sculpture. Meilander says his abstract imagery is a playful personal synthesis of real and imaginary images. He's inspired by his natural and man-made physical surroundings, by objects used in work and play, and by pure fantasy.

In his recent handmade paper/mixed-media works, Jim has limited his palette to black and white, at times accented with color. He draws upon a number of different techniques in the same artwork. His artistic process begins with his making sketches. Then, he creates a painting using a palette of pigmented abaca and cotton paper pulps, and paper made from plants growing in Mendocino County. He embeds collage elements into the paper and welcomes the varying neutral shades

obtained from the natural colors of plant fibers in handmade papers and found materials. After the paper has dried, he continues to develop his design using acrylics, print media, collage, drawing materials and encaustic. As he works on the pieces, he allows for spontaneous images to develop.

Meilander received his degree in art from Ohio University. He settled in San Francisco, where he established Submarine Paperworks in Hunters Point Naval Shipyard with his wife, Joan Rhine, in 1984. In 2000 he moved to Gualala. In addition to art-making, he has designed and fabricated specialized papermaking equipment. In 2016 he finished restoring a 1966 Voith Valley (Hollander) Beater.

Among his many honors, Jim won the Collage Award at "Gualala Salon, 2021," Best of Show in 2018 "Putting it All Together" with his artwork Presence and Absence, First Place in Collage & Mixed-Media at Art in the Redwoods, Gualala Art Center, in 2008 and 2012 and First Place in Printmaking in 2015.

Recent exhibits in California include "The Art of Paper" at Ukiah's Art Center and "Expressions in Handmade Paper 3" at the Morris Graves Museum in Eureka. Jim is an active member of the international papermakers' organization "North American Hand Papermakers."

Rhine's creations include abstract wall pieces and sculpture in mixed media, and jewelry. Her most recent work is evolving in two separate, yet related, directions: mixed media artworks featuring handmade paper and her Joan Rhine designs... Jewelry collection using precious metals, semi-precious stones and beads.

Joan states that there is a symbiotic exchange of ideas and materials between her bodies of work. Color and texture in her jewelry first appeared in her artworks; jewelry materials have entered her wall pieces and sculpture in her uses of wire, gold leaf and beads. As she puts it "I enjoy exploring the versatility of metal and paper, and how they can be perceived as both hard and soft, and contrasting simple shapes with rich texture, controlled forms with random elements, shiny surfaces with matte, and geometric ele-

ments with organic forms."

Joan's expressive jewelry pieces are unique, each one completely handmade one-of-a-kind or in small editions. Her contemporary jewelry designs are light, comfortable to wear, and flatter the wearer.

Recent sculptures combine copper and her custom handmade paper with mixed materials. Much of her work is inspired by her surroundings, as she walks on the beach or in the forest absorbing natural forms, textures and colors: "Landscapes, skies, even man-made structures along the coast and through the countryside stimulate my imagination."

John Rhine, who grew up in New York City, received her Bachelor of Fine Arts degree from The Cooper Union and her

Master of Fine Arts in painting and printmaking from Pratt Institute. In addition, she studied hand papermaking at Dieu Donne Paper Mill in New York and jewelry with Charlene Modena at San Francisco's Academy of Art University. "I continue to learn at every opportunity", she says. Joan's professional career includes working as a graphic designer, art instructor, fine artist and jeweler.

Rhine now offers workshops in hand papermaking at her studio in Gualala. Her works have been widely exhibited in northern California, from Morris Graves Museum in Eureka to Ukiah's Art Center and Gualala Arts Center. Her work can be seen at The Ren Brown Collection in Bodega Bay, Red Stella in Gualala and Mendocino

Gems in Mendocino. Winner of numerous awards, Joan took First Place in jewelry and ornamentation at Art in the Redwoods, Gualala Arts Center in 2012, 2015 and 2019. She is an active member of the international papermakers' organization "North American Hand Papermakers."

They also regularly show their artwork at their studio and at Discovery Gallery during the annual North Coast Artists' Guild "Studio Discovery Tour".

The Coast Highway Art Collective is regularly open Thursday through Sunday from 11:00am to 2:00pm. Masks and social distancing are still in place for the safety of all of the guests, artists and staff. The gallery is located at 284 Main Street, Point Arena, next door to the Redwood Credit Union. More information is available at [www.coast-highway-artists.com](http://www.coast-highway-artists.com).

Images: Top left: Meilander and Rhine. Top: "Zendo" by Meilander. Above: "Fun With Geometry" by Rhine.





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Our thanks to July contributors include

Rozann Grunig, Barbara Johannes, mai haiku, Mitch McFarland, Blake More, Mary Jane Schramm, Caitie Steffen, David Steffen, Karin Uphoff, Hannah Weinberger, D. A. Wilson, and Jennifer Bort Yacovissi.

*Kirsty MacColl image on page 10 by ©Rita Carmo*

# FROM THE EDITOR'S DESK

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"Well he walked up to me and asked me if I wanted to dance,  
 He looked kinda nice and so I said I might take a chance  
 When he danced he held me tight  
 And when he walked me home that night  
 All the stars weere shining bright  
 And then he kissed me."

Music and lyrics by Ellie Greenwich, Jeff Barry, Phil Spector

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Issue #237 July 2021

## Lighthouse Peddler

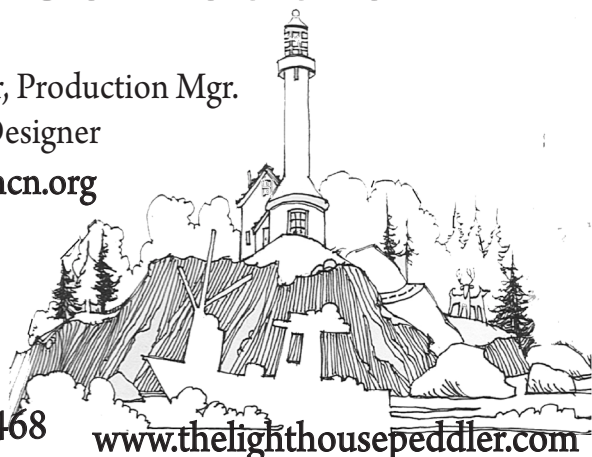
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## The Perfect Wedding by Caitie Steffen

Joel and I officially met when we were both in college in 2010. I remember seeing him in his ROTC uniform when I worked at the front desk of my residence hall and assumed he had a girlfriend or was out of my league. He and his buddy would walk by the front desk a lot, and I learned many years later it was to catch a glimpse of the hot Asian girl who worked there. They would always shoot some goofy smiles and wave hello. Joel and my relationship in college didn't go beyond some silly texts in Japanese and a beer at a dive bar near campus. I ended up starting a new relationship with someone else and Joel graduated. We didn't see each other or hear from one another for 4 years.

Fast forward to March 2014. I just moved back into San Francisco, and I got a text from a number I didn't have in my contacts. It started off, "Konnichiwa," and without recognizing the number I knew exactly who it was. There was only one person who always started their texts off to me with that Japanese greeting. It was Joel. I found it pretty serendipitous that not only did he still have my number but he just happened to text me the day after I moved back into the city. It felt like this was fate giving a second chance from a missed opportunity. The butterflies crept into my stomach. We met up for beers at a dive bar in the Outer Sunset to play some pool, and even though the beer was stale, it was the best date I had had in a while.

But what really sealed the deal in my mind as to whether Joel and I would end up together forever, was a different date. I pride myself on being poised and when you're in the early days of a dating relationship you always present your best self all the time. You don't eat too much, you don't poop, you don't fart, you wear makeup, and you dress nicely. Joel and I decided to check out taco Tuesday at a restaurant in the Inner Sunset, and he suggested we grab a couple beers and enjoy the sunset at Ocean Beach before dinner.

We are having a great time just sitting in his car sipping on some beers and watching the surfers catch the final waves before the sun goes down. As I'm sitting there, I start to feel like I really have to pee. I'm not talking

like a little pressure. This felt like I was holding back the Hoover Dam at its high point. Now, to this day, I still have no idea what was going through my head, but I chose not to use the public restroom at Ocean Beach before we headed to the restaurant. Idiot, idiot, and did I say, IDIOT! Joel starts driving towards the restaurant, and I have another opportunity to ask him to stop, so I can use the restroom. We are driving right by my place. Silence. WTF Caitie?! At this point,



we are almost to the restaurant, but my bladder is pretty much Old Faithful and about to blow at any moment. The seconds seem like hours as we drive around looking for parking. Finally, Joel finds a spot and just as I get out of the car and start to walk towards the restaurant. . . there she blew. Yep, a 28-year old, rational, adult

peed her pants. I'm mortified. Not only did I just pee a river in my pants, but I just did it in front of Joel! I'm thinking to myself well there goes the perfect guy. How could he possibly look at me after this fiasco? But he was the perfect gentleman and insisted on driving me home. And when I was panicky about sitting on his seat he let me sit on a towel that his Aunt embroidered for him.

Joel and I have spent the last 7 years learning about relationships, responsibilities, commitment, honesty, long distance, and so much more that it's impossible for me to imagine what my life would be without him in it. He has truly made me a better person and I wouldn't have grown professionally or personally without him. A worthwhile relationship will break through your comfort zone and ask you to open yourself up to vulnerability. No one wants to be susceptible to pain but it's necessary if you expect to show another person that you love them. On April 5, 2021, I was lucky enough to marry my best friend. And in the typical Joel and Caitie style there was no wedding dress, no witnesses, no cake, and no dancing. We wore matching Hawaiian shirts and said our vows in private. It's crazy to think that in 2010 lightning struck (although neither of us knew it) and it struck again in 2014. We go through life making so many choices everyday and sometimes it's not until much later that we can look back and feel gratitude for those choices we made.

## Empower Yourself and Help Others

### Learning Opportunities from Mendonoma Health Alliance

Mendonoma Health Alliance (MHA) is reaching out with programs to help empower individuals for their own health, or to help others here on the Mendonoma Coast.



In July MHA, in conjunction with Redwood Coast Medical Services (RCMS), will offer the Emotional Support Volunteers Program. This new home health & palliative care program will take place in four sessions on consecutive Saturdays from 9:00am to 3:00pm: July 10, 17, 24 and 31.

Volunteers will be trained to journey with those who are ill, injured, or near the end of their lives. Compassionate & active listening, responding to emotional & spiritual needs, sitting with those who are grappling with big life issues, and offering companionship to those who may be lonely, scared, grieving, or just needing a friend, are just some of the skills that will be taught by a team of professionals.

For more information or to register for this training, contact Mendonoma Health Alliance (707) 412-3176 x102 or email [info@mendonomahealth.org](mailto:info@mendonomahealth.org).

This fall MHA will offer another unique opportunity to make a difference in our community! Spread over 12 sessions, this Health Management Workshop is based on Stanford University's Chronic Disease Self-Management Program. MHA is now offering this opportunity, through Zoom, at no-cost to you!

The workshop is for adults with a chronic health condition. It focuses on disease management skills, including decision making, problem-solving, and action planning. Some of the benefits of the workshop include

- Empowering Yourself & Others,
- Learning New Skills,
- Strengthening Your Ties In Our Community,
- Making Lasting Connections,
- Reaching Your Goals,
- Enriching Your Life.

The online workshop will be held for 13 sessions, beginning September 14, meeting on Zoom every Tuesday & Thursday from 9:30am to 12:00pm. Space is limited. For more information or to register, you can contact Mendonoma Health Alliance: (707) 412-3176 x102 or email [info@mendonomahealth.org](mailto:info@mendonomahealth.org).



San Francisco Poet D.A. "Roarshock" Wilson  
 Featured at Virtual Third Thursday Poetry  
 Join The Online Evening July 15

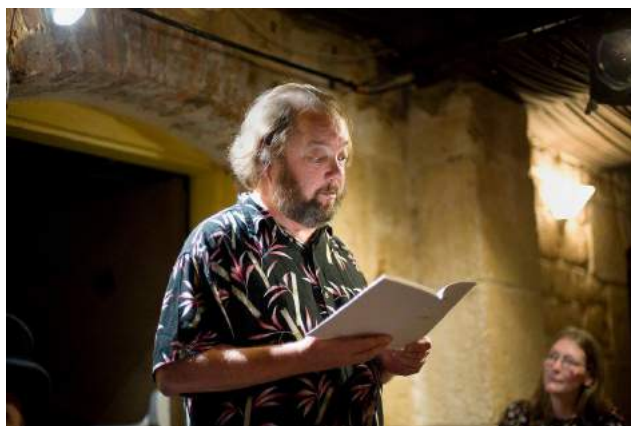
Point Arena Third Thursday Poetry presents Poet D. A. "Roarshock" Wilson reading at 7:00pm on Thursday, July 15. The virtual Third Thursday Zoom Poetry includes open mic to follow.

Roarshock is a Northern California Poet and Storyteller based in San Francisco. His work has appeared in eccentric, obscure and unknown publications, some of which he edited. His chapbook - First Hours of a Rainy Day and Other Poems - was published in 1997, and since 1998 he has been publisher and editor of ROARSHOCK PAGE, a literary street flyer. To his great delight, someone has placed issues of ROARSHOCK PAGE in the Little Magazine Collection of the San Francisco Public Library.

Roarshock believes strongly in Public Libraries and other public cultural spaces, free speech and free expression, and an open online world as exemplified by projects like Wikipedia and the Internet Archive and Spoken World Online. He opposes censorship, including "cancel culture", all bigotry and inequality, and corporate control of art and culture.

During the 2020 pandemic he sheltered

at the ancestral home in historic Martinez, California, which has no ivory tower. Since he did not storm the walls of academia, he has had many mundane jobs including warehouseman, coffee roaster, editor, newspaper critic and reporter, law librarian, and for two decades coordinator in the flagship



newsroom of the world's leading commercial newswire, with his thumb on the very jugular of capitalism.

Roarshock has read live on Pirate Cat Radio and Radio Valencia in San Francisco and performed in venues as diverse as Adobe Books and the Jerry Garcia Amphitheater in San Francisco, and Au Chat Noir in Paris. In addition to continued compo-

sition, publication and performance of his poems, future projects include writing a multi-volume mythological High Fantasy adventure series and penning a 21st century children's book (the protagonist an anthropomorphic bear), for adults and children of all ages. The collected ROARSHOCK PAGE and many other works are on his web site, roarshock.net.

To watch or participate as an open mic reader, please email blake@snake-lyone.com. Third Thursday Poetry Zoom made possible by the Arena Theater and continues to be supported by Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.

NOTE: Read a poem by D.A. Wilson on page XX of this issue of the Lighthouse Peddler.

Poetry is a political act  
 because it involves telling  
 the truth."

June Jordan (1936-2002)

If Wildfires Present A Danger, Will You Know What To Do?

Plan Ahead. Get Informed. Be Prepared.

Fire? "It won't happen here." Well, things change and our thinking probably needs an update as well. It's never too late to start planning and getting prepared, and right now is the perfect time. Here are some ideas, from the things you know, and the things you need to know.

Seeing or smelling smoke is dependent on wind and air currents. Smoke can travel and be visible in our area from other parts of California and from other states. It's also worth reminding everyone that smoke alarms are required and needed no matter if you live in the city or the country. They can provide an early warning and save lives.

A Go-Bag is a good idea in case you don't get much warning. Creating your Go-Bag doesn't require a special purchase. It can be an old suitcase, a canvas bag, or other travel-type bag. (It should be made of a durable material and have handles. Paper grocery bags are NOT recommended). Consider including face masks or coverings, a 3-day supply of non-perishable food plus 3 gallons of water per person, and a local or regional map marked with at least two evacuation routes. Have change(s) of clothing. Don't forget your prescriptions or special

medications, extra eyeglasses or contact lenses, a small first-aid kit with essentials, flashlight, portable radio, and sanitation supplies. Have important documents (birth



certificates and/or passports, and consider space (or a separate Go-bag) for your pets. Don't forget to take your cell phone.

Learn about defensible space and home hardening and then determine if your home

or property meets those standards. In short, any accumulation of vegetative debris, on any type of a roof, could be a place for fire to start and enable a fire to gain access into the structure.

If you have not already done so, sign up for emergency alerts on the Mendocino County sheriffs website (or Sonoma County). While you're at it, sign up for CAL FIRE news releases.


If you believe or know a fire is a possible threat, the best response and to reach the most resources possible, simply call 9-1-1. When reporting a fire, be able to tell the dispatch the location of the fire—the address/street and cross street, a common place name i.e. "near Bower Park"—and describe what you see burning: "one tree", "a house", "a brick building", "some forest land", etc.

How fast a wildfire can travel is dependent on many factors: wind, topography, fuel type. With a fire that is 100 to 150 miles away it is unlikely to be a threat but it is always smart to be prepared and vigilant in case of fire. Any fire. More information is at ReadyForWildfire.org.


**Gualala Arts**  
 SINCE 1961  
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**New Exhibits Coming  
 To Gualala Arts July 3**  
**"Pursuing Lines, Curves and  
 Abstract Languages"**  
 Mirka Knaster, Michael Connor,  
 Paula Haymond

**"Shelter In Place:  
 Reflections of 2020"**  
 Gerald Huth  
**"Thought Behind the Shot"**  
 Scott Chieffo, Paul Kozal,  
 Bill Oxford, Scott Sewell

**"Two Visions Emerge"**  
**Dolphin Gallery Exhibit**  
 Larain Matheson and  
 Mark Guthrie.   
 Continuing in July

**Pato Banton • July 18**  
 A Free Community Music Event.  
 Free Tickets at Gualala Arts  
 and Dolphin Gallery

**Chamber Music Concert**  
**Roy Bogas Tribute**  
**Sunday, July 25, 2 pm.**  
 At JAMI Amphitheater.  
 Tickets at Dolphin Gallery  
 and Gualala Arts.

**Gualala Arts: Open daily, 11 - 4**  
**Dolphin: Open Thu-Mon, 11 - 4**  
**Face masks are required and physical  
 distancing will be the norm, with a limited  
 number of people allowed in all public spaces.**

"What Me Worry?"  
 Alfred E. Newman (1930-)

W	A	N	D	E	S	Y	A	N
S	O	L	E	A	G	L	E	M
R	L	I	A	R	A	I	N	O
D	I	T	A	S	P	I	R	I
D	A	P	I	T	O	R	A	T
E	S	M	I	T	E	A	L	E
D	C	O	D	E	L	A	N	T
I	S	E	M	I	H	O	L	E
S	R	E	S	A	N	C	A	R
A	N	S	E	H	O	T	A	R
V	A	L	E	S	E	L	T	A
R	O	R	A	T	R	E	S	P
Y	A	N	Z	R	O	N	E	A
A	D	A	M	P	S	K	I	M

**Solution to Crossword:**



New Moon



July 10

Full Moon



July 24

**Roy Bogas Tribute**  
**A Special Chamber Music Event**  
**Sunday, July 25**

Gualala Arts' summer chamber music event has long been a favorite here on the coast, and it returns on Sunday, July 25. This year's event will be a special, one-hour, outdoor performance by Roy Bogas and Friends. With this chamber music event, Bogas will pass the baton over to another long-time favorite musician, Peter Wyrick. Following the concert, there will be a reception to honor Roy's 16 years of artistry as part of this summer festival. The 2:00pm



concert is set for the JAMI Amphitheater, a beautiful setting adjacent to Gualala Arts.

The afternoon of music will feature Roy Bogas, piano, Peter Wyrick and Mariko Hiraga Wyrick, cello, Amy Hiraga, viola, and Mayumi Wyrick and Sam Oliver, Violin. The program will include Vivaldi's "Cello Concerto in b minor", and Dvorak's "Piano Quintet Op. 81 in A major".

Tickets are \$25 in advance and \$30 on the day of the concert (subject to availability). Advance tickets are available at Gualala Arts Center or The Dolphin Gallery. (Note: no online ticket sales). More information is at GualalaArts.org and at 707.884.1138. COVID-19 Protocol: Masks required; the amphitheater offers plenty of space for socially distanced seating.

**Coast Community Library's**  
**Summer Reading Program**  
**Continues in July**

You're invited to this year's reading challenges, events and prizes for children, teens, and adults. The library has reading logs and it's easy to register at the library or register online for the Beanstalk app at:  
[www.mendolibrary.beantsack.org](http://www.mendolibrary.beantsack.org)

- **"Let The Reading Begin"** continues through July 23:  
 Children (ages 0-12) goal: log 7 hours of reading to complete the challenge. Extra challenge: log 10 hours for badge.  
 Teen and Adult (ages 12-109) goal: log 15 hours of reading to complete the challenge. Extra challenge: log 20 hours for badge.  
 Countywide Community Goal: 100,000 minutes!

- **Special Events:**  
 July 13, Tuesday, 3:00-3:45: "Bats of Our Area", a virtual program with Corky Quirk of NorCalBats [www.norcalbats.org](http://www.norcalbats.org).  
 July 23, Friday, 3:00-3:45: "Coventry & Kaluza", Bay Area clowns. Love Circus performance includes juggling, aerobatics, hula hooping, music and dog tricks! Where: parking lot near the library; masks and social distancing encouraged.

- **Craft Go-Bags:**  
 Continuing in July there will be weekly craft activity bags for c holders to take home and free Scholastic books at the library.
- **Prizes:**  
 Besides the enjoyment of reading and the chance to add to the Community Reading Goal, readers are entered in raffles to win a Kobo Clara eReader, a Kid's Kindle, or a Four-Eyed Frog Books gift certificate! Library.

**The Discovery Gallery**  
**Welcomes Art Lovers to Their**  
**Expanded Space**

Beginning this month the Discovery Gallery in Gualala will add to its space at the Seacliff Center, more than doubling the size of the gallery. This means more beautiful art of even greater diversity for your viewing, gift giving, and home beautifying pleasure.

From the second week of July to the second week of September, Discovery Gallery will house the Studio Discovery Tour Preview show in half of its new gallery space. The Discovery Gallery artists will continue to show their work in the current half of the gallery. The two spaces will flow into each other to make it easy to see all of the gallery



and preview show items in one convenient exhibit.

The Discovery Gallery is located at the Seacliff Center near the Seacliff Motel and Trinks. Open every day but Wednesday. Our new hours are 11:00am to 4:00pm. Come visit them soon.

Above: Jennie Henderson Scarves and Hangings

Alysia Calkins & Dorothy Barrett's

**Rollerville Cafe**



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## Words on Wellness • In The Redwood Forest by Karin Uphoff

There is no better place to spend some time in hot weather or drippy fog, than deep in the redwood forest along a running stream. A healthy coastal redwood forest (only 382,000 acres of such forest is protected, 23% of their range) has a multi-

storied assemblage of trees, shrubs and herbaceous growth wherever the light allows. Small trees like bigleaf maple, have stain glass edible leaves and shrubs like California wild hazel nut (*Corylus cornuta* var *Californica*) with

its green, saw-toothed, velvety leaves and softly arching branches, do indeed produce hazelnuts. The green husks that cover the nut are longer and form a tubular beak with what looks like tiny tassels. By the end of summer these husks turn brown and shrink and the nut adheres to the stem until a squirrel or chipmunk comes along to collect it. Like the European hazelnut which produces larger nuts and is sold commercially, these nuts are high protein and serve as an important food source.

Another velvety-leaved plant is the rangy thimble berry (*Rubus Parviflorus*). Like raspberries which are related, thimbleberries are prized for their bright scarlet berries



that ripen in summer to a sweet and unique taste all their own. They are actually a miniature cluster of berries providing a pleasant crunchy texture from the tiny seeds in each drupelet. Native Americans have and continue to value this plant for food and

medicine, especially for skin and digestive ailments. Leaf infusions are used internally to treat stomach complaints, anemia, gastric bleeding and vomiting. The tea is also has been taken by women when their periods are unusu-

ally long. A poultice of the dried powdered leaves can treat wounds and burns and are used to reduce scarring. Making a facial steam with the leaves will reduce pimples and blackheads due to its astringent property. Both roots and leaves were used traditionally to stimulate appetite, helping those who need to gain weight. A decoction of the roots, as with blackberry root, helps resolve diarrhea taken in small doses often. Young spring shoots of this plant, once peeled, can be eaten either raw or cooked like asparagus as both berries and shoots are rich in Vitamin C and A. The yellow-banded sphinx butterfly relies on the thimbleberry as both a source of nectar and a host for its larvae.

*Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of*

**Botanical Body Care: Herbs and Natural Healing for Your Whole Body.**

*Learn more at: [www.karinuphoff.com](http://www.karinuphoff.com). Image: Brigitte makes custom works from your photos, thanks a lot at Pixabay.'*

## Blue Grouse: "Hear Their Courtship Hooting"

The Blue Grouse is the common resident grouse of our mountains. In early spring, while there is still snow on the ground you can hear their courtship hooting.

The Blue is one of the largest grouse at 17-22". They are mottled brownish gray with a broad gray band at the tip of their tail. Their short legs are feathered. The males have a blue gray cap and an orange bare spot or "comb" over the eye. They have yellow patches on their throat surrounded by white feathers, which inflate for courtship.



inflates his yellow air sacs to amplify his hooting and growling. Most of the male's song is so low the human ear cannot hear it. Courtship also involves elaborate displays

with short fluttering flights off the ground and strutting with air sacs inflated and tail fanned, much like a turkey gobbler.

After mating the male return upslope to the conifers and alpine meadows. The female stays below and raises 7-10 young. Their diet is mainly insects to start and then expands with berries, leaves, seeds and flowers. The winter diet is mainly conifer needles and buds.

By September all return to higher elevations to winter in the branches of conifers or burrows in the snow. They even grow their own snowshoe with a fringe of scales around their toes.

*Our thanks to the Mendocino Coast Audubon Society for contributing this article about the Blue Grouse. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendocino Coast.*

*More information is at [www.mendocinocoastaudubon.org](http://www.mendocinocoastaudubon.org).*

## Why Salish Sea researchers are targeting superbugs in marine mammals

by Hannah Weinberger / [hannah.weinberger@crosscut.com](mailto:hannah.weinberger@crosscut.com)

Antibiotic medicine has saved innumerable people, but research has shown we are prescribed antibiotics more often than needed, leading bacteria in our bodies to build up immunity and become superbugs.

The negative impacts aren't limited to humans, though. Through a multitude of possible pathways, including runoffs, sewage and landfills, more antibiotics and antibiotic-resistant bacteria are showing up in the Salish Sea and in the bodies of the wildlife that live there—especially marine mammals.

The ways we use antibiotics in medicine, agriculture and beyond have concerned Dr. Stephanie Norman, a wildlife veterinarian and epidemiologist with Marine-Med, for decades. It's for that reason that Norman and a team spent two years collecting and analyzing animal necropsy samples from porpoises and harbor seals in the Salish Sea. They wanted to get a better idea of how susceptible marine mammals are to antibiotic resistance and how these bacteria spread through the world. Antibiotics might find their way into the marine environment via a host of things we medicate: people, pets or even farm animals.

"We don't understand a lot about how antibiotic resistance moves through the environment, and what effect it could potentially have on wildlife," says Dr. Joe Gaydos, a co-author on the study and science director of the SeaDoc Society. "We don't treat a lot of wildlife with antibiotics. But occasionally we do, with rehabilitation and things like that, and so we don't want to be causing a problem someplace where there shouldn't be a problem."

Studies of marine animal antibacterial resistance in Puget Sound have taken place before, but they were mostly limited to single species in narrow locations. Norman can count them on one hand. Her team's efforts are broader and more structured, dealing with more than one species across a wide geography of inland waters, with multiple age classes within those species.

After taking samples from 95 animals—74 harbor seals and 21 porpoises—the team found the data across age classes and geography showed significant numbers of harbor seals and porpoises host bacteria that resist treatment by common antibiotics. How that resistance unfolded in these populations in some ways flies in the face of what researchers expected to see, creating concern for por-

poises, harbor seals and animals like endangered southern resident killer whales.

"What it's showing is that stuff that we're doing on land is getting into the ocean whether we know it or not," Gaydos says. The findings also tee up another frightening prospect: that this antibiotic resistance and ensuing superbugs could make their way back to us.

### THE FINDINGS

Collecting samples from wild animals is a time-sensitive science that takes a village, and Norman's showed up for her in spades in the form of the region's robust marine mammal stranding network.

Norman's sampling period, from September 2018 through June 2020, relied on strand-

*Continued on Page 16*



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Tenille Dashwood (1989-)

## "Pursuing Lines, Curves and Abstract Languages" • A New Exhibit at Gualala Arts' • Opening July 3

Featuring Michael Connor, Mirka Knaster, Paula Haymond

"Pursuing Lines, Curves and Abstract Languages" is a new exhibit at Gualala Arts, featuring the works of Mirka Knaster, Paula Haymond and Michael Connor. The exhibit opens Saturday, July 3, from 11:00am to 7:00pm in Coleman Hall at Gualala Arts. A Members Preview is set for Friday, July 2, from 11:00am to 4:00pm. The exhibit continues through, August 1.



Michael Connor is best known for his abstract paintings. His work examines the relationship between form and fluidity. Born in Minneapolis, Michael attended the Minneapolis School of Art before moving to California where he worked as a Creative Director in the Silicon Valley advertising industry. Following a near-death experience, his body of work took on a lucid form of storytelling. His non-linear

narratives illustrate his experience navigating what he candidly describes as "going somewhere else."

Coastal artists Mirka Knaster and Paula Haymond are keen on abstract art. They offer beautiful and engaging works that appeal aesthetically and arouse curiosity. Presenting new ways of looking at what's all around us and inviting viewers' imaginations to roam freely is what makes their abstract art so intriguing. Both artists work with a mixture of media and techniques. Haymond sculpts, burns, pierces, and paints wood, metal, and stone to create three-dimensional objects. Knaster combines textiles, handmade paper, thread, paint, dye, and ink in her 2-D and 3-D pieces.



visual pattern. Like the magic of seeing an animal in a cloud or discerning a face in the moon, abstract art stimulates our capacity to create a story. Our mind takes over when the artist does not provide a mimetic representation of a place, person, or object. Abstract art encourages us to go beyond what reality presents and interpret the shapes, lines, colors, and designs through a different filter. We can get lost in the abstract images. Then, as we fill in the gaps ourselves, feeling and thinking what the artwork means to us, we're gifted with finding something unexpected in the relationships between the shapes and spaces.



Left: "Dancer" by Michael Connor. Center: "Indigo" by Mirka Knaster. Right: "Dreams From The Crossing" by Paula Haymond.

## Shelter in Place—Reflections of 2020 • The Art of Gerald Huth

A New Exhibit Opening July 3 at Gualala Arts

"Shelter in Place—Reflections of 2020" will consist of the work Gerald Huth has been doing and will continue this year, about this challenge facing us as a society. The exhibit will include paintings, collages, and some sculptures. Images will be added to the website as they evolve. The exhibit opens Saturday, July 3, from 11:00am to 7:00pm at Gualala Arts' Elaine Jacob Foyer.

Gerald Huth was born in New York City, studied art and architecture at the University of Pennsylvania, with further studies at the Ecole des Beaux-Arts in Avignon, France, and the Art Students' League in New York. He has had more than 50 exhibitions, including numerous ones in France, Germany, Switzerland, Austria, and Australia. His work is in many public and private collections throughout the USA and abroad.

Gerald Huth's art deals with "the human

condition", with events in his life and the world around him. Much of his work is also influenced by the arts of other cultures and civilizations, encountered during his extensive travels around the world. His work often has the human figure as its focus, but there are also many pieces where the line between figurative and abstract becomes blurred.

Mr. Huth works in a variety of media, often mixing different ones in an attempt to achieve the strongest response from the viewer. There are mixed-media collages, collage/sculptures on rotating bases, and large paintings combining oil on canvas, papers, and wood or other materials. He believes that "the role of the artist is to fulfill the human expression of the time in which we live."

The exhibit continues through August 1. Gualala Arts is open daily from 11:00am to 4:00pm. Information is at [GualalaArts.org](http://GualalaArts.org).



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**"The Thought Behind The Shot" • A New Exhibit Opening July 3**  
**Four Photographers: Scott Chieffo, Paul Kozal, Bill Oxford, Scott Sewell**

Fine art photographers are asked this question virtually every time they show their work: "What were you thinking?" But that's not all. Other common questions are "how did you shoot that?", "where did you get that idea?", "What's the story behind that image?", "did the scene really look like that?", "Did you shoot that with an iPhone?" The answer to that last question is uniform: "No!" For those questions and others the new exhibit at Gualala Arts is a perfect stop. "The Thought Behind the Shot" opens Saturday, July 3, from 11:00am to 7:00pm in the Burnett Gallery.

Photography exhibitions rarely answer any of these questions and are notorious for presenting images with no explanation, location information or insight into the photographer's thinking. That changes with "The Thought Behind The Shot: Four Photographers, Four Walls". Each of the four photographers—Scott Chieffo, Paul Kozal, Bill Oxford, Scott Sewell—has selected a number of their best images and included an insight or anecdote regarding each one. Their collective hope is that each visitor to the new exhibit learn a bit about what goes into our art, whether it's a better understanding of the creative process of photog-



raphy, an appreciation of the effort that goes into making an image, or a tip they can use for their own photographic efforts.

In the 15 years that he has been living on the Southern Mendocino County Coast, Scott Chieffo has developed an intimate photographic relationship with its unique landscape. His images capture the subtle beauty of the coast and forests with a highly unique, "painterly" style that emphasizes the quiet solitude of these landscapes. Scott's main photographic goal is to be able to communicate this unique viewpoint to others, such that they are able to look upon his images, and develop a new and stronger appreciation for life's details. He believes that a fine art photographic image is most powerful if it can be viewed with increasing pleasure repeatedly for many years, rather than simply have a strong initial impact. ([www.schieffophotography.com](http://www.schieffophotography.com)).



Paul Kozal, a Sea Ranch resident, has been contributing to the world of fine-art photography for over thirty years. His work has been featured in leading photographic



publications and art magazines. Kozal's photographs are in the collections of the Monterey Museum of Art, the Tokyo Cultural Center, the Cantor Center for the Arts at Stanford University and several corporate collections. His photographs are frequently selected for the Arts in Embassies Program. Kozal's work has been exhibited in numerous solo and group shows throughout the United States. His work can also be found at his personal gallery, Studio 391 in Gualala.

The majority of my images are inspired by the beauty of The Sea Ranch, a ten mile stretch of land of the Sonoma coast known for its distinctive architecture and commanding views of the Pacific Ocean. My primary desire is to communicate the beauty of my surroundings – a ray of sunlight gleaming across the sea; sheep grazing in the meadows; wooden barns in the afternoon fog; giant redwoods and windswept cypress trees; bluff-top trails skirting the ocean – these are the indelible images I seek to capture through my camera lens. Kozal's work can be viewed in depth at [www.paulkozal.com](http://www.paulkozal.com).

For 28 years, as the owner of The Oxford Group, a San Diego-based marketing design firm, Bill Oxford has created campaigns for hundreds of national and international corporations. In 2010 he began shooting stock photography for Getty Images. Success followed and Bill moved to The Sea Ranch.

Surrounded by the beauty of nature and stunning homes of the area, he soon aimed his lenses toward landscapes, seascapes and architectural photography and video. Oxford's work can be found at [www.billoxford.com](http://www.billoxford.com).

Scott Sewell is an award-winning landscape photographer who specializes in Coastal California, the High Sierra and travel photography. He likes rocks, waves, clouds, contrast, texture and black and

white images but has been known to shoot people, buildings and in color.

A fourth-generation Californian and a lover of the Western outdoors, Sewell has been roaming Highway 1 in Mendocino County and Highway 395 in the Eastern Sierra in search of images for most of the last decade. He has also spent many miles on the trails there, on foot and on horseback, because deep and intimate familiarity with the land he shoots is fundamental to his method. Sewell splits his time between the Mendocino Coast, the Sierra Nevada and Marina del Rey in southern California. His



work is also at [MostlyBlackNWhite.com](http://MostlyBlackNWhite.com).

"The Thought Behind The Shot" continues through August 1, 2021 at Gualala Arts, 46501 Old State Highway, Gualala.


*Images: Far left: "Iverson Cove Sunset" by Scott Chieffo. Top: "Sea Ranch Chapel" by Paul Kozal. Lower left: "Yoga at Sea Ranch" by Bill Oxford. Above: "Low Tide Moonset" by Scott Sewell.*






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 Lady Diana Spencer (1961-1997)

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## Walking Down Madison

by David Steffen

I don't mind admitting that in the mid-1960s I was a fan of Bob Dylan but not Joan Baez. These two legendary songwriters and performers were regularly linked up by the press, in part, due to their ages, political and social views, they were a boy and a girl (duh), and particularly through their songwriting. By the early '70s I was a part of the music business and met one of them.

While working for A&M Records in Chicago, part of my job was working with artists coming through town, helping promote their music, club and concert tours, schedule interviews and more. Somewhere in 1973 I found myself spending part of a day with Joan Baez who, a year earlier, had signed a record deal with A&M. She was in Chicago to promote her first A&M album, "Come From the Shadows". In addition to visiting radio and press, I remember the casual parts of our conversation. Yet even those moments gave me some appreciation for just who Joan Baez was. It was a thoroughly enjoyable day talking about music, touring, and her first 15 years as a successful recording artist. I also got a first-hand lesson about California agriculture with, for example, a lesson on which lettuce to buy, which to avoid, and so on. As the saying goes, Joan walked the walk.

Remember the draft? If you don't it may simply be a factor of age, or the likelihood that no-one in your immediate family was conscripted into the American military. Those of us who were high school age in the 1960s definitely knew about the draft. We knew that unless we went to college and received a deferment it was likely that—barring some paperwork miracle (or undiagnosed medical anomaly)—we would probably be wearing a uniform (voluntarily or through the draft) and quite possibly shipped to Vietnam. Some of the musicians who became part of the conscience of a generation wrote about the war:

Dylan, Baez, Pete Seeger, Arlo Guthrie, Phil Ochs, and others—wrote and performed songs that (to put it mildly) objected to war and the draft, and to be fair, other issues: poverty, social injustice, women's rights and more. But that defiant songwriting was not purely American. Songwriters in other parts of the world also became known for writing songs that opposed war—Vietnam or almost any other war.

John Lennon famously wrote "Give Peace a Chance" (1969) which became a universal mantra for those protesting the Vietnam War. In November, 1969, Pete Seeger gave his voice to Lennon's song, performing it before a crowd of 500,000 calling for a moratorium on the Vietnam War at the Washington Monument. And there was a player from the British Isles doing his own anti-war songwriting: James Henry Miller.

Miller was born in 1915 in England of Scottish parents. He adopted the stage name Ewan MacColl and wrote a number of songs that have become famous to music lovers around the world, including "The First Time Ever I Saw Your Face" (Roberta Flack achieved enormous fame and sales success with that song around the world.) He was also known for writing songs protesting nuclear arms, and songs of support for union laborers in the U.K. I learned about Ewan MacColl by following the career of his daughter Kirsty MacColl. As with much of the music I've

learned to love, it was friends who connected me to MacColl. More on that in a minute.

Memories are crazy things, and beyond our true experiences, we often forget many events, and embrace those reimagined. That being said, 1989 was an interesting year in the music business. All of us at A&M Records wondered who would be left standing once



photo by: © Rita Carmo

Polygram completed the \$500 million acquisition of A&M, the label that Herb Alpert and Jerry Moss started in Herb's garage in 1962. One evening in '89 I found myself leaving the Century Plaza Hotel after a meeting. While sitting in my car on the parking ramp trying to leave the hotel, a young woman dressed in something resembling camo saw me, and waved her hand to get my attention. As she walked closer to me I saw that it was my friend Barbara Bolan. She worked for IRS records and was promoting a new album by a group called Fine Young Cannibals. She handed me a cassette and as I drove home I found myself listening to "She Drives Me Crazy". It was more than infectious. It was a spectacular record. Consumers and radio agreed, and the single went to #1 in Billboard. To this day, no one changes the dial or turns the volume down when that track comes on the radio, or YouTube, etc.

I don't remember if it was Barbara or IRS Records president Jay Boberg who handed me a copy of 1993's "Titanic Days" by Kirsty MacColl, but I fell in love with the music. And, I might add, the lyrics of the title track read like a hot romance novel (not that I care about such things). And there was another early-'90s album by MacColl: "Electric Landlady". I'm old enough to get the title's pun (playing off of Jimi Hendrix's album "Electric Ladyland") and once again, I was happy to have another MacColl album in my collection. The lead track on that album was "Walking Down Madison."

MacColl continued to grow as a vocalist and as a songwriter, and one couldn't ignore the socially-relevant lyrics of "Walking Down Madison". This young woman's lyrics presented the diverse social eco-system of New York using Madison Avenue as a microcosm of the city: gun violence, opulence, hunger, homelessness, glitter, social ignorance (or ambivalence) and perhaps with a nod to West Side Story, the sharks and the rats. Having

walked, driven, taken the bus or subway and taxied almost the entire length of Madison Avenue while working in New York, I was anxious to see the video. And that video—readily available on YouTube—richly follows her lyrical storyline:

***From an uptown apartment  
to a knife on the "A" train,  
it's not that far,  
From the sharks in the penthouse  
to the rats in the basement,  
it's not that far,  
to the Bag Lady frozen asleep  
on the church steps,  
it's not that far".***

In 4 1/2 minutes MacColl paints a picture of New York City's economic contrasts, a picture that's right in your face. And it's helped along by rapper Aniff Cousins, who has a not-insignificant recurring part in the recording and the video.

The third MacColl track I want to mention is the "Christmas" record she made with the Pogues, the group led by Shane MacGowan. As holiday music, "A Fairytale of New York" is less Bing Crosby and more John Lennon. The track and video (which includes a cameo by actor Matt Dillon) were produced in 1987, and "Fairytale of New York" has been a perennial chart success in the UK ever since. I won't describe the video (it should really be seen) except to say that MacGowan was quoted in UK music magazine Mojo, describing the lyrical interplay between himself and Kirsty MacColl: "Kirsty knew exactly the right measure of viciousness and femininity and romance to put into it and she had a very strong character and it came across in a big way... In operas, if you have a double aria, it's what the woman does that really matters. The man lies, the woman tells the truth."

In 2000, Kirsty MacColl was killed while vacationing in Cozumel, Mexico. Enjoying a swim with her children, she was hit by a boat cruising through an area designated "No Boats", (as in 'for swimming only'.) Age 41. A tragedy, to be certain. A loss for recorded music is obvious. But twenty years later her voice remains compelling. The recordings I've mentioned today stay with me, just like recordings that you've loved over the years. Need some refreshing "new" music for your ears. Start with "Titanic Days", then go to "Walking Down Madison", and finish with the video of "Fairytale of New York". Her recordings remind us of the tragedy of her death, how precious is the time we're allotted on this planet, and how recorded music lets us enjoy, imagine, and celebrate while we're here.

Photo by: Rita Carmo ([www.ritacarmo.com](http://www.ritacarmo.com))

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## "The Souvenir Museum"

A Book by Elizabeth McCracken • Reviewed by Jennifer Bort Yacovissi

I'm absolutely certain that I am not the first reviewer to say this, but Elizabeth McCracken cracks me up. I'm even more certain now, since the week that I wrote this, McCracken tweeted, "You crack you up, one of my kids said to me, accurately." I felt the need to respond, "In your defense, you're not the only one."

In reading McCracken — here, in her latest story collection, *The Souvenir Museum*—most often, I find myself laughing with simple delight at her just-so-right-ness. She has the eye, ear, and voice for capturing the essence of the world as it unfurls around all of us—trapping us, dragging us along, leaving many of us trailing in its wake. She's right in the scrum with us, sharing it all: the absurd, the miraculous, the horrific, the utterly banal. In McCracken's hands, it's gold.

The lion's share of that loot in *The Souvenir Museum* goes to Jack and Sadie, whose lives, together and separately, account for almost half its stories. Sadie, 21, who "wanted love so badly the longing felt like organ failure," meets Jack—the only American-born-and-bred child of an English family, who, at 16, "shipped himself off to another country so that he could attend to his late puberty alone, like the injured animal he was"—on the streets of Boston in winter. He asks Sadie what her name is short for. "Sadness," she tells him.

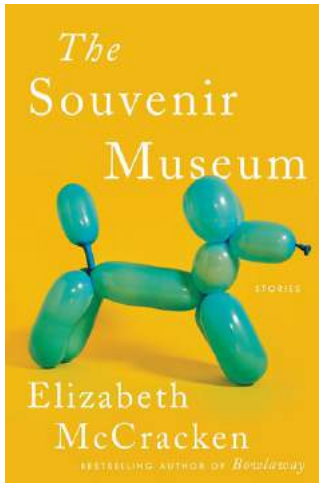
We initially encounter the pair as Sadie drives them through the Irish countryside late at night to the wedding of one of Jack's older sisters, and to Sadie's first meeting with his imposing family. We're not sure about Jack at first—our early sympathies lie squarely with Sadie—but he wins us over in "A Splinter" and "The Get-Go," in the latter of which he also wins over Sadie's long-widowed mother when he finally "learned the secret of Linda, perhaps of all in-laws, which was to fold his own personality in half, and quarters, and eighths, then tuck it into his pocket."

We follow Sadie and Jack through 20 years; in the end, we know and love them like our own frustrating and oddball relatives.

It only took me a few minutes to recall where I had previously encountered the story "Robinson Crusoe at the Waterpark": It was one of the standouts in *Reader, I Married Him*, a collection of wonderfully quirky tales edited by Tracy Chevalier that all use the climactic sentence from *Jane Eyre* as their central conceit.

I'm not sure why this story affects me so. In it, two men take their young son to an ersatz German waterpark in Galveston, Texas, with the ghastly name of Schlitterbahn (which is, for the record — oh, my God — a real place). Bruno, the older father, totes

up all the things he has given up for love, or submitted to in its name, such as coming to a place like this, which, for him, is its own little circle of hell. But he is fully aware of what he has received in return.



"Ernest was Daddy and Bruno was Pop; Ernest believed in vows, Bruno in facts and deeds. The important fact was four years old. The fact was named Cody. The fact had never-cut red

hair that hung to his shoulders and was so fair-skinned as to be combustible." As thoroughly as Bruno loves Ernest and the child they share, he cannot surrender himself to any wedding that Ernest would plan.

A waterpark is also the worst kind of place for a guy like Bruno, for whom "there was nothing between uncertainty and catastrophe... One of the things he hadn't realized before having a child: how many ways there were to die of self-confidence." Still, it is the place of his epiphany.

But in case the reader (me, for example) thinks of a place like Schlitterbahn as a quintessentially American horror, the title story in *The Souvenir Museum* whisks us off to Denmark and the original Legoland. Nine-year-old Leo informs his mother, Joanna, that Legos were invented in Denmark. When she suggests taking a trip there to visit the Vikings—so that she can track down her Viking of a lover, who long ago abandoned her—Leo negotiates a stop at the plastic-block amusement park. Par for the McCracken course, no one ends up amused.

Allowed to choose again, Leo discovers

the real Denmark, "studded with little museums dedicated to misery and wealth and the unpleasant habits of men." He loves the shards more than the whole; for him, "Looking at a piece of a thing, he might think, deduce, discover something nobody ever had, which was all he wanted in the world."

Family is at the center of every one of McCracken's stories, which is what makes them so achingly familiar. "A Walk-Through Human Heart" seems an apt description of a parent's heart when they feel their child slipping away from them, to be replaced with a stranger fueled by drugs and treachery.

And how much worse is it when the loss goes in both directions? In "Birdsong from the Radio," when exotic Leonora — so unlike the other mothers—goes from nibbling at her three children, "plump loaves of bread, delicious," to actually biting them, we feel her slipping into feral madness. The children, in terror, begin to sleep together for protection, and her husband, "Poor Alan... in thrall to his wife," stands helplessly by.

We know that something worse is coming, with the other mothers dissecting events "later," and there being a mention of news cameras. The question is simply how the animals in Leonora's nature—"not a chimera but a vivarium"—will fully manifest.

This and the other stories in *The Souvenir Museum* are the kind that hold up well beyond a single re-reading. How far beyond? I'll let you know when I get there.

*Jennifer Bort Yacovissi grew up in Bethesda, MD, just a bit farther up the hill from Washington, DC, where her debut novel, Up the Hill to Home, takes place. The novel is a fictionalized account of her mother's family in DC from the Civil War to the Great Depression. In addition to writing and reading historical and contemporary literary fiction, Jenny reviews for both the Independent and the Historical Novel Society. She owns a small project-management and engineering consulting firm, and enjoys gardening and being on the water. Jenny lives with her husband, Jim, in Crownsville, MD.*

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## The July Reading List

Best Sellers and Best Bets

"Let us remember: One book, one pen, one child, and one teacher can change the world."

Malala Yousafzai (1997-)

- **Living at the Sea Ranch**  
by M. Alinder, A. Lunsford, C. Kreyling
- **When the Stars go Dark**  
by Paula McLain
- **The Hill We Climb. An Inaugural Poem...**  
by Amanda Gorman
- **Finding The Mother Tree**  
by Suzanne Simard
- **Nomadland: Surviving America in 21st**  
by Jessica Bruder
- **The Dutch House**  
by Ann Patchett
- **The Glass Hotel**  
by Emily St. Mandel
- **Project Hail Mary**  
by Andy Weir
- **You Will Leave A Trail of Stars**  
by Lisa Congdon
- **Premonition: A Pandemic**  
by Michael Lewis
- **All That the Rain Promises and More**  
by David Arora
- **The Overstory**  
by Richard Powers
- **Gratitude**  
by Oliver Sacks
- **The Body**  
by Bill Bryson
- **Soul of an Octopus**  
by Sy Montgomery
- **Code Breaker**  
by Walter Isaacson
- **Long Petal to the Sea**  
by Isabel Allende

### Another Book You Might Like\*


\*. **The Souvenir Museum**  
A Book by Elizabeth McCracken  
(See review on this page)

*The Lighthouse Peddler is pleased to bring our readers a list of the best-selling books being picked up and read by locals and visitors alike. Our thanks to Four-Eyed Frog Books, a Community-owned Bookstore in Cypress Village, Gualala.*


5	4	7	8	2	3	6	9
2	7	6	3	5	9	1	8
3	9	8	4	6	1	5	2
1	4	7	9	2	3	8	6
9	8	2	5	1	4	6	7
6	8	2	5	1	4	6	7
9	3	5	8	6	2	7	1
4	2	3	1	7	6	9	5
8	6	1	9	4	5	7	3
7	5	6	2	3	8	4	1

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W.C.Fields (1880-1946 )

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# Scuttlebutt

by Mitch McFarland

It feels like maybe time to have a little recycling update. I realize that there are plenty of people out there who are comfortable with their confusion as to how and what to recycle. Some use this confusion to justify their largely limited recycling efforts, when actually they don't really care all that much. For many people reducing landfill fees and helping to create a circular economy just doesn't rate very high on their list of priorities. Probably somewhere below polishing the rims on their pickup.

There are those who throw everything in the landfill. There are also those who throw all their discards in recycling bins as though they are free garbage dumps. Some of this is called "wish-cycling" in which someone hopes something is recyclable, though often they don't actually care one way or another. The rest are just freeloaders.

I'm sure there are some folks who couldn't care less what I have to say about recycling, but they are not likely to be reading this column anyway, so let's move to something more productive .

I think that our local population has a pretty good understanding of the need and value of a sustainable society and a circular economy is definitely a part of that.

There are lots of folks around here who really do care about the planet and our incredibly wasteful ways. When I ran the recycling drop-off at Arena Cove there used to be a gentleman who, whenever he came to recycle, would sort through the bins and remove non-recyclable items for me (a task I performed often several times a day). Others have commented to me that they were gratified to learn that I was not the only person who tears the tape off cardboard boxes before recycling. Others have contacted me to ask a question about the use of the drop-off and other recycling questions, though often those questions might better be answered by the recycler,

generally Solid Waste of Willits.

So for you dear recyclers here are a few tips to enhance your recycling efforts.

Many recyclable items are not recycled because they are too small to make it through sort lines at the recycling processors. This includes small bits of plastic and metal bottle caps. You probably know that #1 PET plastic (sometimes called PETE) is recyclable. This is an extremely common plastic currently used as packaging for small to medium sized products. You have all seen things sold in PET, molded to the shape of the item and glued to a piece of cardboard. Both the cardboard and the PET are recyclable, but not together. After simply separating the two, the cardboard can be recycled with your paper recycling,



but what about that little piece of PET? Good chance it won't get recycled if sent through the system alone. So what to do?

Many, many things are now being sold in larger PET containers that are resealable. The one you might be most familiar with is salad mix that comes in clear containers that securely close. Before putting them in a recycling bin they can be conveniently filled with several smaller bits of PET saved, for example, from battery packaging.

The same holds true for metal bottle caps on glass bottles. While both the metal and the glass are recyclable, they are not the same material (duh). No problem recycling the glass, but what about the metal cap? It is not going to make it through a sort line, but you can use a rinsed out metal can to save those caps until it is about half full, then

crush the top closed so that the caps cannot escape and put the whole thing in recycling.

I do the same with other plastics. #2 HDPE is very common. I take a laundry detergent jug and put a long slice in it so that I can shove small #2 items inside. When it is full, off it goes to the recycler. Incidentally, I learned that the plastic ring around the lid of ice cream containers is #2 plastic. After removing the ring from the cardboard lid, the ring goes in the detergent jug. I learned this by emailing Haagen Dazs and simply asking what the ring is made of. It wasn't hard to do. Don't be reluctant to ask companies about the recyclability of their packaging and products. I do it all the time and generally I get an answer. Even if their stuff is not recyclable, you have made a point in asking.

One of my recycling heroes, Ling Yen Jones, informed me that parchment paper used in baking is generally reusable and we all know that reuse comes before recycling. My wife, Madeline, uses those PET salad containers for germinating seeds with excellent results.

We are all familiar with the classic impulse of balling up paper before discarding it. That may be a potent image, but it is a lousy way to recycle. Too bulky! I have a wine box next to my desk (don't ask) where I put all my junk mail and other paper products including all those cardboard boxes that foodstuffs come in. I simply tear them open at the glued seam and stack them in the wine box. A wine box will hold almost 20 lbs of paper before I bind it securely with sisal or cotton twine so the paper won't blow all over the place when I place it in the recycle drop-off.

What ideas can you come up with to enhance resource use? Let me know via [www.thelighthousepeddler.com](http://www.thelighthousepeddler.com) and I'll pass it along. It would be fun to have a whole column of readers' suggestions.

## Coastal Hills Community Bulletin

For those of us who drive south to visit friends and family (or just head to the Bay Area), we're always reminded that there's plenty going on between the Sea Ranch and Jenner. Here are some samples:

### Veterinary Vaccine Clinic

Dr. Jennifer Frankot, DVM, brings her services to many on the Mendonoma Coast by bringing her vaccine clinic to Stewarts Point. This is a regular service as she makes herself available for a vaccine clinic every Thursday. (There will be a clinic on July 1.) The clinic is located at the corner of Highway One and Skaggs Springs Road—across the highway from Twofish Bakery.

The clinic is from 8:30am to 12:30pm. The services offered include vaccines, dewormers, flea/tick/heartworm medications, heartworm tests, nail trims, microchipping and more. For a complete list of services you can visit Dr. Frankot's website: [www.spiritveterinaryservices.com](http://www.spiritveterinaryservices.com). More information is available by phone at (707) 840-3410 or email, [spiritvetservices@gmail.com](mailto:spiritvetservices@gmail.com).

### Sunday Art At The Market

Local favorite "Sunday Art at the Market" returns Sunday, July 18, 10:00am -Noon. They'll be kicking it off with a special event called "What I Did on My COVID-19 'Va-

cation." Did you paint, sculpt, draw, stitch, weld, seed, sew, knit, photo, cook, bake, preserve, sing, play, write, record, film, build, assemble, train a puppy, or even abandon a project during our collective time off? Join a community-wide show and tell. Bring masks and your own display tables. If you want to entertain or sell something, be our guest, and please save 10% of sales for CHCP.

CHCP Sunday Community Markets at Fort Ross School are held every Sunday from 10:00am to 12noon. NOTE: Rain cancels. School COVID-19 protocols are in place.



## "The Herd" by Sally Marshall

This term, "herd immunity", doesn't set well with me. I keep imagining a herd of caribou being chased by a pack of wolves. In nature, culling of a herd is accomplished by removing the weak and old by predators who chase the herd, thereby revealing the vulnerable ones that can easily be brought down to feed the pack. I think it bothers me because we have a pandemic that has done the same thing, especially to seniors, exploited minorities and the poor only, instead of being lunch for a pack of wolves, we have been eliminated by a microscopic enemy that is very cunning and resourceful. I have to remind myself that we are humanity, not animals, and have incredibly heroic teams of medical practitioners: doctors, nurses, lab technicians, all working overtime, all exhausted and stressed out, who have remained on the job during the height of infections, dedicated to healing and comforting the weak, the old, the frightened; and, teams of scientific experts working around the clock to successfully produce a vaccine against this incredibly tenacious adversary. Then, there are the essential workers: people armed with masks and vinyl gloves, staying on the job to keep critical supplies and services accessible in our communities. These essential employees were at constant risk, and many continue to work under adverse conditions. We have done this because we are of a higher order than the animals (well, most of us, anyway) so, we have been given a much better prognosis than a caribou.

Ok. Maybe I'm being a bit too optimistic here. Sometimes I have to remind myself that, when the Covid 19 pandemic hit the United States in 2020 (alerts began in January), the first thing that went off retailers' shelves were semi-automatic weapons, scores of ammunition and toilet paper. That makes sense. If you are going to stalk some nebulous adversary with your assault rifle, you will want to make sure your butt is wiped properly first. Which brings us to the question: Who exactly is this enemy? Who are the "they" that activated an odd group of militant reactionaries who felt the need to arm themselves with assault weapons and loads of ammo? In reality, the only "they" most of the herd would fear would be those reactionaries carrying around semi-automatic assault rifles in plain sight.

So, if you are planning to include an assault weapon with your ensemble while out in public, you will need to figure out how to do this without alerting law enforcement. One suggestion would be to wear camouflage clothing so people can't see you (I've been told that doesn't really work). Then, you'll need a special vehicle in which to cruise the streets – one suitable for stealth and surveillance. We have those already and, last year

every sports ATV retailer in our area had trouble keeping them on their lots, as people were buying them steadily all summer. They're supposedly built for off-road recreational use, as they do not have much carrying capacity, so they aren't very practical for doing some fencing work around the farm or any other purpose that requires hauling equipment (or a kayak). They are a type of ATV designated as a "side-by-side" (?) with



a set of roll bars over the top, sometimes including a canopy roof (kind of like a golf cart on steroids). What makes them suitable for stalking "nebulous adversaries" is the removable side doors. This is handy if you are going to aim your automatic weapon at innocent citizens holding protest signs, as you don't have to roll a window down first.

What perplexes me the most is the advertising for these vehicles, which is obviously aimed at people with some serious self-esteem issues. "Are you tired of not being noticed?" asks one sports ATV manufacturer. There must be a lot of people with this problem, especially those who need to identify with some popular trend of the moment. Last year these side-by-sides were all over town, cruising main street and annoying people at the parks. Some sported little American flags or ones naming their favorite political figure (guess who?). The fact that it looked somewhat comical and ridiculous was overshadowed by an ominous undercurrent that revealed an unusual, predatory mindset in our population. This trend has been exacerbated by a continual barrage of bizarre social media posts: conspiratorial rantings that are connected to algorithms that feed on extremism and hate. These "algorithmic amplifications" are covertly planted by the Silicon Valley robotic tech world into social media platforms. The idea that social media is being manipulated by artificial intelligence in an extremely efficient, toxic feedback loop brings us to the question: Do the people who are influenced by this realize they are being compelled to purchase automatic weapons on the advice of a robot? If so, what exactly are you planning to do with this type of weapon in your community? If you use it to blow away some

little old lady holding a protest sign, just because she called you an idiot, you are going to be charged with first degree murder and put away for life, as well as smearing your family name with a crime. You have become a predator in possession of a lethal weapon that kills people.

The other thing that bothers me about these weapons is how easy it is to acquire one. An assault-style rifle with a large-capacity magazine, along with ammo and accessories, can be purchased at your local sporting goods or fire arms retailer, right along with PFD's, sun hats, candy bars and fishing poles for the kids. You are now equipped, along with camouflage attire, for an impressive assault on a gathering of protesters, environmental activists (remember climate change?), or people marching for justice, equality, or the right to exist. So, just about any "nutcase" can obtain an AK-47 style combat weapon (note the persistent, grim news of mass shootings). How did we ever get to this point?

Let's get back to the herd. The herd consists of most of us, who are peace-loving, trusting and vulnerable, sometimes clumsy and sometimes heroic citizens who care about one another. We are not always right, not always smart and not always healthy; we don't always agree with one another but, most of the time, we can settle our differences because we know how important it is to work together. We arm ourselves with face masks and sanitizers because we feel responsible for protecting one another while the pandemic develops new ways to try to kill us. We have more courage than we will ever be given credit for and, we all come in beautiful, different colors. As we stumble through life, working too hard, and trying to do some good in our communities, we are pretty much overlooked in the news media by a population more interested in what's happening with the Royal Family, Tom Cruise, or the antics of a former president (what's his name?). We are tired of hypocrisy invading our Facebook page by wealthy mad men, we are tired of scammers, identity thieves and everyone else who lies to us; and, we would like to be able to answer the phone without the caller being another deceiving, robotic voice. We are the herd – exploited, manipulated, exhausted and the perfect prey for the "wolves".

The "wolves" of humanity are the bullies; the predators with assault-style weapons. The white male supremacists who are toxic with hate become the perfect target for those algorithms created by young, ambitious Silicon Valley techies whose job is mainly to increase corporate profits using the efficiency of artificial intelligence to flood social platforms with inflammatory content such as conspir-

acy theories and militant extremism (while climate change keeps the planet burning and the waters rising). The "wolf" could be your neighbor, someone you work with, or a member of the church you attend. If you've been in his house, he has probably showed off his impressive collection of weapons that set off alarm bells in your psyche. But, he's ready for "them", whoever "they" may be. So, in the eloquent words of Walt Kelly's comic strip character "Pogo": "We have met the enemy and he is us."

### "Asilomar Beach Meditations" by D. A. Wilson

Flying eyeball wings across the sky.  
The bleached blue sky of April Off-  
set against the white sand.  
I walk upon this beach  
In the slow lopping gate  
Of many miles to go before  
I rest my weary bones.  
I hear the rhythm in the waves  
Just listening without analyzing  
Not particularly going anywhere. Un-  
derstand this is a miracle.  
Ain't it good to be alive?  
I rejoice in my poet's vision  
And regret not the times  
When demons torment me  
Or emotions unhinge me  
Or falsehoods deceive me.  
For these are necessary parts  
Of the process  
And only this ocean is eternal.  
The irregular rhythm of the waves  
The manifestation of cyclic patterns.  
The diffuse blue light of a warm after-  
noon Inspires one to calm meditations  
Whilst one would bark at the moon  
That hangs in the dark sky  
And both are reflections of one.  
Duality is illusion.  
All the same ocean.  
In this world of trickery  
We trick ourselves.  
Each of us a Buddha  
Eating pomegranate seeds.  
It is our duty  
To help each seed  
Reach its full potential.  
Although there is no reward in this  
Beyond doing it.  
Enjoy the drama  
Dream of life  
The poetry of it  
And the ocean shall answer  
In its answer  
That is no answer.



# Crossword

by Margie E. Burke

## ACROSS

- 1 Follower of Mary
- 5 Cut corners
- 10 "Bonanza" brother
- 14 Soprano solo
- 15 Carreras is one
- 16 Madcap
- 17 Unload, as stock
- 18 Breathing apparatus
- 20 Unlikely story
- 22 1997 J-Lo title role
- 23 Witch's blemish
- 24 That and that
- 26 Type of arrest
- 29 Giant red star
- 33 Cream of the crop
- 34 Golfer's goal
- 36 Big rig
- 37 Pot-bellied pet
- 38 Hyundai model
- 41 Fish-and-chips fish
- 42 Say again
- 44 Away from the wind
- 45 Strike, in the Bible
- 47 Go over again
- 49 Did a tire maintenance job
- 51 "Same here!"
- 53 Pocket bread
- 54 Mall attraction
- 57 Full of energy
- 61 Exert too much
- 63 Cry in a mud-slinging contest
- 64 Clay-rich soil
- 65 Philly footballer
- 66 Teaspoonful, maybe

1	2	3	4		5	6	7	8	9		10	11	12	13
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64						65						66		
67						68						69		

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- 67 Mayberry sheriff
- 68 Film with the tag-line "Get ready for rush hour"
- 69 From the top
- DOWN**
- 1 After all?
- 2 Carpet layer's calculation
- 3 Industrial mechanic
- 4 Sentimental songs
- 5 Geologic layers
- 6 Ship's backbone
- 7 Map inside a map
- 8 Shaggy locks
- 9 Rikers resident
- 10 Flowering shrubs
- 11 Postmark part
- 12 Soon, to a poet
- 13 Steve Urkel's pursuer
- 19 Take a load off
- 21 Overused
- 25 Summertime top
- 26 Bank heist, e.g.
- 27 Brady housekeeper
- 28 Swiss dwelling
- 30 Classroom performance
- 31 Over-dramatize
- 32 Went along (with)
- 35 \_\_\_-stop shop
- 39 Produces milk
- 40 Moving about
- 43 "Grey's Anatomy" extra
- 46 Roald Dahl title character
- 48 Prepares to shoot
- 50 Expressed a view
- 52 Oklahoma tribe
- 54 Robin Cook classic
- 55 Nobelist Pavlov
- 56 Egghead sort
- 58 Carpet feature
- 59 Alleviate
- 60 Keene's Nancy
- 62 Eminem's music

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John F. Kennedy, (1917-1963)

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## "A Glimmer of Hope for the "Invisible Whale" by Mary Jane Schramm, Freelance Writer, Naturalist

On June 15, 2021, Canadian fisheries scientists off British Columbia were peering intently at a pewter sea and sky, betting on a long shot that this final day of their weeks-long cruise would produce a miracle. Instead of plankton and fish, they were hoping the "catch" of the day - figuratively speaking - would be among the world's rarest whales, a North Pacific right whale. Astoundingly, their luck held: they sighted one feeding and diving lustily off the Haida Gwaii Archipelago. This "invisible" animal, one of perhaps only 30 to 50 alive in our Eastern North Pacific (ENP) waters, had bucked incredible odds to survive. In the entire world, fewer than 500 remain.

*Eubalaena japonica*, like its higher-profile cousin, the North Atlantic right whale of the Eastern Seaboard, remains critically endangered due to 19th and 20th century whaling. As desirable targets, the 60 to 70-foot leviathans were second only to sperm whales: an easy catch, given their ponderously slow speed, buoyancy and surface-skimming feeding habits. Their thick blubber generously filled rendering kettles with oil. Their 15 ft.-long flexible baleen plates hanging from arched upper jaws to filter plankton from water, fetched a premium price for their many uses that plastics now replace. International law halted their "take" in 1935, but illegal Soviet whaling continued into the 1960s, actions that could prove irremediable.

Nonetheless, this sighting and a handful of others off Southern California and in Alaska in recent years are sending shivers of excitement and hope through conservationists. Bay Area whale researcher Jim

Scarff reported that as of 2017, "There have been only 18 confirmed records of right whales off California (including two sightings off Baja) since 1955." Happily, one



was a youngster. A 2017 joint International Whaling Commission survey in the eastern Bering Sea - their core habitat - used acoustic monitors (sonobuoys) to locate 15 right whales; photos revealed that four were new individuals, and one was a juvenile. This indicated at least one reproductive-age female was in their area, a near miracle in such a small population.

North Pacific right whales still face a gauntlet of threats including increased risk of ship strike, fisheries entanglement, and food chain disruption from climate change and an increasingly acidic ocean. The Marine Mammal Commission indicates this species may be "at extreme risk of extinction" citing "inbreeding and the potential for random events to affect a large portion

of the population." Climate change has already disrupted their food supply of krill and copepods, with the melting of the ice cover that boosted food productivity on their Arctic feeding grounds.<sup>1</sup>

Still, scientists hope against hope that they may somehow be saved. Researchers and agencies are ramping up their conservation strategies and policies. NOAA's Alaska Fisheries Science Center has satellite-tagged six whales to learn more about their movements and critical habitats and what these whales need to survive. The National Oceanic and Atmospheric Administration (NOAA) may create a national marine sanctuary on their core Bering Sea feeding grounds, Alaska's St. George/Unangan Heritage National Marine Sanctuary.<sup>2</sup>

See coverage on the June 2021 sighting<sup>3</sup> and species facts.<sup>4</sup>

1. <https://www.mmc.gov/priority-topics/species-of-concern/north-pacific-right-whale/>
2. <https://unangansanctuary.net/>
3. <https://tinyurl.com/NRW-Can-062021>  
Watch how Atlantic rights skim-feed: <https://youtu.be/scoj6IsU7B0> NOAA/NMFS scientific Permit #15415

4. <https://www.fisheries.noaa.gov/species/north-pacific-right-whale>

#### ADDITIONAL LINKS:

[a] [https://nmsfarallones.blob.core.windows.net/farallones-prod/media/archive/manage/pdf/sac/13\\_11/usfws\\_sefi.pdf](https://nmsfarallones.blob.core.windows.net/farallones-prod/media/archive/manage/pdf/sac/13_11/usfws_sefi.pdf)

[b] [https://www.pointblue.org/science\\_blog/farallon-islands-restoration-how-you-can-help/](https://www.pointblue.org/science_blog/farallon-islands-restoration-how-you-can-help/)

[c] <https://www.pressdemocrat.com/article/news/close-to-home-eradication-of-mice-on-farallon-islands-is-right-move/>

PHOTO: North Pacific Right Whale Veeblow. Credit: NOAA\_Flickr.



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be a Queen."

Lady Gaga (1986-)

## Flynn Creek Circus Returns to the Mendocino Coast First Performances are in Mendocino, July - 4

Good news. Flynn Creek Circus emerges from lockdown! New fans and old can experience a comedic circus 'Fairytale'. Riotously funny, deeply moving and dangerously inspiring, this charmingly fresh all human circus will be raising their vintage big top tent this Summer and Fall, with a first stop in Mendocino Village.

Driven by original story line, high caliber artists and powerful imagery, the show is daring, edgy and hilarious. This year's story, 'Fairytale', is an irreverent fable featuring a bombastic unicorn and his estranged back end in a quest to bring the youth back from the void. Thwarted by the mischievous weaver and the thieving Ravens, and upstaged by his own back end at every turn, our Unicorn's journey



takes a bumpy road to redemption. Aerialists, contortionists, jugglers, comedians and acrobats are some of the thrilling acts for this year's presentation. Flynn Creek Circus provides maximum public safety in live events. Reserve 'social bubble' seating, outdoor atmosphere, frequent sanitation, mask requirements and social distancing within the big top space are some of the measures that ensure a fun and comfortable experience for all audiences.

The performance schedule includes Thursday, July 1 through Sunday, July 4. And don't forget, Flynn Creek Circus will be offering a circus camp for ages 7-15, June 28-30 with both morning and afternoon sessions. More information is at [flynncreekcircus.com](http://flynncreekcircus.com).

## SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

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**HOW TO SOLVE:**  
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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SALISH SEA continued from Page 7  
ing network members to swab the intestines and lesions of dead porpoises and seals after an animal autopsy, or necropsy. Multiple marine animal stranding networks around the Salish Sea had to be aware of animal deaths while collecting samples from beached bodies in a 48-hour window. After that, carcasses become too decomposed to be useful, with bacterial samples so overgrown that they mislead results.

Norman worked with Phoenix Laboratory, a commercial lab in Mukilteo, to analyze the samples. These animals harbor thousands of kinds of bacteria, many of which are perfectly benign or even helpful. So the team elected to look for some of the most common or dangerous pathogens to human and animal health, grow them in the lab and treat them with 15 popular antibiotics to analyze whether the animals hosted bacteria that couldn't be treated by popular antibiotics. The team ultimately analyzed 144 bacterial isolates from 85 of the 95 animals sampled.

More than a third of those bacterial samples showed resistance to at least one antibiotic. That didn't surprise Norman, but the fact that 26% of cumulative samples showed resistance to two or more drugs caught her attention. A few were even resistant to as many as seven or eight drugs.

"A third of these animals that are carrying around bacteria that are resistant to antibiotics, and none of them had ever been in the hospital; none of them had ever taken antibiotics or eaten beef from a food lot, right?" says Gaydos. "So it's like you start to think, 'OK, how are these things really getting in here?'"

Researchers expected to find more drug-resistant bacteria in the harbor seals, since they spend much more of their lives on beaches and near shore, close to humans and land-based wildlife. But the data revealed that porpoises have it worse.

"We found that there was a greater percentage overall of resistance in the porpoises interestingly, and I wasn't expecting that," Norman says. Not only do more porpoises contain a greater percentage of resistant bacteria, they also more often contain multidrug resistant bacteria than harbor seals do overall.

"Porpoises are always in the water, so it tells us that [...] either it's the genes in the porpoise, or it's where they're going, or what they're exposed to, or maybe even what they're eating is different than the harbor seals," Norman says.

"It looks like Puget Sound has the potential to be this large environmental pool of resistance—I don't know to what degree—but it wouldn't be surprising considering it's a very urban area," Norman says. "If they're defecating [bacteria such as] *Pseudomonas* out in the water, and you go swim in or eat fish from

the water, I mean, it kind of makes you stop and think a little bit."

Washington State University's Dr. Doug Call, a professor of molecular epidemiology unaffiliated with the research, says the study adds to our understanding of the presence and spread of antibiotic resistance in places where we wouldn't expect to see selective pressure like this.

"We see similar patterns in terrestrial organisms where you would think resistant bacteria should be absent [such as] wildlife in northern Tanzania or Amazonian peoples in Brazil," he says. "These findings reflect the reality that bacteria are disseminated widely and this includes antibiotic-resistant strains that originate from both human and natural sources. ... It is unlikely that bacteria found in these animals pose a specific public health threat. Instead, it is one more narrative describing the potential impact of human activities on our environment."

Dr. Rebecca Gast, a molecular ecologist with the Woods Hole Oceanographic Institution, says it makes sense to see antibacterial resistance in the marine environment, given that resistance is a natural process that can occur beyond human antibiotic use. Whether the resistance we're seeing is due to human activity, she says, needs more research to confirm. "Not many studies have been accomplished on free-ranging, healthy marine mammals. It is difficult to say whether the resistant bacteria associated with dead, stranded animals is really different. We need better baseline data and more long-term data in order to establish whether trends exist, ... where resistance is coming from and whether it can be managed," Gast says.

Call, however, says it's reasonable to assume human sources more often than not—especially given how much treated wastewater comes out of cities near the Salish Sea.

Knowing which kinds of bacteria might be resistant to different antibiotics, Norman and Gaydos say, could better help direct the course of treatment for injured seals, porpoises and even orcas. Many of the antibiotics used in animals are the same as those prescribed to humans.

"If they have a one-third chance

of having bacteria that's resistant to at least one antibiotic, not only am I going to put that animal on antibiotics, but I'm gonna try and [culture] the bacteria to make sure that the drug that I use is sensitive. So it requires a little more effort on our part to make sure we're treating with the right medication," Gaydos says.

#### THE ORCA ANGLE

Norman and her colleagues wanted to study porpoises for a few reasons. For one, porpoises are the number one stranded cetacean in the area. It was likely researchers would be able to find enough of them in multiple age classes and geographic areas to accomplish a novel, worthwhile study.

The second reason is more ominous: Porpoises are genetically similar to orcas, and their health tells us a lot about possible risks to the endangered southern resident killer whale population, now down to 75 animals.

"They live in the same area as these whales, they occupy the same habitat, they are cetaceans, just like the killer whales, and they're top-level predators," Norman says.

As more transient orcas populate the Salish Sea, porpoises can tell us what might happen to them as well. While the southern residents don't eat the same food as porpoises, transient orcas often eat the porpoises.

"They can serve as a warning sign. If something unusual comes up in porpoises, then at least we can let the southern resident killer

whale research community know," Norman says.

If funding materializes, Norman hopes to continue her work by monitoring a few explicit sites around the Salish Sea. She and her team would then employ molecular source tracking from water and sediment samples to track the flow of bacteria throughout the environment and determine whether their sources are human, animal, or otherwise.

When she and a team did source tracking related to beluga health in Cook Inlet, Alaska, they discovered the animals had bacteria that had come from animals, dogs, and cattle—the latter of which could have been cross-contamination from moose.


"So I imagined you probably could see a lot of that kind of stuff happening around Puget Sound. It just hasn't been examined in great detail yet," Norman says.

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Image: Dalls Porpoises. Credit: NOAA/PRD



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## Get Out! July Events. Poetry, Theater, Art, Radio, Online and more.

Please be advised that many events currently on the schedule are VIRTUAL events. They will be done remotely with attendees and guests participating through an internet connection. Most virtual events can be accessed from home with a good internet connection. Read footnotes below calendar for details.

- Thursday 01: 7:00pm, Flynn Creek Circus in Mendocino Village
- Friday 02: 12:00pm, Meet the artists at Coast Highway Art Collective, Pt. Arena.
- Friday 02: 5:00pm, Flynn Creek Circus in Mendocino Village
- Friday 02: 7:00pm, Disney's "Cruella" at Arena Theater in Pt. Arena.<sup>1</sup>
- Friday 02: 8:00pm, Flynn Creek Circus in Mendocino Village (Adults 21+ only)
- Saturday 03: 9:30am, Gualala Farmers Market next to Gualala Community Ctr/Pay n' Take
- Saturday 03: 11:00am, "Pursuing Lines, Curves & Abstract Languages". New at Gualala Arts.
- Saturday 03: 11:00am, "The Thought Behind the Shot". New at Gualala Arts.
- Saturday 03: 11:00am, "Shelter in Place: Reflections on 2020". New at Gualala Arts.
- Saturday 03: 1:00pm, Flynn Creek Circus in Mendocino Village
- Saturday 03: 5:00pm, Flynn Creek Circus in Mendocino Village
- Saturday 03: 8:00pm, Flynn Creek Circus in Mendocino Village (Adults 21+ only)
- Sunday 04: 1:30pm, Flynn Creek Circus in Mendocino Village
- Sunday 04: 4:00pm, Disney's "Cruella" at Arena Theater in Pt. Arena.<sup>1</sup>
- Wednesday 07: 2:00pm, Disney's "Cruella" at Arena Theater in Pt. Arena.<sup>1</sup>
- Friday 09: 7:00pm, "The Heights" at Arena Theater in Pt. Arena.<sup>1</sup>
- Saturday 10: 6:17am, New Moon over Mendocino Coast
- Saturday 10: 9:00am, Emotional Support Volunteers Program and Mendonoma Health
- Saturday 10: 9:30am, Gualala Farmers Market next to Gualala Community Ctr/Pay n' Take
- Sunday 11: 4:00pm, "The Heights" at Arena Theater in Pt. Arena.<sup>1</sup>
- Tuesday 13: 3:00pm, "Bats of our Area", at Coast Community Library in Pt. Arena.
- Tuesday 13: 3:00pm, "Coventry & Kaluza", at Coast Community Library in Pt. Arena.
- Wednesday 14: 2:00pm, "The Heights" at Arena Theater in Pt. Arena.<sup>1</sup>
- Thursday 15: 7:00pm, 3rd Virtual Thursday Poetry, featuring San Francisco poet D. A. Wilson.<sup>2</sup>
- Saturday 17: 9:00am, Emotional Support Volunteers Program and Mendonoma Health
- Saturday 17: 9:30am, Gualala Farmers Market next to Gualala Community Ctr/Pay n' Take
- Sunday 18: 4:00pm, Pato Banton performs at Gualala Arts JAMI Amphitheater
- Saturday 24: 9:00am, Emotional Support Volunteers Program and Mendonoma Health
- Saturday 24: 9:30am, Gualala Farmers Market next to Gualala Community Ctr/Pay n' Take
- Saturday 24: 7:37pm, Full Moon over Mendocino Coast.
- Sunday 25: 2:00pm, Chamber Music "Roy Bogas Tribute".
- Tuesday 27: 6:00pm, Pt. Arena City Council Meeting.<sup>3</sup>
- Saturday 31: 9:00am, Emotional Support Volunteers Program and Mendonoma Health

### AFRICA ON THE MENDOCINO COAST

#### B. Bryan Preserve in Pt. Arena

is a 110-acre conservation center dedicated to the breeding and preservation of African hoof stock. Not a zoo, but a private preserve housing endangered majestic African animals in large open fields.

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