

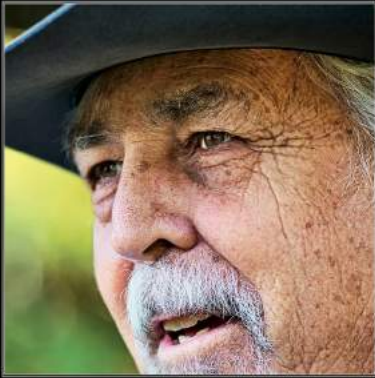
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FREE**

June 2021



Mendocino Coast's **Lighthouse Peddler**

The Best Original Writing, plus the Guide to Art, Music, Events, Theater, Film, Books, Poetry and Life on the Coast



**THE VIEW
FROM MY
WINDOW**

by
Frank Bell
The Sea Ranch Community Manager
2010 - 2020

"The View From My Window"

A Special Event at Gualala Arts in June

You are invited to a one-time only pop-up event to say goodbye to Frank Bell, the recently retired Sea Ranch Community Manager, and hello to his new book, "The View From My Window". Sound familiar? It should to Sea Ranchers. That was the name of the column Frank Bell wrote for the Bulletin every month from 2010-2020. The decade of Bell's observations have

become a collection worth reading, and the release of the book will be a community event. Scheduled for Sunday afternoon, June 13 from 2:00pm to 4:00pm at Gualala Arts, this party is hosted by The Sea Ranch Vision Committee and everyone is invited. Frank Bell, Christine Kreyling (who wrote the introduction) and Jackie Gardener (who created the book's illustrations) will be there to sign copies. The book is \$25 and cash, checks, and credit cards will be accepted. From Frank Bell (this tough-looking dude) comes . . .

cont'd on page 5

Coast Highway Art Collective presents
New Mixed Media
by D. Caperton and M. Kibbe



June 3-27 2021

opening:

Friday, June 4

12- 5 pm

284 Main ST

Pt Arena 95468

707-882-3616

Artists Collective in Elk Welcomes Two Artists in June
Anne Kessler and Craig Hathaway • Opening Reception June 12

This month the Artists Collective in Elk will welcome two artists for a new exhibit: Anne Kessler and Craig Hathaway. The gallery will host an opening reception with food and drink on Saturday, June 12, from 12:00pm to 3:00pm. (Masks and social distancing will be required.)



Come meet the artists and see their work, and see all the artists' work at the Elk Gallery.

Anne Kessler is known on the coast for her pastel landscapes of local rivers. She

is an impressionist who specializes in the play of light and color on water surfaces. Kessler likes to imagine what Monet would have painted in Mendocino County, a place she has lived



and painted for more than 40 years. Recently she has taken a break from the annual

Studio Discovery Tour to paint a number of commissions for hospitals in Sacramento, Chicago and El Paso. They find her pastels to be calming, up-lifting and colorful. Kessler is delighted to once again be showing alongside Craig Hathaway's burl tables.

Craig Hathaway has been building custom made furniture since 1984 and has had great success with this work. Over the years his burl tables have been purchased and shipped all over the world. Hathaway tries to



let the form made by mother nature capture the elegance of each piece, leaving the live/natural edge of each piece to speak for itself. Images of Hathaway's burlwoods are at www.mendocinoredwoodburl.com.

The gallery is located at 6031 South Highway 1, between the post office and Queenie's restaurant in Greater Downtown Elk. Elk Gallery is open daily from 10:00am to 5:00pm. More information is at 707.877.1128.

Images:

Top left, "Lazy Stream".

Near left: "Dappled Light"

Both by Anne Kessler.

Above: "Mushroom Table"

by Craig Hathaway

June is Mixed Media Month at Coast Highway Art Collective
Deborah Caperton's & Madeline Kibbe's Opening Reception June 4

The members of the Coast Highway Art Collective are excited to host two of their favorite guest artists, Deborah Caperton (mixed media assemblages) and Madeline Kibbe (Mixed media) for a show that runs from June 3–27. An opening reception will be held on Friday, June 4 from noon to 5:00pm at the CHAC gallery in beautiful downtown Point Arena.

Caperton works in mixed media assemblages, combining original elements she makes in clay and metal, then blends these with objects she collects. "The process of creating loosely woven metaphors through a vocabulary of objects hopefully enables the viewer to find their own meaning," she explains.

Caperton graduated from the Rhode Island

School of Design with a major in jewelry and light metals and a minor in sculpture. In 1989 she moved to California and is now living in San Francisco with her husband and two daughters and two dogs. She works with metal, glass, ceramics and wood as a designer and artisan. Deborah Caperton Jewelry was founded in 1997

and Caperton continues to exhibit her jewelry in stores and galleries and enjoys doing custom projects. She has taught metalsmithing, ceramics and mixed media classes at San Francisco State University,

The Academy of Art University, The Mendocino Arts Center and The Richmond Art Center. Caperton enjoys being part of Spark Ceramics: a community-based ceramics education program in San Francisco, teaching ceramics at Kipp High School and getting to Point Arena as much as possible.

"Throughout the pandemic I have been working more with ceramics, clay being so different from my usual medium of metal I have enjoyed a more intuitive and spontaneous process." A recent botanical series she created has been a departure for her. She used different plants to create impressions into the clay. When the plants were fi-

red in the kiln, they turned to ash. She then worked the clay at many different stages to layer on color. "These pieces make me think of the passage of time, how we adapt, experience change and why some things



must, inescapably, remain," says Caperton. More information about Caperton's work can be seen by visiting her website, deborahcaperton-jewelry.com

Kibbe studied

biology at Mount Holyoke College and transferred to Rhode Island School of Design where she received a BFA in printmaking in 1988. Shortly after, she moved to Point Arena. Since then she has worked in a variety of media and has had numerous shows locally and was inclu-



ded in a kite show juried by Milton Glaser at the Smithsonian Institute.

"I was not trained as a sculptor but I have made some sculpture over the years," Kibbe says. "The inspiration has always come from the materials which have brought forth strange creative impulses that I like to allow without judgement." One series Kibbe created featured old growth, milled redwood and hand forged nails rescued from an old house she remodeled. Bamboo, rattan and hand painted silk resulted in a series of Narrative, cubist, centepedes, kites and sculptures. This time, Kibbe says her inspirations come from charred wood, rusted metal, buttons, keys and various bits and pieces that found their way into her studio.

The Coast Highway Art Collective is regularly open Thursday through Sunday from 11:00am to 2:00pm. Masks and social distancing are required for the safety of all of the guests, artists and staff. The gallery is located at 284 Main Street, Point Arena, next door to the Redwood Credit Union. More information is available at www.coast-highway-artists.com

Upper left: "Tiller Towards Trouble" and near left: "Message in a Bottle". Both by Deborah Caperton.

Above: A detail from "A Safe Distance" (top) and "LOVE877" by Madeline Kibbe.

VIRTUAL TOWN HALL

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5th District Supervisor
LYNDA HOPKINS

Mendocino County
5th District Supervisor
TED WILLIAMS



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Our thanks to June contributors include Carolyn Andre, Lena Bullamore, Rozann Grunig, Barbara Johannes, mai haiku, Mitch McFarland, Blake More, Mary Jane Schramm, David Steffen, Karin Uphoff, and Jennifer Bort Yacovissi.

Cover image from "The View From My Window" by Frank Bell

FROM THE EDITOR'S DESK

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- 9 • Anne Kessler and Craig Hathaway bring their art to Elk Gallery. (Page 2).
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- 15 • The Poet Laureate of Lake County visits the Coast.. Enjoy, albeit remotely. (Page 4).
- 4 • Georgina has given us a sample of her poetry. (Page 4).
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- 6 • Trouble with the Crossword? The answers have been keyed up for you. (Page 5).
- 11 • The moons (New and Full) will impress you. Note: moon rhymes with June. (Page 6).
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- 2 • Those of us who know the back roads, prepare for some delays. It's all good. (Page 6).
- 11 • Were you looking for green allies? Karin has some ideas for you. (Page 7).
- 14 • I spotted a spotted Sandpiper. Spot it yourself in the Peddler. (Page 7).
- 9 • Have a dog? Want to visit Ca. State Parks? We have some info just for you. (Page 7).
- 16 • Deja vu? Not quite. We have the winners of the 2021 Salon at Gualala Arts. (Page 8).
- 4 • Matheson & Guthrie. Not a fight. A new exhibit. Come to Dolphin Gallery. (Page 9).
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- Don't say it. Don't say it. Wha? Mitch went nuclear? Ohhh. You said it. (Page 12).
- Lena has news for us. A bit of Ecclesiastical news, sadly. (Page 13).
- Find out about Sam the table hog. (Page 13).
- The fine folks at Occidental have a perfect idea: Permaculture design courses.
- We've road tested the crossword puzzle for you. Go do it. (Page 14).
- MJ has arrived with what seems like millions of mice. Eeeeeow. (Page 15).
- A young lady, Ms. Su Doku is here to puzzle you. (Page 15).
- Get Out! is here. Me thinks the list is about to begin growing. Hooray. (Back Cover).

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"I'm starting with the man in the mirror
I'm asking him to change his ways
And no message could have been any clearer
If you wanna make the world a better place
Take a look at yourself and then make a change."

Music and Lyrics by Michael Jackson

Issue #236 June 2021

Lighthouse Peddler

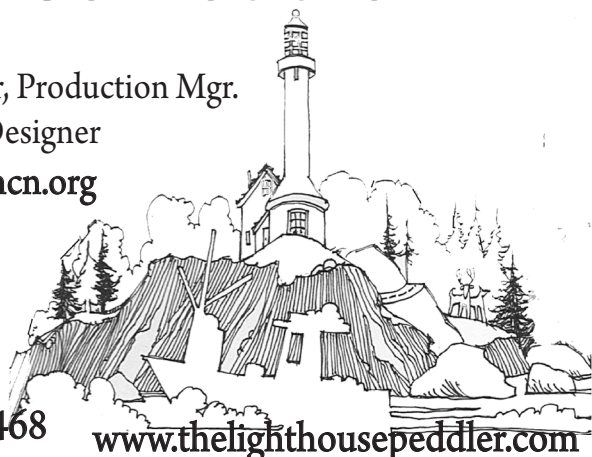
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Andrea Gibson (1975-)

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Spend Some Time Visiting the Art and the Artists at the Discovery Gallery Artist Collective in Gualala

Doesn't it feel great to be experiencing ever increasing freedom to enjoy the small pleasures in life. The artists at the Discovery Gallery Artist Collective, near Trinks in Gualala's Seacliff Center, have been prolific during this lockdown and we invite you to stop by to look at some of their exquisite creations.

Discovery Gallery is a light-filled, welcoming and safe place to view the art you so enjoy. Leslie Moody Cresswell has brought in some beautiful new blown glass pieces and Doric Jemison-Ball has a whole new assortment of his unique pottery work.

You'll definitely want to see John Stickney's incredible wooden sculpture and carvings. Discovery Gallery has lovely paintings by Pam Goedhart, Judy Pfeifer, Jane Head, Larain Matheson, and Carol Chell. Chell was just named the first-place winner in the Gualala Salon and Salon des Refusés (continuing at the Gualala Arts Center.) Congratulations to Carol!

This month Discovery also has lovely botanical drawings by Bruce Jones, photographs by Steve Chell and Barbara Johannes, pottery and drawings by Michael Henderson, scarves and weavings by Jennie Henderson, carved barrel staves by Paula Haymond, jackets and clutches by Kalynn Olsen, collages and assemblages by Sharon Nickodem and Kelley Kieve, and Karen Scott's tapestries.

Walt Rush and Larain Matheson's beautiful jewelry serve to round out your viewing enjoyment. And it's worth remembering that Rush is available most Thursdays at Discovery Gallery to help out with jewelry that may need some repairs, or rings that need re-sizing and more.

The Discovery Gallery Artist Collective is in the Sea Cliff Center. 39140 South Highway 1, Gualala, CA 95445. The gallery is open from 11:00am to 4:00pm. It's worth a bit of discovering on your own.

Georgina Marie at Third Thursday Poetry June 17 Online Event Features the Lake County Poet Laureate

Point Arena Third Thursday Poetry presents a virtual Third Thursday Zoom Poetry reading at 7:00pm on Thursday, June 17, 2021. This month features Lakeport Poet Laureate Georgina Marie, with open mic to follow.

Georgina Marie is a poet from Lakeport, Northern California. She is the current Lake County Poet Laureate for 2020-2022, the first Mexican-American and youngest to serve in this role for Lake County. She was appointed as the eleventh poet laureate of Lake County in March 2020.

Georgina is the new Volunteer Literary Coordinator and Poetry Out Loud Coordinator for the Lake County Arts Council, has served as co-editor for the Middletown Art Center's RESILIENCE and RESTORE collections of written word and visual arts, and is an assistant poetry editor for Rivet Journal, an online literary journal from Red Bridge Press.

In 2020 she was an Anne G. Locasio scholar for the Mendocino Coast Writers Conference poetry workshop. She was also a grant recipient of the California Relief Fund for Artists and Cultural Practitioners, funded by the California Arts Council.

In the first eight months into the COVID-19 pandemic and of her poet laureate term, she created a poetry column in collaboration with the Lake County Bloom, a bi-weekly writers circle with the Lake County Arts Council, a farmers' market poetry con-

test with Lake County Farmers' Finest, a radio show with KPFZ, and organized and hosted a number of readings and workshops including readings for the LGBTQ+ community and immigrants in detention centers. She aims to continue this path of making poetry inclusive to all.

In 2020, she was featured in a variety of readings including Eves at the Beat: Woman Reading at The Beat Museum, Latinx Poetry Night hosted by the City of Madison, Wisconsin Poet Laureate, the Madison Arts Commission, and the Wisconsin Arts Board; the City of Redmond and Beyond reading featured poets laureate from Washington and other states, and the San Francisco Poem Jam hosted by San Francisco Poet Laureate Kim Shuck and the San Francisco Public Library in honor of Native American Heritage Month.

As part of the Broken Nose Collective, an annual chapbook exchange, she created her first poetry chapbook Finding the Roots of Water (2018) and her second chapbook Tree Speak (2019). She is currently working on her full-length poetry manuscript and a series of personal essays. Visit her website at georginamariet.com. To watch or participate as an open mic reader, please email blake@snakelyone.com.

Third Thursday Poetry Zoom made possible thanks to local funding and support by Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.



To Be Still is to be Animal by Georgina Marie

How the sun glimmers and glistens through Valley Oaks on a rustic hillside.
How the warmth permeates amber honey skin and a tense body loosens.
How the ground cover of fallen autumn leaves aches of a soothing vibrancy.
How I breathe between these happenings. How yearning for more makes the muscles weak, turns the heart to a tiny blue egg, an oval shape, a crack on all sides as if someone took it and threw it into the night sky.
How the brittle shell was adorned with cornflower and flaxen.
How I came home to myself after the breaking, half-human, half-bird.
How winter frost is arriving again.
How a hunger remains.
How the Burrowing Owl and the American Robin observe, witnessing all of this.
How they don't swallow time in the same way or long for difference.
What if all of this was enough?

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Frank Bell, Continued from Cover
 . . . interesting ways of seeing and understanding what goes on around here. His insightful perceptions, judgments, and wisdom, in addition to judiciously applied grumpiness, made his monthly columns must-reads.

Christine Kreyling, who wrote the book's introductory notes, states, "Frank's columns demonstrate how writings conceived as musings-of-the-passing-moment, once the moment passes, can be useful for lots more than lining the bottom of the bird cage. Although if you'd told Frank that's what you



did with them, I can imagine him congratulating you on your aptitude for creative recycling."

Whimsical word collages by local artist Jackie Gardener reflect upon Frank's writings and expand the reader's understanding of what it is like to live at The Sea Ranch. They are colorful, witty, and pop off the page. In addition, at this event Jackie will have eleven of her original word collages on display and eight will be for sale, with all proceeds going to Gualala Arts.

"The View From My Window" was created by local talent including Vision Committee Member Hanne Liisberg, Jackie Gardener, Hall Kelley, Christine Kreyling. It was edited by Andrea Lunsford and Mary Alinder. Donors from the community helped make this book possible.

Those who can't make the June 13 farewell will be able to purchase the book at the SRA office on Annapolis Road, and at Gualala Arts and the Dolphin Gallery.

Hall Kelley will be at the event June 13 selling sweatshirts printed with Frank's favorite saying, "If you're lucky enough to live here, you're lucky enough." And The Sea Ranch Archives Committee will be selling copies of Donlyn Lyndon's new book, "Place at the Sea Ranch: Architecture/Landscape Markers on our Trails."

Please note: No refreshments will be served at this Covid-careful outdoor event, and masks are required.

Mendonoma Health Alliance Programs in June Anti-Stigma Campaign, Care Transitions, Health Screenings, and More

Mendonoma Health Alliance (MHA) is a valued resource for our community. There are a number of programs currently offered and all of them are available and worth looking into. Here are some of the offerings for June:

1. Anti-Stigma Campaign: Living on the beautiful North coast of California, sometimes we don't realize that our community faces the same challenges that the rest of the country does.

Racism, health inequity, homelessness, unemployment and substance addiction are all issues in our community, even if they're not as visible. Statistics show that Mendocino and Sonoma Counties are experiencing higher rates of substance addiction than the state of California is, per capita.

Addiction is not a choice and it doesn't define people. It's our responsibility to be kind and offer support to people experiencing addiction. We can overcome addiction, together.

Watch our video and read the stories on our website about how our community can overcome addiction. Learn how to become an ally to people in need of support at mendonomahealth.org.

2. Care Transitions Program: The Care Transitions Program is a part of Mendonoma Health Alliance's ongoing commitment to improve health and quality of life within our community. This free program is designed to assist you or a loved one during that critical period following a hospital discharge. For more information contact



MHA at (707) 412-3176 x102 or visit them at MendonomaHealth.org. (<https://mendonomahealth.org/care-transitions/>)

3. Cholesterol & Blood Pressure Screenings: Free cholesterol and blood pressure screenings are available by appointment in Gualala at Mendonoma Health Alliance on Tuesdays between 9:00am and 3:00pm. If Tuesday doesn't work well for you, give them a call so they can make special arrangements. Call (707) 412-3176 x102 to

make your appointment today or email us at info@mendonomahealth.org.

4. Become A Trainer For The Healthy Living Course:

Learn to teach a health-management workshop for people with chronic conditions. The workshop is based on Stanford University's Chronic Disease Self-Management Program. We are offering the free, eight-week course from June 3 to July 15 on Tuesday and Thursday from 9:30am to 12:00pm via Zoom. Space is limited. For more information or to register, please contact Mendonoma Health Alliance at (707) 412-3176 x102 or email info@mendonomahealth.org. The website is MendonomaHealth.Org.

Please Note: As of June 1st, due to the changes in the county's policy around COVID, MHA's Grocery Delivery Service program will be terminated.

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"Two Visions Emerge"
Dolphin Gallery Exhibit
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Opens Saturday June 12

Special Book Event
"The View From My Window"
 By Frank Bell
Gualala Arts • Sun. June 13, 2-4

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Gualala Arts: Open daily, 11 - 4
Dolphin: Open Thu-Mon, 11 - 4

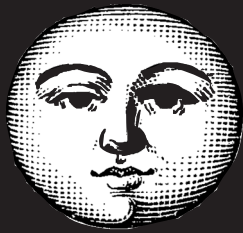
Face masks are required and physical distancing will be the norm, with a limited number of people allowed in all public spaces.

"Each star is a mirror reflecting the truth inside you."
 Aberjhani (1957-)

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Solution to Crossword:

New Moon



June 10

Full Moon



June 24

Meet Supervisors Lynda Hopkins and Ted Williams Participate in A Virtual Town Hall Set For June 12

For politics to be fair, equitable and truly representative of the people, those in public office cannot be aloof, but must reach out and understand just what is important to and needed by their constituents. As important as that outreach is, the people must make an effort to elect and support strong candidates for public office and also take advantage of any and every opportunity to make their voices heard, and hear from them directly.

One of those opportunities is coming up on Saturday, June 12 from 10:00am to 11:30am. It's another Virtual Town Hall, this time with Sonoma County 5th District Supervisor Lynda Hopkins and Mendocino County 5th District Supervisor Ted Williams. It's a 90-minute Town Hall where residents of the two districts can voice their concerns.

Lynda Hopkins was elected to the Sonoma County Board of Supervisors in November 2016. No insignificant moment, the following January she was sworn in as part of the Sonoma Board's first female majority. During her first term in office, she led Sonoma County during times of disaster between flooding along the lower Russian River and the 2017 and 2019 wildfires. She also took action to address critical quality-of-life issues related to affordable housing, homelessness, road repair, environmental protection and rural community representation, among many others.

Before joining the Board of Supervisors,

Hopkins was an organic farmer, former community journalist, and a graduate of Stanford University, receiving a Bachelor's

Degree in Coastal Land Use and a Master's Degree in Land Use Policy. After graduating from Stanford, Lynda and her husband Emmett moved to the Russian River Valley to farm vegetables on the family property where he grew up. They got married, started a family (raising three small children) and eventually found that special home just down the road from their farm, in the small town of Forestville.



Ted Williams, who met his then future wife while attending Mendocino High School, explains just why he ran for 5th District Supervisor in the first place: "I believe



my experience, accomplishments and imagination can help find solutions to the many problems that currently confront our county. I'm driven to make Mendocino County a place my grandchildren would choose to call home. We face a shortage of affordable

housing, inadequate access to broadband and severe strains on our county's long-term economic and financial viability. We need to strengthen our coastal protections, especially against oil extraction. We need to bolster equipment and training for our public safety personnel and first responders. Mendocino County must do whatever it can to ensure health care availability and a functioning hospital on the coast." He has also been an advocate for single-payer healthcare, and will work to help the homeless in the county. Williams added, "the best way to learn about my vision is direct exchange. I invite all residents to reach out. I'm approachable, often at public events, almost always in yellow and ready to listen."

Farm Camp At Plantation: Summer Traffic Reminder

It's time to welcome campers back to Farm Camp this summer! All campers will be arriving and departing in their own vehicles. Be advised that you can expect additional traffic affecting Meyer's Grade, Seaview Road and Kruse Ranch Road.

On June 13, campers will be arriving from 1:00pm to 5:00pm. The camp and the campers appreciate everyone's patience with unfamiliar drivers on the road. Here's hoping that, traffic aside, this will be another great summer! For more information, questions or concerns, please contact Nell Western at nkw161@gmail.com.



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Words on Wellness • Our Green Allies by Karin Uphoff

As we slide into an early fire season in California, it is comforting to know that nature provides us with green allies that help our lungs clear smoke. Two of them that grow here in Mendocino County are Western Coltsfoot and Yerba Santa. The large-leaved Western Coltsfoot (*Petasites frigidus* var. *palmatus*) grows near the edges of forests, near streams, water runoff, ditches, and waterfalls. The single flower stalk, a large head of dainty white flowers, emerges just before or with new leaves in late February to early March with leaves continuing to expand long after the flowers have gone. Also known as butterbur or coughwort, this plant helps clear surplus phlegm from the respiratory system. Of note: young coltsfoot leaves contain pyrrolizidine alkaloids which can be toxic to the liver. As the leaves mature and grow to be dinner plate size, they are safe to use as tea by non-pregnant adults for up to two weeks as needed. The flavonoids present in coltsfoot possess anti-inflammatory as well as anti-spasmodic properties that help provide relief from convulsions in the lungs to those suffering from asthma and bronchitis attacks. The demulcent quality of coltsfoot leaf soothes and protects irritated respiratory tissue.



Yerba Santa (*Eriodictyon californicum*), or 'Holy Herb', is a tall shrub found inland in dry, open sunny locations, south-facing rocky slopes, and along roadsides at middle elevations. Stands of this herb with its spreading roots help stabilize soil on burn sites or disturbed areas. Its woody stems have lancet, toothed leaves that are famously sticky and glossy above with lighter-colored undersides. Flowering stalks are lined with small tubular flowers that vary in color from white to pink to purple. They unfurl like a scorpion's tail from late spring into June and attract native bees. The new-growth leaves can be harvested throughout the summer, then tinctured, dried for tea or kept on the stem to make smudge-sticks. Leaves of Yerba Santa warm and stimulate the respiratory system; reduce inflammation in sinuses, throat, and lungs, plus dry the copious mucus discharge of seasonal allergies. Leaf tincture is taken to absolve chronic asthma, bronchitis and dredge smoke and debris from lungs. It is also excellent for resolving urinary tract infections, so often a side effect of a dehydrating season. Both these herbs have been traditionally used in smoking blends for healing body and spirit.

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of **Botanical Body Care: Herbs and Natural Healing for Your Whole Body**.
Learn more at: www.karinuphoff.com. Image: Yerba Santa herb courtesy Herbal-ahp.org!

Spotted Sandpiper: "You'll Hear It Before You See It"

With warmer weather, I am spending time by the river where I always see a solitary bird bobbing along the rocky shoreline. The Spotted Sandpiper is named after its spotted chest, but is best recognized by its stiffwinged, quivering flight low over the water and the funny bobbing and teetering way it walks.

This eight-inch shorebird is found throughout northern California and is a year-round resident on large streams. It picks and gleans bugs from rocks and sometimes snatches them out of the air.

In breeding plumage, the legs and beak are a yellow-orange and the beak has a black tip. It shows a white eyebrow and has a spotted chest during breeding season. Non-breeding birds and juveniles have a

pure white chest.

The Spotted Sandpiper flies close to the surface of the water, displaying a white stripe on the upper wing. You often hear the bird before you see it.



In 1972 it was discovered that it is the female who defends the territory and the male who rears the young. The nest, among logs or under a bush, is a shallow depression lined with grass. The female lays four brown-green spotted eggs. For about

three weeks the male incubates, tends and feeds the young, which are precocial that is, able to run around when hatched. The female might mate with four or five other males. This polyandry behavior is only found in about one percent of the bird world.

Our thanks to the Mendocino Coast Audubon Society for contributing this article about the Spotted Sandpiper. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendocino Coast. More information is at www.mendocinocoastaudubon.org.

Visiting State Parks in Mendocino County With Your Dogs

Visitors and residents regularly take their dogs with them. Everywhere. California's State Parks often welcome your canine friends. However, not each and every beach, trail, woods, valley, mountain (you get the idea) are suitable for dogs and, more importantly, may not be permitted. We suggest you check with the California Parks website—Parks.Ca.gov—for specific information. Beyond that, we're pleased to bring you the rules, and a bit of information on each of the 11 parks:

- Dogs must be on a maximum 6-foot leash at ALL times, physically under your control.
 - Vicious or unusually noisy dogs will not be allowed in the park.
 - Dogs must not be left unattended. Overnight campers must keep their dog in a tent or vehicle.
 - Do not take your dog (unless your dog is a service animal*) into buildings or undeveloped areas, or on trails, unless specifically designated as being open to dogs on leash. (In general, dogs are not allowed on trails, near rivers or creeks, in open forests and meadows, or in environmental campsites.)
 - Dogs are not permitted on most beaches. Before taking your dog to a state beach, check with the Parks.Ca.Gov website.
 - Remember to clean up after your dog.
 - Service animals* are allowed in areas open to the public; however, misrepresenting a dog as a service animal is considered a misdemeanor. (California Penal Code 365.7)
- Emotional support animals (ESAs), therapy dogs and comfort dogs are not considered service animals; therefore, must comply with the above dog regulations to ensure public safety and resource protection.

• All dogs entering a State Park may be required to provide proof of appropriate immunizations and valid licenses. The 11 are:
Hendy Woods State Park: located in the Anderson Valley, it is known for its old-growth coast redwoods and provides camping facilities near local wineries. NOTE: Dogs allowed in campground and day-use area. Dogs not allowed on trails.

Jug Handle State Natural Reserve is located on California Hwy 1 north of Caspar. NOTE: Dogs allowed on beach and headland trails west of Hwy 1. Dogs not allowed on Staircase Trail or areas east of Hwy 1.

MacKerricher State Park is 3 miles north of Ft. Bragg. Covering 9 miles of coastline, it contains several types of coastal habitat: beaches, dunes, headlands, wetlands, tide

pools, forest, and a freshwater lake. NOTE: Dogs not allowed: Seal Rookery, Virgin Creek Beach, Ten Mile Beach and Dunes (Inglennook Fen—Ten Mile Dunes).

Manchester State Park/Beach is located along State Route 1, 7 miles north of Point Arena. It features sand dunes, flat grasslands and five miles of gentle, sandy beachfront. NOTE: Dogs allowed in campground. Dogs not allowed on beach or on trails.



Mendocino Headlands State Park consists of 347 acres of undeveloped seaside bluffs and islets surrounding the town of Mendocino, two beaches and the much larger Big River Unit. NOTE: No restrictions noted.

Montgomery Woods State Natural Reserve is located in the county's Coastal Range. The Reserve is accessed from a parking area along Orr Springs Road, 15 miles east of Comptche. NOTE: No restrictions noted.

Navarro River Redwoods State Park consists of 660 acres of second-growth redwood forest in a narrow stretch 11 miles long on both banks of the Navarro River. The park may be reached via State Route 128. NOTE: No restrictions noted.

Point Cabrillo Lighthouse is located between Pt. Arena and Cape Mendocino, just south of Caspar. A federal aid to navigation since 1909, it is part of the California state park system. NOTE: No restrictions noted.

Russian Gulch State Park lies between Mendocino and Fort Bragg. NOTE: Dogs allowed in campground, beach, and trails west of Highway 1. Dogs not allowed on Fern Canyon Trail or trails east of Highway 1.

Van Damme State Park consists of 1,831 acres of land near the town of Little River on State Route 1. Most of the park lies on the inland side of State Route 1 and includes ten miles of hiking trails. NOTE: Dogs allowed in campground, beach and Spring Ranch. Dogs not allowed on Fern Canyon Trail, Old Logging Road Trail, or Pygmy Forest Trail.

Westport-Union Landing State Beach is located 19 miles north of Fort Bragg on Highway 1. Covering over 3 miles of rugged and scenic coastline, this beach consists of 46 campsites with ocean and mountain views. NOTE: No restrictions noted.

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it's what you see."
Henry David Thoreau (1817-1862)

Gualala Arts Salon and Salon des Refusés 2021 Awards

First Place:

"Cypress Shadows" by Carol Chell

Second Place:

"Reflection" by Joseph Rokovich

Third Place:

"Paper Wings" by Susan Nutter

Collage:

"Zendo" by Jim Meilander

Judges:

"Saving Mermaid from Drowning"
by Sophia Sutherland

Judges:

"Octopus Teachers"
by Christopher DeWees

Judges:

"Tango in San Telmo"
by Lamar Van Gunten

Judges:

"Fog" by Barbara Leon

Refusés Founders:

"Dreaming" by
Jane Casner Mothersill

Gualala Arts' "Salon and Salon des Refusés" Continues in June Judge's Announce Award Winners

The call to artists this spring brought more than 100 works of art to the halls of Gualala Arts for the recently opened Salon and Salon des Refusés. For this year's judges, April and Ron Dammann, the amazing quality of art was not a surprise as they've been judges in the past at Gualala Arts. They were judges for Art in the Redwoods in 2013, and for the 2017 Salon, where they shared judging duties with Karen Shapiro. The public is invited to view the art from 11:00am to 4:00pm every day.

The Dammann's background in art and their affinity for the community makes it no surprise that they were asked to judge this year's Salon. Their lives have been informed by art as both collectors and scholars. April Dammann is an art historian



and art gallery archivist who has written four biographical art histories. She has degrees in French literature from UCLA, the University of Rochester and the Sorbonne, and she developed a career in screenwriting and theatrical production during her years in Hollywood.

Having earned a B.A. in art history/anthropology at the University of Arizona, Ron Dammann became a third generation art dealer with the Stendahl Galleries of Art, which his family operated for more than a century. His experience restoring, selling and appraising painting and sculpture increased the prestige of the historic gallery and led to his role as president.

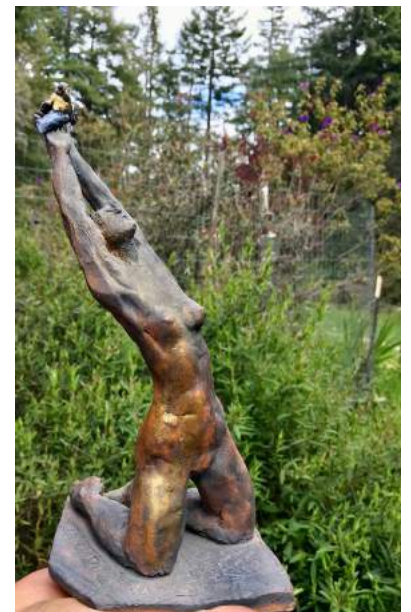
The judging, which took place in the week leading up to the May 15 opening of the Salon, took in a wide variety of art. In addition to the top awards—Carol Chell's watercolor "Cypress Shadows", Joseph Rokovich's photograph "Reflection", and the "Paper Wings" sculpture by Susan Nutter, additional judges awards were announced. Those additional awards included Jane Casner Mothersill's oil on linen image of a woman "Dreaming"—winner of the Refusés Founder's Award, and "Fog", an acrylic on canvas by Barbara Leon. One visitor commented that "looking into [Mother-

sill's] 'Dreaming' was as inviting and calming to her as if it was she who was seated at the window looking out over the sea." "Fog", many have agreed, has a great deal of depth



and detail, drawing the viewer in to appreciate the piece even more. As April Dammann said, "seeing it from a distance is a different experience than seeing it close up. . . . There are subtleties in the work but also things that are quite bold". Sophia Sutherland's ceramic piece, "Saving the Mermaid From Drowning" was described by Ron Dammann as being a "very strong piece, almost like a dancer, a ballet dancer, a modern dancer".

A brief (7-minute) video of April and Ron Dammann discussing the exhibit and some of the awarded art is available by going to GualalaArts.org and clicking the link on the Salon page. The 2021 Salon and Salon des Refusés, with more than 100 works of art to explore and enjoy, continues every



day in both the Burnett Gallery and the Foyer. And the entire collection is available to view online (and purchase online, if you wish). Gualala Arts is at 46501 Old State Highway, Gualala. More information is at 707.884.1138.

Images:

Left, "Dreaming" by Jane Casner Mothersill

Top: "Reflection" by Joseph Rokovich

Above: "Saving the Mermaid from Drowning" by Sophia Sutherland

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"Two Visions Emerge" Opens at Dolphin Gallery June 12
Glass Artist Mark Guthrie and Mixed Media Artist Larain Matheson

The new exhibit, "Two Visions Emerge", opens at the Dolphin Gallery, Saturday, June 12. The exhibit features two northern California artists: glass artist Mark Guthrie, and multi-media artist Larain Matheson. The exhibit continues through August 8, 2021. Hours during the Saturday opening are 11:00am to 7:00pm. A preview for members is set for Friday, June 11, and regular gallery hours at the Dolphin Gallery are 11:00am to 4:00pm Thursday thru Monday.

Berkeley-based artist Mark Guthrie has been working with glass for about ten years. Though stained glass is his "true love", he



frequently creates kiln-fired art glass objects (and multiple other aspects of glass art) as well. Guthrie adds, "its magic has everything to do with the light – the way it reflects, the way it shines through." He is a co-creator of



the East Bay Glass Guild, a member-based glass working space in Berkeley, whose mission is to foster the glass arts. He finds na-

ture to be his greatest inspiration and muse. There will be a selection of Guthrie's colorful kiln-fired art glass bowls on display and for sale at the exhibit.

Larain Matheson is a multi-media artist who has worked in encaustic beeswax and



oils for more than a decade. Her work embraces an ancient (2000 year-old) medium from Greece and Egypt that has been rediscovered in the contemporary art world for the past half century.

Matheson received her M.F.A. from U.C.L.A., and worked in oils, drawing, and acrylics, painting abstract and figure work for numerous years. As a member of the Encaustic Art Museum in Santa Fe, N.M. her work was exhibited there throughout the year. In fact, it has been shown and represented in many galleries in northern California including the Discovery Gallery, Mendocino Art Center, Berkeley Art Center, galleries in Tucson, Arizona and Colorado and, of course, the Dolphin Gallery. Her work is also in many collections throughout the United States, and often reflects living on the Mendocino Coast. "Living here, my work takes much inspira-

tion for the region's light, composition, and color. I abstract from nature and call upon the Elements: Earth, Air, Fire, and Water. When I paint I layer each surface with beeswax and oils, and then fuse the colors with a torch and heat gun. The transparency and sensuality of the wax colors building up is my focus in the moment. Mine is a contemplative journey to capture that magic moment where the seen and unseen is made more 'visible.'" Matheson will also be exhibiting at Studio Discovery Tour this fall. More information is available at larain-



mathesonart.com.

Dolphin Gallery is in North Gualala's Gallery District, at 39114 Ocean Drive, Cypress Village, Gualala, 95445. 707.884.3896. The exhibit continues until August 8, 2021.



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"A poet is a man who manages, in a lifetime of standing out in thunderstorms, to be struck by lightning five or six times."

Randall Jarell (1914-1965)



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The Great Awakening

by David Steffen

When a new word arrives—new to the person hearing it for the first time—it can be confusing or perplexing until you understand how to comfortably use the word in conversation. I recall times when my brother, who is 7 years my senior, could be a chameleon to a 12-year old. Some days he appeared to me to be a teenage juvenile delinquent, other days a member of the beat generation, and on still other days he seemed to be normal, whatever normal was in 1959. He joined the Navy the next year and subsequently mainstreamed his life.

The “beat generation” was not, as I thought back then, a happy, free-thinking label applied to 18-28 year olds during the post-world War II years. If you accept that writer Jack Kerouac was the one to define the ‘Beats’, you need to dig into his own words—and those of John Clellon Holmes—from a November 1952 Sunday New York Times Magazine piece: “You know, this is a really beat generation’ ... More than mere weariness, it implies the feeling of having been used, of being raw. It involves a sort of nakedness of mind, and ultimately, of soul: a feeling of being reduced to the bedrock of consciousness. In short, it means being undramatically pushed up against the wall of oneself.” So much for my relatively uninformed conclusion that “beat” was a positive, suggesting an aware and open-minded member of society, albeit at the dawn of the counter-culture.

Changes in language are ongoing. Jazz saxophonist Lester Young has long been credited with helping change the meaning of

the word “cool”. Prior to the age of Jazz, “cool” was literally or metaphorically about ambient temperature. After Young (and others) embraced the word, “cool” became a positive critique, as in a compliment to a fellow musician: “that riff was cool.”

Like “cool”, “hipster” is a derivative word from the language of Jazz musicians of the 1940s. The musicians of the BeBop era might have used both ‘hepcat’ and ‘hep’ to acknowledge the music of their time, referring to those within the jazz or avant-garde music scene. “Hep” transitioned to become an acknowledgment of one’s (yours or mine) personal knowledge, especially about Jive or Jazz. By the 1960s and 1970s, it morphed again. “I’m hip” emerged as a rhetorical (and sometimes quick) response to almost any question or assertion.

Working in Chicago in the 1970s I met Cheech and Chong during their first “concert” tour. It was farce, hilarious, and contained numerous moments when Tommy Chong would simply utter the phrase: “I’m hip, man.” In subsequent decades the phrase receded to a great degree as a somewhat everyman application of Chong’s straight-line.

Hipster, on the other hand, is most often applied to individuals whom some might call “want-to-be’s”, or “wannabe’s”. While I make no assertion of an absolutely correct definition, I suggest that in the 21st century, a hipster is less about knowledge—music or otherwise—and instead is all about projecting

conspicuous consumption in an effort to be much more than they really are, intellectually, financially, socially.

History records a number of large (some might say “mass”) religious “revivals” in our country’s history. The Great Awakening in the American colonies during the mid-18th century, was made up of descendants (along



with more recent arrivals) of multiple European states and the British Isles. No single religion or sect was central to this other than protestantism; individuals

may have seen themselves as Anglican, Baptist, Calvinist, Congregational, Presbyterian, Quakers or Reformed. Beyond that, the Awakening was non-denominational and a revival was on. Those willing to listen heard that all people are born sinners, sin without salvation is a ticket to hell, confession was more than good for the soul, mere mortals can connect with God, and religion was personalized. The early 18th century, late 18th century, mid-19th century and mid-20th century were all times of similar Awakenings.

Within the past ten years or so, another word has emerged. Shedding some light on the origin is Jon Pareles, who has written about music and the arts for the New York Times for three decades. This month he published a column about Georgia Anne Muldrow. Muldrow’s 21st album hits the streets this month, but she’s more than a songwriter and musician. As Pareles writes, “Muldrow

has also produced other performers and made EPs, singles and numerous guest appearances with, among others, Mos Def (who reworked Muldrow’s song “Roses”), “Bilal”, Dev Hynes and, most notably, Erykah Badu in their 2008 collaboration, “Master Teacher”. That song popularized the phrase “Stay woke,” which had been Muldrow’s admonition to herself at a low point in her life.”

I can’t remember the first time I heard “woke” spoken by someone with authority. After a decade of use I still find myself reluctant to utter the word publicly. It reminds me of the random use of the word “bro”. Depending on the speaker, it either sounds authentic or maybe pretentious. I feel compelled to assert that it’s not like I’ve lived my entire adult life in a Caucasian bubble. I lived and worked in large cities with diverse populations, including Los Angeles, Chicago and New York. I’ve talked with, worked with, and enjoyed the music of Quincy Jones, Billy Preston, The Brothers Johnson, Janet Jackson, McCoy Tyner, George Benson and many more.

For those who aren’t sure, a woke person is someone who has “woken up”. Yes, woke is a derivative of “awake”. Instead of talking about sleep and (simply) waking up, “woke” is about becoming aware of discrimination and social issues in our culture writ large. The injustice can be based on culture, race, society or class. Being woke is recognizing the injustices and understanding that we cannot pretend racism does not exist in America, and that it is time—beyond time, really—to call it out. Guilt is not required. What’s required is a real acknowledgement of the American idea since inception, a melting pot: E Pluribus Unum.

We must remember that we’ve lived this “reality” before. The Irish were despised, the Italians were despised. The Chinese were exploited and legislated against. The Japanese were interned. Mexicans have been a source of cheap labor, exploited by American employers beginning (most notably) in the half-century after World War II. And there were the recent killings in Atlanta.

Using the word woke is not about race, and not about color, and not about being hip or cool. It’s simply about recognizing the truth around us, the truth among us. Being ‘woke’ is an acknowledgement, but also something greater. A determination, as Michael Jackson wrote, to look at the “man in the mirror” and change. I have not graduated (matured, I guess) to the point where I would use “woke” in conversation. But I am happy to be woke, and hope to stay woke. We all need to reach “wokeness”, and perhaps then we can all push this country into a Great Awakening.

Image: Beat poets at Cafe Trieste, San Francisco.

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Haiku for June

“before stars
crimson
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lace the sky”

by mai haiku

"First Person Singular: Stories"

A Book by Haruki Murakami • Reviewed by Jennifer Bort Yacovissi

I have dipped but a figurative toe in the comprehensive ocean of Haruki Murakami's literary oeuvre, a body of work that spans four decades and includes 14 novels and oodles of stories. Nonetheless, my sense is that First Person Singular is not only the title of this story collection; it appears also to be his point of view of choice throughout both his short and long fiction. The voice of his hapless Everyman — often young, awkward, and adrift within Murakami's signature surrealist universe — is a steady narrative presence.

Murakami's first translated novel to be distributed in the U.S., *A Wild Sheep Chase*, hit our shores in 1989. But perhaps an even bigger boost to his international career came soon after, in 1990, with the publication of his first short story in the *New Yorker*, "TV People." That one has been followed by roughly 30 more over the ensuing years; his three most recent show up in this slender, eight-story collection.

David Karashima, a later Murakami translator and author of *Who We're Reading When We're Reading Murakami*, notes that, to get that first Murakami story into the *New Yorker*, it was translated by Alfred Birnbaum (who had done Murakami's initial English translations), then edited by his first longtime editor, Elmer Luke, and then edited again by *New Yorker* fiction editor Linda Asher — neatly illustrating who all we're reading when we're reading just one Murakami story.

Few of the author's stories, long or short, are without a measure of magical realism, but in an unremarkable way, at least in the eyes of his narrators. In "Confessions of a Shinagawa Monkey," the narrator spends an evening talking and drinking with a monkey who serves as a bathhouse attendant at an old inn.

Arguably, this man devotes more time than do most Murakami protagonists to ruminating on the craziness of the situations the author throws at them, but while he's surprised and curious that the monkey can talk, he's not unduly flustered by it. It's simply unexpected.

The monkey, raised by humans and thus a perpetual outsider with both humans and apes, is attracted to women — who are, of course for him, unattainable. So he steals their names instead, possessing and treasuring them while leaving the unwitting women unable at times to recall their own names. This talent, too, is unexpected but taken at face value.

The narrator does wonder whether he

has imagined the monkey, or, if he was real, whether he was lying about this ability to steal names. Later, when an attractive friend of the narrator's admits to sometimes forgetting her own name, he is disappointed. "Was the Shinagawa monkey back to his old tricks?"

Interestingly, this iteration is Murakami's second run at telling this tale. "A Shinagawa Monkey," which ran in the *New Yorker* in 2006, is told in third person from the point of view of a woman who suddenly has trouble remembering her name. The later version is tighter, more intimate, and more affecting. So perhaps Murakami is right to cleave to his preferred first-person singular, male perspective.

The other thing his male narrators consistently have in common is their interest and taste in music — always classical and jazz. The Shinagawa monkey and his drinking pal share a fondness for Bruckner.

In "Charlie Parker Plays Bossa Nova," the narrator stumbles upon a copy of the title record, which only ever existed in a fake review that he wrote in college. In "With the Beatles," the Fab Four's U.K. debut album plays a part in forming the protagonist's ideal of what to listen for when he meets a new girl, but his heart belongs to jazz and classical.

In "Carnaval," the narrator and a friend of his, "indeed the ugliest" woman he has ever known, share a love of classical music in general and of a single composition in particular, Schumann's quirky piano piece of the title. The woman observes that the composition speaks to the masks worn by the revelers, but also to their true faces underneath, whether that's an angel or a devil.

The narrator wonders whether she is speaking of her inner beauty masked by

an ugly face but needs to reconsider when she and her husband — "a gorgeous man, almost unreal in his attractiveness" — are arrested for an investment scheme that robs innocent victims of their life savings.

So much remains undecided in Murakami stories; rarely is there a definitive conclusion, and his narrators typically aren't sure what to make of the stories they relate. "Cream" is one big unanswered riddle: Why did the young narrator receive a formally printed invitation to a piano recital from a girl at school he barely knew, and why was the concert hall he went to — at the appointed date and time, far out in a remote suburb — obviously deserted, even abandoned?

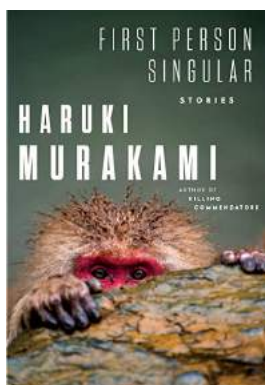
Further, what did that old man mean when he said that the ability to visualize a circle with infinite centers and no circumference opens up the best — the cream — of life? Telling this story to a buddy years later, the narrator still has no idea.

Nor, frankly, do I.

Herbert Mitgang, in reviewing an earlier collection of Murakami stories for the *New York Times*, commented, "Nearly all the short stories in *The Elephant Vanishes* are fun to read, but Mr. Murakami seems better as a long-distance runner in fiction." Using only one-and-a-half Murakami novels and a dozen short stories as my gauge, I'm inclined to agree.

Jennifer Bort Yacovissi grew up in Bethesda, MD, just a bit farther up the hill from Washington, DC, where her debut novel, Up the Hill to Home, takes place.

The novel is a fictionalized account of her mother's family in DC from the Civil War to the Great Depression. In addition to writing and reading historical and contemporary literary fiction, Jenny reviews for both the Independent and the Historical Novel Society. She owns a small project-management and engineering consulting firm, and enjoys gardening and being on the water. Jenny lives with her husband, Jim, in Crownsville, MD.



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The June Reading List Best Sellers and Best Bets

"Books are the quietest and most constant of friends."

Charles William Eliot (1834-1926)

- **Living at the Sea Ranch** by Mary Alinder
- **The Hill We Climb. An Inaugural Poem...** by Amanda Gorman
- **When the Stars go Dark** by Paula McLain
- **Dutch House** by Ann Patchett
- **The Glass Hotel** by Emily St. Mandel
- **Creative Spaces: People Homes & Studios** by Ted Vakan
- **You Will Leave A Trail of Stars** by Lisa Congdon
- **All That the Rain Promises** by David Arora
- **Dusk Night Dawn: On Revival & Courage** by Anne Lamott
- **Gratitude** by Oliver Sacks
- **Songs of Achilles** by Madeline Miller
- **Nomadland: Surviving America in 21st** by Jessica Bruder
- **Code Breaker** by Walter Isaacson
- **I Would Tuck You In** by Sarah Asper-Smith
- **Four Winds** by Kristin Hannah
- **Long Petal to the Sea** by Isabel Allende
- **Wild Sweetness: Recipes Inspired by Nature** by Thalia Ho

Another Book You Might Like*

- * **First Person Singular: Stories**
A Book by Haruki Murakami
(See review on this page)

The Lighthouse Peddler is pleased to bring our readers a list of the best-selling books being picked up and read by locals and visitors alike.

Our thanks to Four-Eyed Frog Books, a Community-owned Bookstore in Cypress Village, Gualala.

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8	4	9	5	6	3	1	7	2
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"There is a Dangerous
Myth That Nuclear Ener-
gy is a Clean Alternative."

Ian Lowe (1942-)

Scuttlebutt

by Mitch McFarland

Usually when I write about nuclear issues I am focused on the staggering cost of nuclear power. Businesses in the Decommissioning, Remediation, and Storage industries throw around numbers in the hundreds of millions like they are merely everyday expenses, which, unfortunately, they are.

Lately I have become more concerned about the possibility of nuclear war. Not that I am starting to dig my bunker, but there are alarming numbers concerning attitudes about the use of nuclear bombs.

Following World War Two the world was aghast at the level of destruction and subsequent radiation poisoning of hundreds of thousands of Japanese. The size of the blasts shook human consciousness. Nothing like that had ever been seen on Earth. It led nations to conceive of The Treaty on the Non-Proliferation of Nuclear Weapons (NPT) in 1968, the Limited Nuclear Test Ban Treaty in 1963 and In 1996, the United Nations General Assembly adopted the Comprehensive Nuclear Test Ban Treaty, prohibiting "any nuclear weapon test explosion or any other nuclear explosion." Even Ronald Reagan, who surrounded himself with Cold War hawks like Cap Weinberger, hoped to totally ban nuclear weapons worldwide.

No such talk seems to exist these days with world leaders. I suppose that is largely due to the fact that there is virtually no one left who was around for the aftermath of Hiroshima and Nagasaki. Somehow time has eroded acceptance of the idea that nuclear war can never be won. Once a nuclear exchange begins, who is going to stop it?

Instead nuclear weapons are proliferating worldwide. Testing of delivery systems in nuclear-armed North Korea that can reach

South Korea and Japan may well inspire South Korea and Japan to acquire their own nuclear capacity. Or do they expect the U.S. to nuke North Korea if they attack Japan with nuclear weapons? The trouble in my mind is that we probably would. And what would that lead to?

Each U.S. administration since Clinton has been trying to prevent North Korea from weaponizing nuclear energy, but all have failed. In 2000, at the end of the Clinton administration, Pyongyang had no nuclear arms. In 2008, at the end of the Bush administration, it had four to six. In 2016, at the end of the Obama administration, it had roughly 25. In 2020, at the end of the Trump administration, it had about 45 and



perhaps as many as 60. I guess the love letter didn't work either.

After decades

of slowly backing away from nuclear weapons, The United Kingdom is re-engaging in nuclear build-up. While increasing their nuclear stockpile they are also about to spend \$35 billion on four new nuclear subs, which, interestingly, will be capable of also firing American nukes.

Few foreign policy experts outside of government believe that Iran will be stopped from getting their own nuclear weapons. Perhaps in preparation of this, Britain has subtly (those English) threatened Iran. Their latest policy is to not abide by the Non-Proliferation Treaty for non-signatory countries, of which Iran is one of four (Israel, Pakistan, and India are the others).

The Israelis, of course, are even more adamant. A recent survey showed that 60% of Israelis would support a first strike on Iran if they felt threatened by a nuclear armed Iran. Even with a reminder of likely Iranian retaliation, approval for a strike was higher (45 percent) than disapproval (38 percent).

The U.S. is just as bad. A recent Stanford study laid out this scenario: An American decision to attack Iran by land could yield 20,000 deaths among American soldiers or we could nuke Iran and kill 2 MILLION Iranian non-combatants. I gulp to read that 60% of Americans would use the nuke. Mind you, this scenario did not involve Iran attacking U.S. territory.

Indeed, a recent NY Times article by Daniel Ellsberg reveals that military planners were preparing a nuclear strike on

China in 1958 if they didn't stop bombing Quemoy Island (which they did).

I doubt few of any of these people that support using nukes know what they are talking about. Little Boy was the nickname for the bomb dropped on Hiroshima. It was a 15 kiloton explosion that shocked the world. The B83 nukes we have today are 1.2 megatons, making them 80 times more powerful than Little Boy. The now retired B53 was 9 megatons. The Russians once built the Tsar Bomba at 50 megatons! Russian currently has 700 bombs targeted toward us at 800 kilotons each. The "atomic" bombs used in WWII are now used as a sort of fuse for today's thermonuclear warheads.

The US government is planning to spend \$1.5 - 2 trillion over the next 30 years (depending on which items are included) to rebuild our arsenal. In 2015 former Secretary of Defense William Perry said, "Far from continuing the nuclear disarmament that has been underway for the last two decades, we are starting a new nuclear arms race."

You have probably never heard of the National Nuclear Security Administration. It is a semi-autonomous agency within the U.S. Department of Energy responsible for enhancing national security through the military application of nuclear science. They spend hundreds of billions of your tax dollars. Their contract mismanagement has repeatedly landed them on the Government Accountability Office's "high risk" list, yet since the end of the Obama administration, the National Nuclear Security Administration (NNSA) weapon-activity spending has grown by roughly 70 percent. Further obscuring their spending, recent legislation has transfers much authority over the NNSA budget from the DOE to the Pentagon, an agency that has never passed an audit.

While the world is busy enriching uranium for their bombs and spreading nuclear weapons technology, in the last quarter century, there have been some 20 seizures of stolen, weapons-usable nuclear material, and at least two terrorist groups have made significant efforts to acquire nuclear bombs.

U.S. policy under all administrations are big on nuclear disarmament for adversary countries, but not so much for our allies or ourselves. It is preposterous for anyone to believe that we have the moral authority to tell other countries that having nuclear weapons is bad when we insist on being the biggest nuclear power on earth.

I'm afraid there will be little change in U.S. policy as long as corporations are making billions of dollars arming us for a war that can never be.

Hiroshima: Image by Alice Cheung from Pixabay

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Closure for Saint Paul's United Methodist Church

by Lena Bullamore

I have lived here in Point Arena for 38 years and have seen Saint Paul's United Methodist Church go through many changes. I have been involved and uninvolved through many of those incarnations. But I have always held St Paul's dear to my heart.

The church has been many things to many people. An important spiritual base for hundreds of people . . . the spiritual Focus has been from very Progressive (offering peace and Justice study groups) to more fundamental teachings. However, it has always been known as a very loving, open, welcoming Church. It has been the church home to people of various colors, sexual orientations, religious and political beliefs.

St. Paul's has also opened its doors to many community activities outside the religious realm. Other non-church activities of this beautiful building include: Spelling bees, blood drives, and aculation Clinic, Children's Chorus, monthly breakfast, weddings, memorials, baptisms, hosting the Tibetan Lamas, senior exercise class, yoga classes, classes in feldenkrais, annual performances by the Love Choir, piano lessons and recitals, Coastal Chorus rehearsal and concerts, the Bell Choir concerts, summertime day camps, Vacation Bible School, Sunday school, a thriving youth program called Kids Night Out, Point Arena Little School(PALS) for 30+ years, food pantry, Clothing Closet, a thrift store to benefit locals in need, fundraisers for various Community organizations, a Christmas sale of fair traded gift items, Martin Luther King jr. Celebrations, a Seder, alternative worship called Beyond 4 Walls, a spiritual group called Cursillo, interplay groups, a 125th anniversary celebration of the church, soup



lunches for anyone who needs/wants it, community garden, Seiggie's meditation garden, AA, Alanon, 4th of July parades, family camps, quilting with Irma and Hazel, Bible studies, Joy Sunday, liturgical dancing , "get to know you" dinners. Do any of these register with you? Have I missed something that you personally were involved in?

Now, after over 140 years of being an important entity in this community, St Paul's as a church is having to close its doors. Like many other small Mainline churches throughout the U.S., this tiny church can no longer maintain itself. The dwindling congregation has left the church sorely in need of funds. So, it is with great sorrow and much consternation that St. Paul's must bid farewell to the small Coastal Community reaching from Manchester down to Sea Ranch, as well as the many part-time residents who called this their Church home when here.

The remaining Congregation of St. Paul's thought it appropriate to offer a public closure / farewell to our beloved Church. So, if St Paul's UMC has been a part of your life over the years, we invite you to join us at the church to bid a final adieu to this magnificent edifice... it has meant so many things to so many people. You will be invited to share your memories, gratitude, and heartfelt emotions. The final goodbye will be on Saturday, June 26th at 10 a.m. at the church. We hope to have it indoors with social distancing and masks except when you are speaking your words. There will be an altar out front where you can leave flowers or messages or love notes. We hope to see many of you there.

Lena Bullamore can be reached at 707-882-2498.

Occidental Arts

and Ecology Center's

Online Permaculture Design Certification Returns This Fall

Occidental Arts and Ecology Center's (OAEC) popular Online Permaculture Design Certification blended courses return this fall. Since they fill up rather quickly, it's probably a good idea to get the information now so that you can enjoy your summer and then dive into the course beginning in October or November. Here's how it works.

Each of the two fall sessions—from October 18-November 12, or November 8-December 3—includes 4 weeks of self-paced online learning, approximately 4 hours of course material per week. An Orientation Meeting takes place Monday, October 18, 2021 from 6-8 pm via Zoom. Then, through a series of videos and interactive lessons, students will gain a foundational understanding of earth systems, the principals of permaculture, and basic design methodology. This material will lay the important conceptual groundwork needed for the hands-on design training.

The Hands-on Training begins at OAEC is 7 days, Saturday, November 13th at 12:30pm through the following Saturday, November 20th at 12:00pm. (Hands-on training for the later session is Saturday, December 4 at 12:30pm through the following Saturday, December 11 at 12:00pm.) The in-person portion of the course will have 2 main goals: to practice hands-on permaculture skills and to undertake a design project. The training takes place at the OAEC site to learn some of the practical applications of permaculture such as conservation hydrology, earthworks, food forests, composting, natural building, renewable energy systems and more. Since OAEC practices 'public permaculture', the permaculture design project during the course will be on the site of a local community organization's land-based project.



The cost of either session is \$1850. There are some discounts and/or subsidies available that are detailed at OAEC.org. OAEC is at 15290 Coleman Valley Road, Occidental, California 95465. 707.874.1557.

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"When there's a huge solar energy spill, it's just called a 'nice day'."

Common Sense (0-2021)

Great Moments

in GOP thought, Part 1:

"I think that gay marriage should be between a man and a woman." (Arnold Schwarzenegger)

"Feminism is a socialist, anti-family, political movement that encourages women to leave their husbands, kill their children, practice witchcraft, destroy capitalism and become lesbians"

(Pat Robertson)

"How do you say 'delicious' in Cuban?" (Herman Cain)

An advertisement in the public interest
paid for by a concerned citizen.



Sam the Seagull (he swears that's his name,) was seen waiting for friends (and perhaps a latte from Trinks) in Gualala. It seemed a bit selfish to hold a table for 6 (5 chairs plus Sam table-hopping.)

Crossword

by Margie E. Burke

ACROSS

- 1 Applies lightly
- 5 "Dancing Queen" quartet
- 9 60's sitcom, "Green ____"
- 14 Cambodia's continent
- 15 Squander, slangily
- 16 ____ change
- 17 Bruce of "The Hateful Eight"
- 18 Home of the NBA's Spurs
- 20 Dude ranch woe
- 22 Word in a Golding title
- 23 Captain Queeg's ship
- 24 Budget item
- 26 Swiss dwelling
- 28 Prefix with "state" or "act"
- 29 Car nut?
- 30 "Cheers" role
- 32 A bit lit
- 36 One of the Baldwins
- 38 Unsettled feeling
- 40 Kind of salmon
- 41 Twangy-sounding
- 43 Like a busybody
- 45 Removable locks
- 46 Sci-fi droid
- 48 Nine-day prayer
- 50 Circus performer
- 53 Closet wood
- 54 Not relevant
- 55 Lizard's relative
- 59 Trucker's turf
- 61 FDR's coin
- 62 Bakery treat
- 63 Type of keel


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| <ul style="list-style-type: none"> 64 Impassioned 65 Bit of evidence 66 Bull's-eye hitter 67 Oscar-winning Jared | <ul style="list-style-type: none"> 10 Ill-tempered 11 Talk a blue streak 12 Mideast leaders 13 Fine china name 19 Counter call 21 Fudged the facts 25 Teacher's fave 26 "The ____ of the Cave Bear" 27 Waikiki wiggle 28 Fort Knox bar 31 Like many bibliographies 33 War-plane maneuver 34 Runner's sore spot 35 Lotus-position discipline | <ul style="list-style-type: none"> 37 Vitamin A source 39 Slumlord's building 42 High ball 44 Skywalker's mentor 47 Stereo knob 49 Property defacer 50 Off the mark 51 Spiral shell 52 Revolving part 53 Supply party food 56 Hot stuff 57 Radiate 58 Give a facelift to 60 Johnny Bench was one |
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DOWN

- 1 A&W competition
- 2 Between ports
- 3 Pet shop items
- 4 Open shoe
- 5 In ____ (not present)
- 6 Far from enthused
- 7 Pro ____ (gratis)
- 8 Cognizance
- 9 Be in a cast



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"THE MICE THAT ROAR - and the Seabirds that Die"

by Mary Jane Schramm, Freelance Writer, Naturalist

Inside a deep crevice, a small, pearl-gray seabird, an Ashy storm-petrel, tended her single precious egg. She'd felt the small movements that signalled her chick was near hatching, all hungry peeps and fuzz. Waiting until nightfall to leave the tunnel's safety to forage offshore, she jetted away from the island to elude the ever-watchful burrowing owls. But on this occasion speed failed her: she felt the twin grips of talons and of panic, and was dragged into the owl's burrow. Thus, two members of a threatened species on an extinction trajectory were lost, mom and chick; oddly, because of a third, non-native species' presence on the islands: the common house mouse, *Mus*

musculus.

Wild Haven: The Farallon Islands National Wildlife Refuge hosts half the world's population of Ashy storm-petrels, *Oceanodroma homochroa*, a species found exclusively on islands and rocky headlands along North America's West Coast.

Going Native: After sealers first introduced mice to the islands in the early 1800s, followed by other destructive invasives, the Farallones went into an ecological tailspin. Some native wildlife nearly went extinct; many have still not recovered. But the US Fish and Wildlife Service, with Pt. Blue Conservation Science, have worked to restore them to their original state, especially

its still-struggling seabird populations.

Plague Times: But massive numbers of house mice have infested the islands, 400-500 per acre, which have attracted the bur-



rowing owls, *Athene cunicularia*, that kill hundreds of storm petrels annually. Gerry McChesney, Refuge Manager, explains: "The big impact on storm-petrels is from the relationship between mice, burrowing owls, and storm-petrels, resulting in hyperpredation on the storm-petrels. Owls arrive in fall migration at peak mouse abundance; several remain through the winter, feeding on mice. When the mouse population crashes in winter, owls switch to preying on storm-petrels, which are returning to the islands to begin courtship activities. Without the mice, the owls would not remain through winter, and this problem wouldn't occur. The owls also prey extensively on the rare, endemic Farallon camel cricket, another indirect impact of house mice."

Building On Success: Wildlife biologists have devised a permanent solution: only full eradication would break the vicious cycle. They modeled their plan on similar successful projects using rodenticides—rat and mouse poisons. These have now been

used on over 100 islands, most with zero to minimal bykill of non-target species. Brodifacoum is not easily ingested in harmful amounts by non-target animals. Also, only 1.7 ounces of poison will be used, distributed in 1.5 tons of inert cereal pellets. Application includes hand-placement in sensitive areas, bait stations, and helicopter airdrops over broader and steep, inaccessible areas. Some bykill will occur, but the project is designed to minimize it. (See how the plan will work at the link [a] below).

Killing With Kindness? Some opponents term this inhumane, but they overlook the famine these overpopulated mice suffer each winter, and they must fight for scant resources. The losers die from injuries, starvation, disease, and cannibalization.

Survivors may live only to endure famine again. Is this gruesome cycle kinder than eradicating them quickly and decisively to save a native seabird and other endemic wildlife?

Others advocate for birth control, even though untested on island ecosystems like the Farallones. Not even proponents claim the contraceptive will reach all the mice; many will continue to breed out of control. The Farallones would become a testing grounds for an unproven product. Even if partly successful, it would require repeated, wildlife-disrupting bait replenishment in sensitive habitats to treat the new mouse generations.

The Real Deal; And How To Help: Critics have spread misinformation and made misleading statements, especially concerning the amount of Brodifacoum involved. To



read the rebuttals, learn the facts, and find out how you can help restore the Farallon Islands, see link [b] below).

Whatever you conclude, especially when considering complex issues such as this, always ponder both sides of an argument, and use critical thinking to guide your actions. Together we can help restore and protect our wild ocean planet.

LINKS:

[a] https://nmsfarallones.blob.core.windows.net/farallones-prod/media/archive/manage/pdf/sac/13_11/usfws_sefi.pdf

[b] https://www.pointblue.org/science_blog/farallon-islands-restoration-how-you-can-help/

[c] <https://www.pressdemocrat.com/article/news/close-to-home-eradication-of-mice-on-farallon-islands-is-right-move/>

NOTE:

With 400-500 mice per acre, the ground literally heaves and swells with their activity just beneath the surface, destroying native plants and seeds, rare endemic crickets, salamanders - and seabirds.

PHOTOS:

Top: "Ashy" at tunnel entrance, SE Farallon. Photo: USFWS

Above: Burrowing Owl courtesy Kevinsphotos from Pixabay.

SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

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HOW TO SOLVE:
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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Get Out! June Events. Poetry, Theater, Art, Radio, Online and more.

Please be advised that many events currently on the schedule are VIRTUAL events. They will be done remotely with attendees and guests participating through an internet connection. Most virtual events can be accessed from home with a good internet connection. Read footnotes below calendar for details.

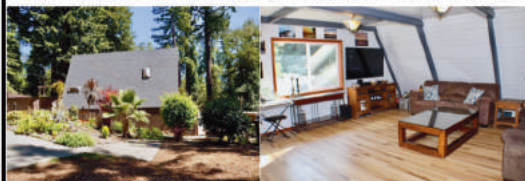
- Tuesday 01: 24/7, "Art in the Schools" continues online at Gualala Arts.org.
- Tuesday 01: 10:00am (and 1pm, 4pm, 7pm), "Hermitage: The Power of Art" at Arena Theater
- Tuesday 01: 11:00am, Gualala Arts, open every day until 4:pm.
- Wednesday 02: 2:00pm, "News Of The World" screening at Arena Theater
- Friday 04: 12:00pm, Caperton and Kibbe Reception at Coast Hwy Art Collective, Pt. Arena
- Friday 04: 7:00pm, "Nomadland" screening at Arena Theater
- Saturday 05: 9:30am, Gualala Farmers Market next to Gualala Community Ctr/Pay n' Take
- Sunday 06: 4:00pm, "Nomadland" screening at Arena Theater
- Wednesday 09: 2:00pm, "Nomadland" screening at Arena Theater
- Thursday 10: 10:54 UTC, New Moon *open for business*. Look up.
- Saturday 12: 9:30am, Gualala Farmers Market next to Gualala Community Ctr/Pay n' Take
- Saturday 12: 10:00am, Supervisors Hopkins and Williams, host a Virtual Town hall.
- Saturday 12: 11:00am, "Two Visions Emerge", M. Guthrie & L. Matheson at Dolphin Gallery.
- Saturday 12: 12:00pm, Opening: Anne Kessler and Craig Hathaway. Artists' Collective in Elk.
- Sunday 13: 2:00pm, "View From The Window" by Frank Bell. New Release at Gualala Arts.
- Thursday 17: 7:00pm, 3rd Thursday Poetry. Lake County Poet Laureate Georgina Marie.²
- Saturday 19: 9:30am, Gualala Farmers Market next to Gualala Community Ctr/Pay n' Take
- Tuesday 22: 6:00pm, Pt. Arena City Council Meeting (via /teleconference).
- Thursday 24: 18:40 UTC, Full Moon, *really open for business*. Look up (again).
- Saturday 26: 10:00am, St. Paul's Episcopal Church in Pt. Arena, Closing.

1. On Demand cinema and events through Arena Theater (ArenaTheater.Org). Independent films are available on demand for two weeks. Check the Arena Theater website. Screenings at 10am, 1pm, 4pm, 7pm.

2. To watch or participate as an open mic reader email blake@snakelyone.com

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